



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Angela Merici

Feast Day: January 27

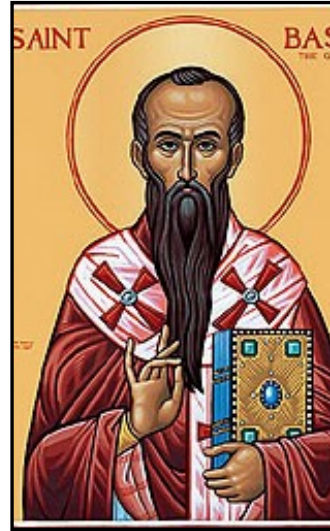
Virtue: Self-Discipline

“Do now, do now, what you will wish to have done when your moment comes to die.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Basil the Great

Feast Day: January 2

Virtue: Devotion to Mary

“O sinner, be not discouraged, but have recourse to Mary in all your necessities. Call her to your assistance, for such is the divine Will that she should help in every kind of necessity.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Bede the Venerable

Feast Day: May 25

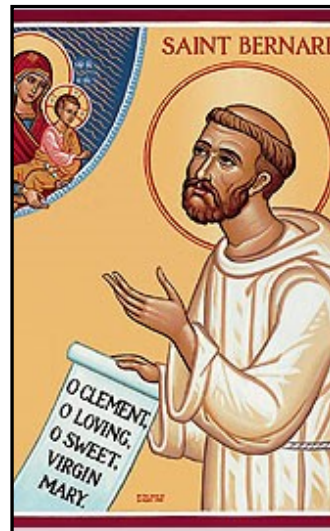
Virtue: Love of Neighbor

"He alone loves the Creator perfectly who manifests a pure love for his neighbor."



REGNUM CHRISTI

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St. Bernard of Clairvaux

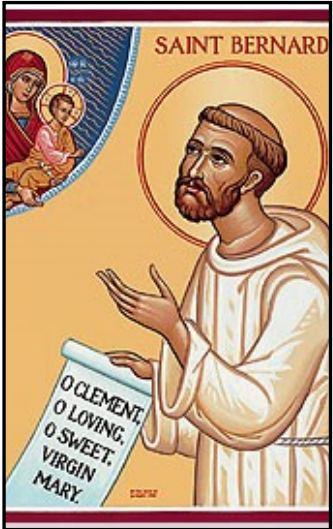
Feast Day: August 20

Virtue: Self-Surrender

“Lord what wilt Thou have me do?
Behold the true sign of a totally perfect soul: when one has reached the point of giving up his will so completely that he no longer seeks, expects or desires to do ought but that which God wills.”



REGNUM CHRISTI
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St. Bernard of Clairvaux

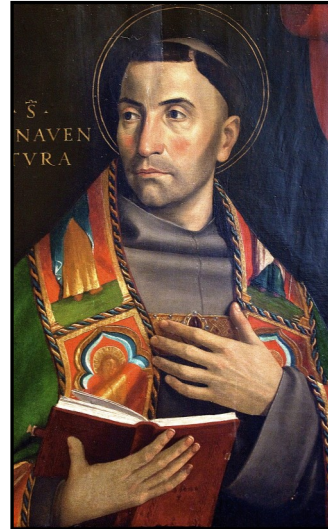
Feast Day: August 20

Virtue: Humility

"Great graces cannot be obtained without humility. When you yourself experience humiliation, you should take it as a sure sign that some great grace is in store."



REGNUM CHRISTI
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St. Bonaventure

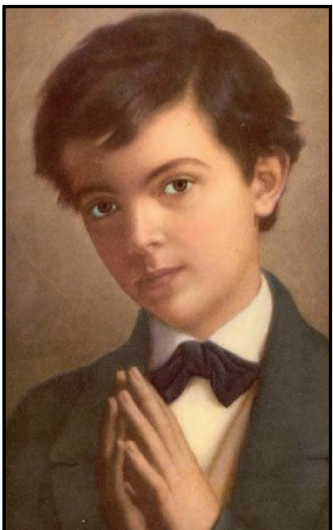
Feast Day: July 15

Virtue: Christ-Centeredness

"In all your deeds and words you should look upon Jesus as your model. Do so whether you are walking or keeping silence, or speaking, whether you are alone or with others."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Dominic Savio

Feast Day: May 6

Virtue: Purity of Intention

"I can't do big things.
But I want all I do,
even the smallest thing,
to be for the greater glory of God."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Frances Xavier Cabrini

Feast Day: November 13

Virtue: Zeal for Souls

"I will go anywhere and do anything in order to communicate the love of Jesus to those who do not know Him or have forgotten Him."



