FEBRUARY 2024

Xavier High School



This institution is an equal opportunity provider.

Menu is subject to change.

Daily options: Salad bar, Deli Sandwiches
and Walking Taco



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MvPlate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Chicken Alfredo on WG Noodles; WG Breadstick; Romaine lettuce or fresh veg; Mandarin Oranges or fresh fruit; Milk	Chili Dog on WG Bun; Corn or fresh veg.; Pears or fresh fruit; Milk
WG Chicken Nuggets; Bread & Butter; Corn or fresh veg; Applesauce or fresh fruit; Milk	Walking taco; Shredded lettuce or fresh veg.; Peaches or fresh fruit; Milk	Pork Tenderloin on WG Bun; Broccoli w/cheese sauce or fresh veg.; Pears or fresh fruit; Milk	Mandarin Chicken on WG Rice; Peas or fresh veg.; Mandarin Oranges or fresh fruit; Milk	WG Bosco Sticks; Green Beans or fresh veg.; Pineapple or fresh fruit; Milk
Chicken Patty on WG Bun; Baked beans or fresh veg.; Applesauce or fresh fruit; Milk	WG Spaghetti w/meat sauce; WG Garlic Breadstick; Romaine lettuce or fresh veg.; Peaches or fresh fruit;	WG Popcorn Shrimp; Bread & Butter; Mozz. Sticks; Corn or fresh veg.; Mandarin Oranges or fresh fruit;	Cheeseburger on WG Bun; French Fries or fresh veg.; Pears or fresh fruit; Milk	WG Garlic Cheese Bread; Green Beans or fresh fruit; Pineapple or fresh fruit; Milk
Presidents' Day Staff Learning Day No School	Milk Fajita Chicken on WG Burrito w/Rice; Black Beans or fresh veg; Mandarin Oranges or fresh fruit; Milk	Milk Mr. Rib on WG Bun; Baked Beans or fresh veg.; Applesauce or fresh fruit; Milk	WG Popcorn Chicken; Bread & butter; Corn or fresh veg.; Peaches or fresh fruit; Milk	Fish Sandwich on WG Bun; Romaine lettuce or fresh veg.; Pears or fresh fruit; Milk
Crispitos w/chili & 26 Cheese sauce; Black beans or fresh veg.; Pears or fresh fruit; Milk	Sloppy Joes on WG Bun; French Fries or fresh veg.; Pineapple or fresh fruit; Milk	WG Corn Dog; Green Beans or fresh veg.; Peaches or fresh fruit; Milk	Chicken Patty on WG Bun; Romaine lettuce or fresh fruit; Mandarin Oranges or fresh fruit; Milk	