

REQUIREMENTS FOR DEVELOPING AN INDIVIDUALIZED HEALTHCARE PLAN FOR STUDENTS WITH ASTHMA

Parent/ Guardian:

- ☐ Notify the appropriate school personnel of student asthma and avoidance of asthma trigger(s).
- ☐ Educate and review asthma treatment and trigger(s) with student.
- ☐ Provide a written and signed **Individualized Healthcare Plan** by the physician prior to starting school that includes the student's asthma severity, signs and symptoms, instruction for care, medication administration, self-carry/self-administration consent, and when to call EMS.
- ☐ Complete all required school healthcare documents for Asthma.
- ☐ If authorized by physician in the student's Individualized Healthcare Plan the parent and student will sign the **Self-Carry and Self-Administer Agreement**.
- ☐ Provide the school with all prescribed medication with proper pharmacy label prior to starting school. Replace the medication after use or upon expiring.

Student:

- ☐ Every student with asthma needs to know his/her asthma trigger(s), how to avoid the asthma trigger(s), the reaction they have, care they need, restriction, and treatment.
- ☐ The student, if ordered by the physician, may carry his/her own emergency asthma inhaler that is labeled appropriately including the expiration date and stating in the Self-Care Agreement where the student will carry the emergency asthma inhaler and the school location for back up.
- ☐ If authorized by physician in the student's Individualized Healthcare Plan the parent and student will sign the **Self-Carry and Self-Administer Agreement**.
- ☐ The student will notify an adult immediately if he/she has come in contact with an asthma trigger(s) or is having any difficulty.

School:

- ☐ The school will take all steps necessary to support a student with asthma to avoid the asthma trigger(s).
- ☐ For a student with severe asthma, the school will set up a meeting with the parent and appropriate school personnel to review the student's Individualized Healthcare Plan.
- ☐ School personnel are notified of the following:
 - Student(s) who have serious asthma reactions, the signs and symptoms of a reaction, instruction of care, and proper treatment.
 - Students who are on asthma inhaler treatment. Personnel need to know the specific asthma trigger(s), the warning signs, where the emergency medication is, and emergency treatment. If a student's symptoms worsen 911 may be contacted.