REGNUM CHRISTI
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St. Ignatius of Loyola

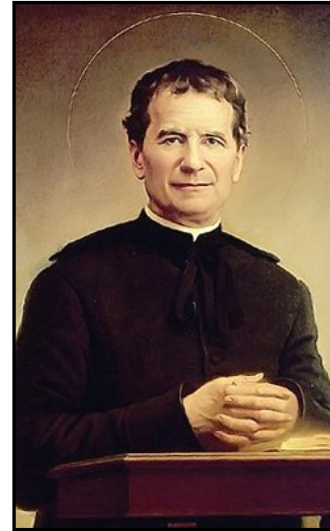
Feast Day: July 31

Virtue: Detachment

“Realize that illness and other temporal setbacks often come to us from the hand of God our Lord, and are sent to help us know ourselves better, to free ourselves of the love of created things, and to reflect on the brevity of this life and, thus, to prepare ourselves for the life which is without end.”



REGNUM CHRISTI
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St. John Bosco

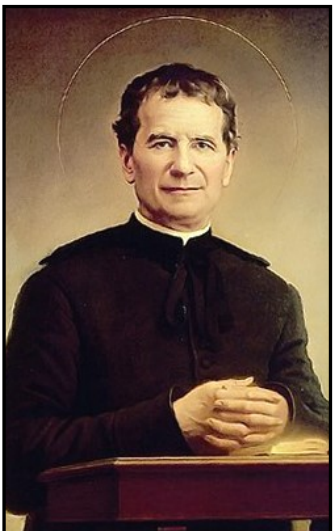
Feast Day: January 31

Virtue: Detachment

“Be brave
and try to detach your heart
from worldly things.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. John Bosco

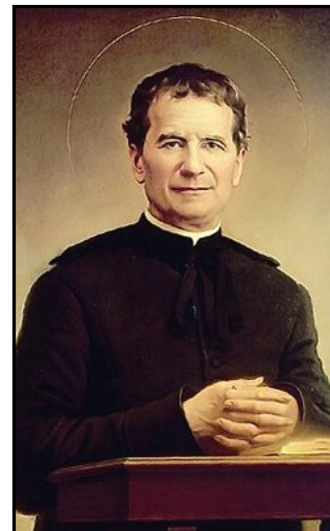
Feast Day: January 31

Virtue: Obedience

“Be obedient
and you will become a saint.”



REGNUM CHRISTI
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St. John Bosco

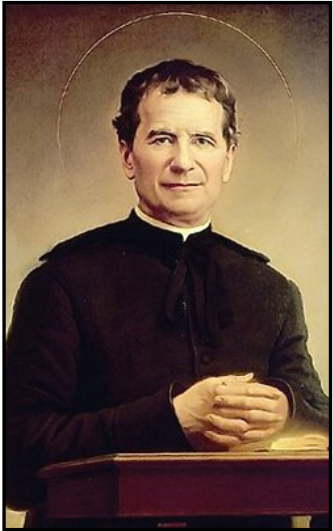
Feast Day: January 31

Virtue: Fortitude

“Carry your cross on your back
and take it as it comes, small or large,
whether from friends or enemies
and of whatever wood it be made.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. John Bosco

Feast Day: January 31

Virtue: Love for Christ in the Eucharist

“Listen: there are two things
the devil is deadly afraid of:
fervent Communion and frequent
visits to the Blessed Sacrament.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. John Chrysostom

Feast Day: September 13

Virtue: Authenticity

“Belief and faith are proved by works,
not by simply saying that one believes,
but by real actions, which are kept up,
and by a heart burning with love.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. John of God

Feast Day: March 8

Virtue: Love of the Poor

“Love the poor tenderly,
regarding them as your masters and
yourselves as their servants.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Mary MacKillop

Feast Day: August 8

Virtue: Cheerfulness

“Whatever troubles may be before you,
accept them cheerfully, remembering
whom you are trying to follow.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Mary MacKillop

Feast Day: August 8

Virtue: Gratitude

“Gratitude is
the memory of the heart.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Paul of the Cross

Feast Day: October 19

Virtue: Conformity to God's Will

“In uniting yourself to God's will, you take
on new life and gather great courage, willingly
embracing the cross and kissing His hand even
when it chastises you, a hand that reaches out
to you in love and has no other intention but
your greater spiritual well-being.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Paul of the Cross

Feast Day: October 19

Virtue: Love for the Cross

“The Cross is the way to Paradise, but
only when it is borne willingly.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Pope John Paul II

Feast Day: October 22

Virtue: Courage

"Be not afraid!"



