# Health Benefits Contact Sheet

## Medical / Pharmacy Plans

<table>
<thead>
<tr>
<th>Plan</th>
<th>Group ID #</th>
<th>Contact Number</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Anthem</strong></td>
<td>C23018</td>
<td>888-722-1077</td>
<td><a href="https://www.myuhc.com">https://www.myuhc.com</a></td>
</tr>
<tr>
<td><strong>Envisions Rx</strong> (UHC and Reta Value Option Program)</td>
<td>RTA</td>
<td>(844) 852-7437</td>
<td><a href="https://www.envisionrx.com">https://www.envisionrx.com</a></td>
</tr>
<tr>
<td><strong>Reta Kaiser Medical &amp; Pharmacy Plan</strong></td>
<td>603978</td>
<td>(800) 464-4000</td>
<td>[<a href="https://www">https://www</a> kp.org](<a href="https://www">https://www</a> kp.org)</td>
</tr>
</tbody>
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## Dental / Vision Plans

<table>
<thead>
<tr>
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<tbody>
<tr>
<td><strong>Delta Dental of California</strong></td>
<td>18367</td>
<td>(800) 765-6003</td>
<td><a href="https://www.deltadentalins.com">https://www.deltadentalins.com</a></td>
</tr>
<tr>
<td><strong>MES Vision</strong></td>
<td></td>
<td>(800) 877-6372</td>
<td><a href="https://www.mesvision.com">https://www.mesvision.com</a></td>
</tr>
</tbody>
</table>

## Long-Term Disability, Additional Life / AD&D Plans

<table>
<thead>
<tr>
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<tbody>
<tr>
<td><strong>Basic Life / AD&amp;D</strong></td>
<td>GL155879</td>
<td>(800) 351-7500</td>
<td><a href="http://www.reliancestandard.com">http://www.reliancestandard.com</a></td>
</tr>
<tr>
<td><strong>Long-Term Disability (LTD)</strong></td>
<td>GLT-677870</td>
<td>(800) 549-6514</td>
<td><a href="http://www.thehartford.com">http://www.thehartford.com</a></td>
</tr>
</tbody>
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## Employee Services

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Number</th>
<th>Website</th>
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</thead>
<tbody>
<tr>
<td><strong>Employee Assistance Program (EAP)</strong></td>
<td>(800) 277-1060</td>
<td><a href="https://liveandworkwell.com">https://liveandworkwell.com</a></td>
</tr>
<tr>
<td><strong>Employee Wellness Program</strong></td>
<td>(800) 302-6343</td>
<td><a href="https://www.retatrust.org">https://www.retatrust.org</a> (click ‘WebMD’ link)</td>
</tr>
</tbody>
</table>

## Archdiocese of San Francisco

<table>
<thead>
<tr>
<th>Name</th>
<th>Contact Numbers</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>La Shonda Perry</strong></td>
<td>(415) 614-5626 (ph)</td>
<td><a href="mailto:perryl@sfarch.org">perryl@sfarch.org</a></td>
</tr>
<tr>
<td><strong>Janice Ward</strong></td>
<td>(415) 614-5526 (ph)</td>
<td><a href="mailto:wardj@sfarch.org">wardj@sfarch.org</a></td>
</tr>
<tr>
<td><strong>Ronni Davis</strong></td>
<td>(415) 614-5551 (ph)</td>
<td><a href="mailto:davisr@sfarch.org">davisr@sfarch.org</a></td>
</tr>
</tbody>
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If you would like to read more about a specific benefit, log in to the Reta Benefits Center at [RetaTrust.org](https://www.retatrust.org). The Reta Benefits Center is available to you 24 hours a day, 7 days a week.