



1. Visit www.learnnfponline.com,
2. On the far right corner of menu bar, click on [Register](#)
3. Create a new account, by clicking on New Account.

Email

Password

 Login  New Account

4. Purchase/add to cart the \$49.00



5. (If required as part of Marriage prep at St. Joseph Parish)

At the end of the course print out and drop off at the parish office

certification of completion or email to: parishsecretary@stjparish.com





www.learnNFPonline.com
info@marriageministries.com
+1.773.598.5706

Natural Family Planning and the Billings Ovulation Method

Endorsed and promoted by:



Benefits:

- ✓ Accepted Catholic method
- ✓ Effective, scientifically proven
- ✓ Convenient, private way to learn
- ✓ Anywhere, anytime accessibility
- ✓ Trusted by parishes and dioceses
- ✓ Three months of charting
- ✓ One-on-one coaching available*

Ideal solution for couples

This professionally-produced program is a great way to ensure that couples you work with receive comprehensive Natural Family Planning and Billings Ovulation Method education.

When finished, couples receive a certificate of completion and they are encouraged to get connected with a certified instructor for one-on-one coaching.

Also available:



* Additional fees apply

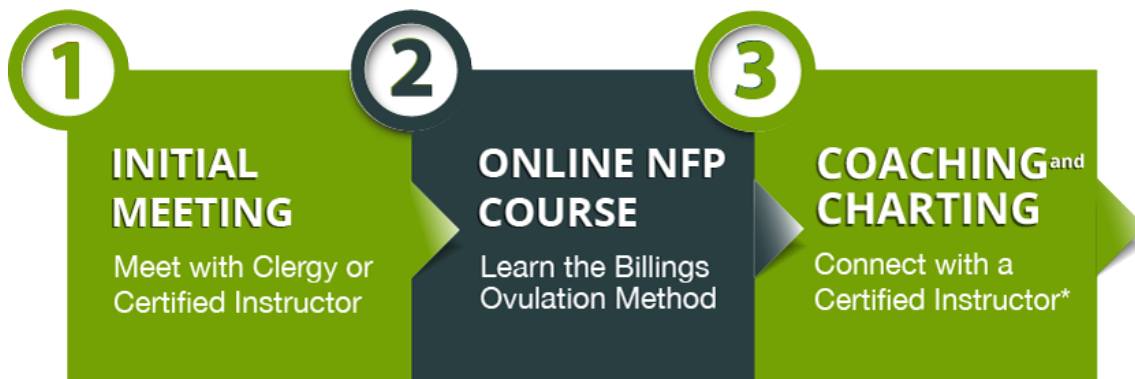


2014-04-22

The Learn NFP Online Process

Getting started with the Billings Ovulation Method

*This page illustrates how this program is most commonly used.
Your experience may vary based on the requirements of your church or NFP instructor.*



Couples are often introduced to the idea of Natural Family Planning by somebody within their church. This conversation often arises during the marriage preparation process.

A priest, deacon, or NFP instructor will direct a couple to the Learn NFP Online program, where they will experience professionally produced course content. The course was created by an experienced team of certified Billings Ovulation Method instructors, including the featured presenter; a young, articulate woman that today's couples can easily relate to.



Learn NFP Online is a program comprised of multiple elements:

- Reading materials and charting tools are provided for download
- A series of video presentations delivered online, each followed by questions to be answered about the topics discussed in the videos
- After finishing all segments, a certificate of completion is provided



Couples that are interested in continuing on with the method must connect with a certified instructor for more in-depth instruction and one-on-one coaching.

Certified instructors are located around the world. Our primary goal is to introduce couples to an instructor local to them for face-to-face interaction. Scheduling and costs of ongoing sessions vary by instructor.

For couples that do not have certified instructor nearby, remote coaching is a convenient option. Using email, phone calls and a video chat application, instructors can effectively communicate with couples to review their charts and provide ongoing guidance.

* Additional coaching fees may apply and vary by instructor. Details and costs will be discussed when you connect with an instructor.

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Table of Contents

The Billings Ovulation Method of Natural Family Planning

Part 1 – Overview and Witness

1. Overview of the Billings Ovulation Method
2. Reason 1: It's Healthy!
3. Reason 2: Monitor Your Health
4. Reason 3: Pinpoint Fertility
5. Reason 4: Morally Acceptable
6. Understand, Appreciate, Protect

Part II – How the Billings Ovulation Method Works

1. Fertility Requirements
2. Cycle Variations
3. Female Reproductive Anatomy
4. Keeping a Record
5. Charting Symbols
6. Basic Infertile Patterns
7. Peak Symptom
8. Ovulation
9. Luteal Phase

Part III – Applying the Rules and Keeping a Record

1. Pituitary and Ovarian Hormones
2. Cervix
3. 4 Simple Rules
4. Achieving Pregnancy
5. Postponing Pregnancy

Supplemental Materials

1. Written Handbook: Teaching the Billings Ovulation Method
2. Humanae Vitae: Encyclical of Pope Paul VI on the Regulation of Birth
3. Female Reproductive Anatomy: Illustration with definitions
4. Next Steps: Instructions for couples to begin charting and applying the rules
5. NFP Charting Sample: Spreadsheet file



Secretariat for Laity, Marriage, Family Life and Youth

NATURAL FAMILY PLANNING PROGRAM

3211 FOURTH STREET NE • WASHINGTON DC 20017-1194

202-541-3240 • FAX 202-541-3176 • EMAIL NFP@USCCB.ORG • WEB WWW.USCCB.ORG/NFP

Marriage Ministries' on-line introduction to the Billings Ovulation Method (BOM) of Natural Family Planning is an answer to a prayer!

This on-line program provides the viewer with the basic science of Natural Family Planning as well as a clear overview of the methodology of the BOM. The information is presented in an easy to learn format that includes film, graphics, slide text, downloadable resources and brief tests. All content is set in manageable brief chapters of information.

An outstanding feature of the program is the use of an NFP couple who not only narrate the text but also provide a compelling witness to the truth of Catholic teaching on human sexuality, marriage, conjugal love and responsible parenthood.

This on-line introduction to the Billings Ovulation Method is ideal for diocesan directors of marriage and family life ministry who would like to offer strong NFP education in a variety of formats.

It is my pleasure to recommend Marriage Ministries' on-line introduction to the Billings Ovulation Method!

Theresa Notare, PhD
Assistant Director
Natural Family Planning Program