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Pope John Paul II

Feast Day: October 22

Virtue: Magnanimity

"Do no forget that true love
sets no conditions;
it does not calculate or complain,
but simply loves."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Pope John Paul II

Feast Day: October 22

Virtue: Hope

"I plead with you --
never, ever give up on hope,
never doubt, never tire,
and never become discouraged."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Pope John Paul II

Feast Day: October 22

Virtue: Love for the Mission

"The future is in your hearts and in
your hands. God is entrusting to you
the task, at once difficult and uplifting,
of working with Him in the building
of the civilization of love."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Robert Bellarmine

Feast Day: September 17

Virtue: Forbearance

"Peace and union are the most
necessary of all things for men who
live in common, and nothing serves so
well to establish and maintain these as
the forbearing charity whereby we put
up with one another's defects."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Robert Bellarmine

Feast Day: September 17

Virtue: Universal Charity

“Charity is that with which
no one is lost,
and without which
no one is saved.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Robert Bellarmine

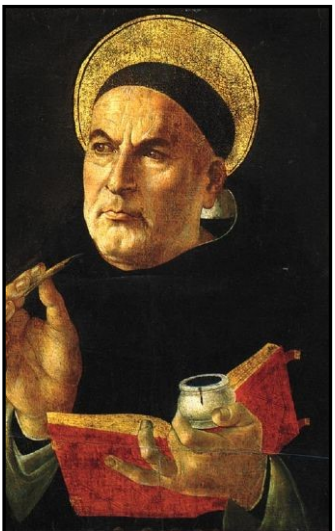
Feast Day: September 17

Virtue: Charity

“The school of Christ is the school of charity.
On the last day, when the general examination
takes place, there will be no question at all
on the text of Aristotle, the aphorisms of
Hippocrates, or the paragraphs of Justinian.
Charity will be the whole syllabus.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Thomas Aquinas

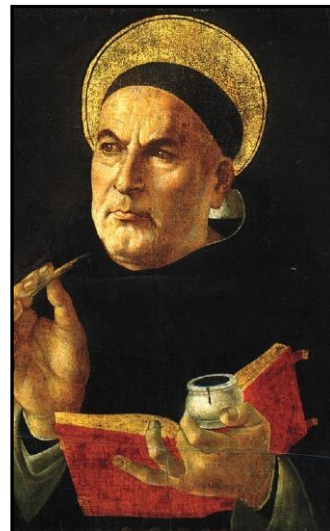
Feast Day: January 28

Virtue: Spirit of an Apostle

“Better to illuminate than merely to
shine, to deliver to others contemplated
truths than merely to contemplate.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Thomas Aquinas

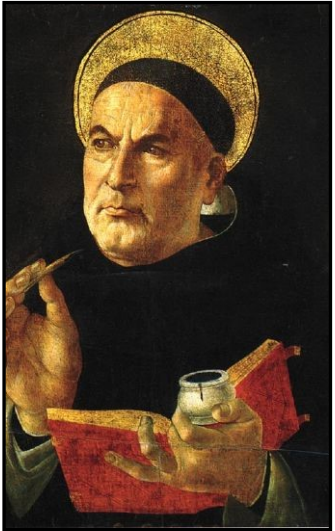
Feast Day: January 28

Virtue: Friendship

“There is nothing on this earth more to
be prized than true friendship.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Thomas Aquinas

Feast Day: January 28

Virtue: Wonder

“Wonder is
the desire for knowledge.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Vincent de Paul

Feast Day: September 27

Virtue: Gentleness

“I have never succeeded when I have
spoken with the faintest suspicion of
hardness. One must be ever on one's
guard not to embitter the heart, if one
wishes to move the mind.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Vincent Pallotti

Feast Day: January 22

Virtue: Conquering Spirit

"Remember that the Christian life is one
of action; not of speech and daydreams.
Let there be few words and many deeds,
and let them be done well."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Catherine of Siena

