Human Sexuality and Responsibility
Elementary School Opt-Out
Grade K

Dear Parent or Other Caring Adult,

During your child’s science or health class, he or she will participate in the AISD Human Sexuality and Responsibility (HRS) curriculum. The program delivers factually accurate, age-appropriate information on a range of topics pertaining to personal health and safety, building healthy friendships, and standing up against bullying. The teaching of Human Sexuality and Responsibility is expected under Austin ISD Board Policy EHAA (Legal and Local). The curriculum further advances the AISD mission to provide a comprehensive educational experience that challenges and inspires students to make a positive contribution to society.

As the primary caregiver and educator in your child’s life, you are welcome to preview the curriculum online at https://www.austinisd.org/pe-health/health-education/hsr or in your campus library. Please take the time to view the curriculum prior to instruction or at the parent orientation meeting. Please contact the campus principal for the scheduled date of the orientation.

If you **do want** your child to participate in these lessons, no further action is required.

If you **do not want** your child to participate in these lessons, please check the lessons that you want your child to opt out of, sign and date below, and return this form to your child’s teacher. Alternative lessons will be provided for your child in a different location.

**I want my child to opt out of (check all that apply):**

___ Lesson 1 I Am So Unique and So Are You  
___ Lesson 2 Stand Up Against Bullying  
___ Lesson 3 Friends  
___ Lesson 4 Stay Safe and Tell  
___ Lesson 5 Family Roles and Diversity  

___ **My child will opt out of all the lessons listed above.**

_______________________________  
Student Name  

_______________________________  
Parent/Guardian Signature  

_______________________________  
Date
Austin ISD- Kindergarten HSR Parent Connection

Lesson 1: I Am So Unique and So Are You
- What makes you special?
- Is it ok to be different than other kids?
- What can you do to be respectful of others when they are different than you?

Lesson 2: Stand Up Against Bullying
- Have you ever seen bullying happening?
- How does bullying make you feel?
- What can you do if you see someone being bullied?

Lesson 3: Friends
- How can you be a good friend to others?
- What does it mean to be friendly?
- How do you know if someone is a good friend to you?

Lesson 4: Stay Safe and Tell
- Who are the adults in your life that make you feel happy, safe, or calm?
- What are some things that might make you feel unsafe or uncomfortable?
- What can you say to someone who is making you feel unsafe or uncomfortable?

Lesson 5: Family Roles and Diversity
- What is your role in our family?
- What is my role in our family?
- Is our family the same as everyone else’s?