Feast Day: April 29

Virtue: Apostolic Zeal

“Be who God meant you to be
and you will set the world on fire.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Catherine of Siena

Feast Day: April 29

Virtue: Patience

“There is no sin nor wrong that gives man such a foretaste of Hell in this life as anger and impatience.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Catherine of Siena

Feast Day: April 29

Virtue: Humility

“From self-knowledge flows the stream of humility, which never seizes on mere report, nor takes offense at anything, but bears every insult, every loss of consolation, and every sorrow, from whatever direction they may come, patiently, with joy.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Catherine of Siena

Feast Day: April 29

Virtue: Courage

“Start being brave about everything.
Drive out darkness and spread light.
Don’t look at your weaknesses.
Realize instead that in Christ crucified
you can do everything.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Catherine of Siena

Feast Day: April 29

Virtue: Faith

“It is only through shadows
that one comes to know the light.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Aloysius Gonzaga

Feast Day: June 21

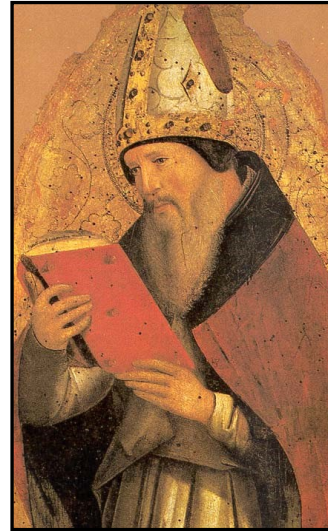
Virtue: Simplicity

“It is better to be a child of God
than king of the whole world.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Augustine

Feast Day: August 28

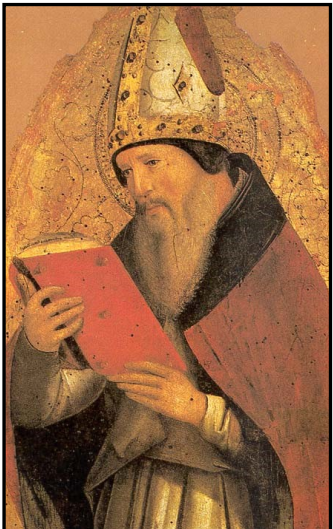
Virtue: Gratitude

“God loves each of us
as if there were only one of us.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Augustine

Feast Day: August 28

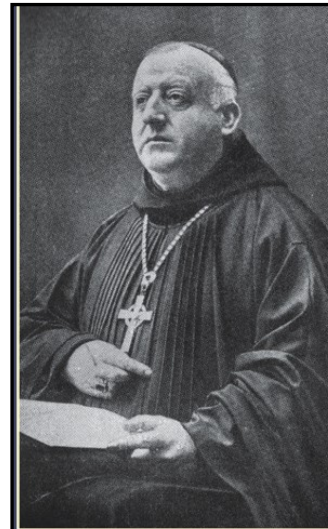
Virtue: Love for Sacred Scripture

“If you believe what you like in
the gospels, and reject what you don’t
like, it is not the gospel you believe,
but yourself.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



Blessed Columba Marmion, OSB

Feast Day: October 3

Virtue: Confidence in God

“Nothing is more pleasing to God than
unshaken faith and confidence in the midst of
darkness. Make a great practice of acts of
confidence even when you feel nothing. It is
just in these moments of dryness and darkness
that these acts are most meritorious.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Junipero Serra

Feast Day: July 1

Virtue: Perseverance

¡Siempre Adelante!

“Always go forward
and never turn back.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Teresa of Calcutta

Feast Day: September 5

Virtue: Detachment

“Let us take whatever God gives and
give whatever he takes with a smile.
That is holiness.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Teresa of Calcutta

Feast Day: September 5

Virtue: Devotion to Mary

“If you ever feel distressed during your
day, call upon our Lady, just say this
simple prayer: ‘Mary, Mother of Jesus,
please be a mother to me now.’ I must
admit, this prayer has never failed me.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Katherine Drexel

Feast Day: March 3

Virtue: Joy

“If we wish to serve God and love our
neighbor well, we must manifest our
joy in the service we render to Him and
them. Let us open wide our hearts.
It is joy which invites us.
Press forward and fear nothing.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Elizabeth Ann Seton

Feast Day: January 4

Virtue: Humility

“The gate of Heaven is very low;
only the humble can enter it.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Elizabeth Ann Seton

Feast Day: January 4

Virtue: Trust

“Trust all, indeed, to Him
-- put all in His hands.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Francis of Assisi

Feast Day: October 4

Virtue: Trust

“Lord, help me to live this day, quietly, easily.
To lean upon Thy great strength, trustfully, restfully.
To wait for the unfolding of Thy will,
patiently, serenely.
To meet others, peacefully, joyously.
To face tomorrow, confidently, courageously.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Francis of Assisi

Feast Day: October 4

Virtue: Cheerfulness

“A single sunbeam is enough
to drive away many shadows.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Francis Xavier

Feast Day: December 3

Virtue: Hope

“In Thee, O Lord,
have I put my hope.
Let me never be confounded.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Gianna Beretta Molla

Feast Day: April 28

Virtue: Trust

“God's providence is in all things,
it's always present.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



Pope St. Gregory the Great

Feast Day: September 3

Virtue: Works of Charity

“The proof of love is in the works.
Where love exists, it works great things.
But when it ceases to act,
it ceases to exist.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



Blessed Francisco & Jacinta Marto

Feast Day: February 20

Virtue: Speaking Well of Others

“Speak ill of no one
and avoid the company of those who
talk bad about their neighbors.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Jane de Chantal

Feast Day: August 18

Virtue: Love of Neighbor

“Cordial love of thy neighbor
does not consist in feelings.
This love flows not from a heart of flesh
but from the heart of our will.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. José Luis Sánchez del Río

Feast Day: February 10

Virtue: Courage in the Face of Persecution

“¡Viva Cristo Rey!
¡Viva La Virgen de Guadalupe!”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Julian of Norwich

Feast Day: May 13

Virtue: Perseverance

“He did not say:
You will not be troubled -
you will not be tempted -
you will not be distressed.
But He said: You will not be overcome.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Julie Billiart

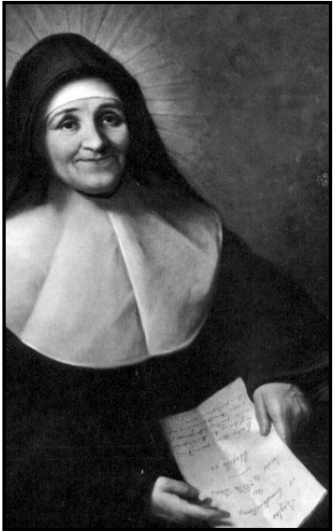
Feast Day: April 8

Virtue: Simplicity

“A simple soul is contented
with everything and leaves all
in the hands of God.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Julie Billiart

Feast Day: April 8

Virtue: Generosity

“No, I see no middle course. God wishes for all or nothing, that is to say, to refuse a little corner of your heart to Him is to do a great injury to His infinite love, especially in souls whom He calls to greater generosity.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Kateri Tekakwitha

Feast Day: July 14

Virtue: Love for the Cross

“Mother, look at this cross;
oh how beautiful it is!
It has been my whole happiness
during my life, and I advise you also
to make it yours.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Catherine Labouré

Feast Day: November 28

Virtue: Universal Charity

“One must see God
in everyone.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Margaret Mary Alacoque

Feast Day: October 16

Virtue: Docility

“Go courageously to God,
along the way He has traced out
for you, steadfastly embracing the
means He offers you.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Marianne Cope

Feast Day: January 23

Virtue: Cheerfulness

“I do not think of reward.
I am working for God
and do so cheerfully.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Maximillian Kolbe

Feast Day: August 14

Virtue: Love for Christ in the Eucharist

“If angels could be jealous of men,
they would be so for one reason:
Holy Communion.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Maximillian Kolbe

Feast Day: August 14

Virtue: Devotion to Mary

“Never be afraid of loving
the Blessed Virgin too much.
You can never love her
more than Jesus did.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Maximillian Kolbe

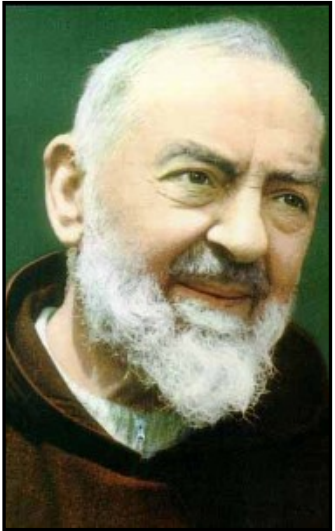
Feast Day: August 14

Virtue: Poverty of Spirit

“Life begins to make sense
when we recognize and acknowledge
God's infinite goodness and our
absolute dependence on Him.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Pio of Pietrelcina

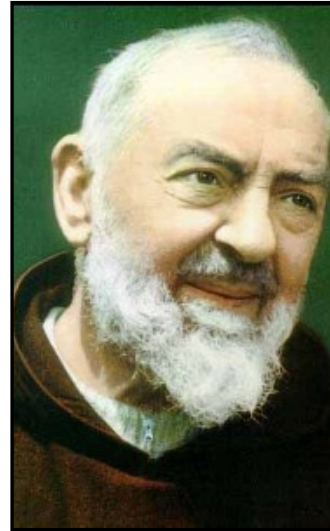
Feast Day: September 23

Virtue: Hope

“I feel a great desire to abandon myself
with greater trust to the Divine Mercy
and to place my hope in God alone.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Pio of Pietrelcina

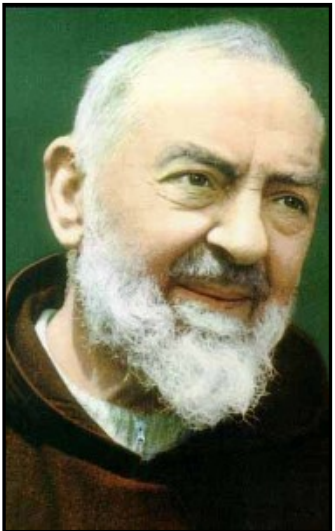
Feast Day: September 23

Virtue: Constancy in Prayer

“Pray with perseverance,
with faith,
with calmness, and serenity.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Pio of Pietrelcina

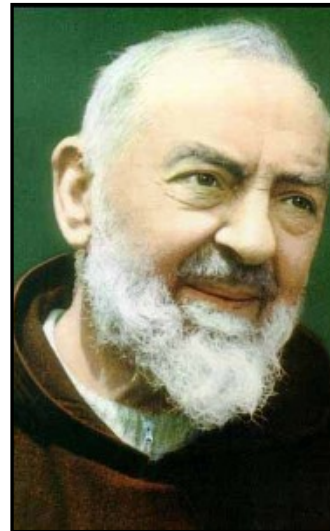
Feast Day: September 23

Virtue: Long-suffering

“It is by means of trials
that God binds to himself
the souls he loves.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Pio of Pietrelcina

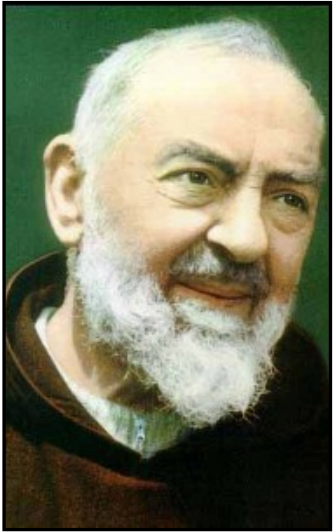
Feast Day: September 23

Virtue: Joy

“Joy, with peace,
is the sister of charity.
Serve the Lord with laughter.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Pio of Pietrelcina

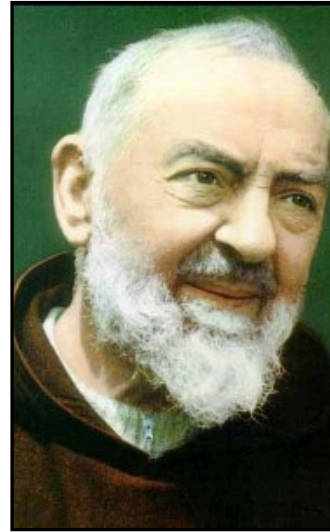
Feast Day: September 23

Virtue: Devotion to Mary

“Love the Madonna
and pray the rosary,
for her rosary is the weapon against
the evils of the world today.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Pio of Pietrelcina

Feast Day: September 23

Virtue: Purity of Intention

“Do everything for the love of God
and His glory without looking at
the outcome of the undertaking.
Work is judged, not by its result,
but by its intention.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Peter of Alcantara

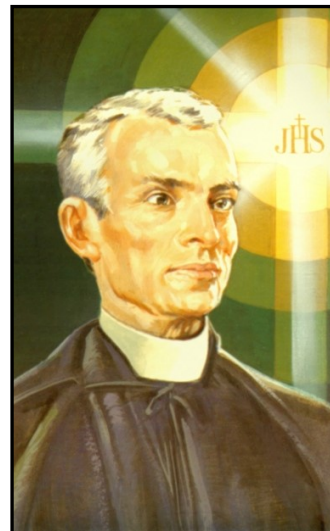
Feast Day: October 18

Virtue: Self-Discipline

“Truly, matters in the world are
in a bad state; but if you and I begin
in earnest to reform ourselves,
a really good beginning
will have been made.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Peter Julian Eymard

Feast Day: August 2

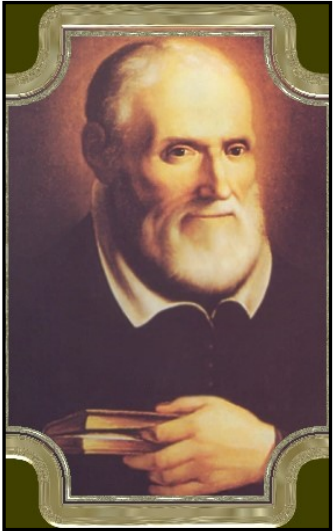
Virtue: Purity

“The state of grace is nothing other than purity,
and it gives heaven to those who clothe
themselves in it. Holiness, therefore, is simply
the state of grace purified, illuminated,
beautified by the most perfect purity, exempt
not only from mortal sin but also from the
smallest faults; purity will make saints of you!
Everything lies in this!”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Philip Neri

Feast Day: May 26

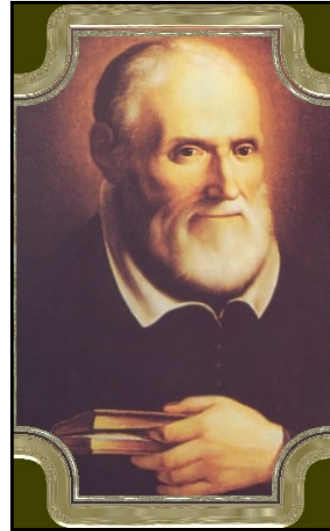
Virtue: Detachment

“Give me ten truly detached men,
and I will convert the world
with them.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Philip Neri

Feast Day: May 26

Virtue: Generosity

“Cast yourself into the arms of God
and be very sure that if he wants
anything of you, He will fit you for
the work and give you strength.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Rose Venerini

Feast Day: May 7

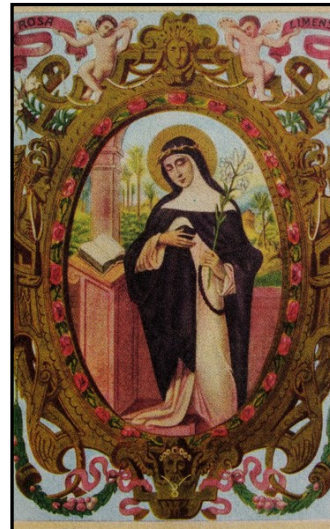
Virtue: Docility

“I feel so nailed to the will of God
that nothing else matters,
neither death nor life.
I want what He wants.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Rose of Lima

Feast Day: August 30

Virtue: Love for the Cross

“Apart from the cross,
there is no other ladder
by which we may get to heaven.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Rose of Lima

Feast Day: August 30

Virtue: Zeal for Souls

“Know that the greatest service
that man can offer God
is to help convert souls.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Rose of Lima

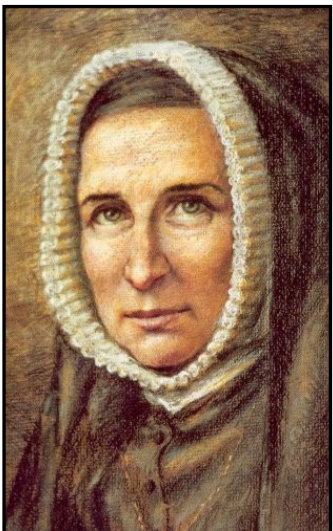
Feast Day: August 30

Virtue: Love of Neighbor

“When we serve the poor and the sick,
we serve Jesus. We must not fail to help
our neighbors, because in them
we serve Jesus.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Rose Phillipine Duchesne

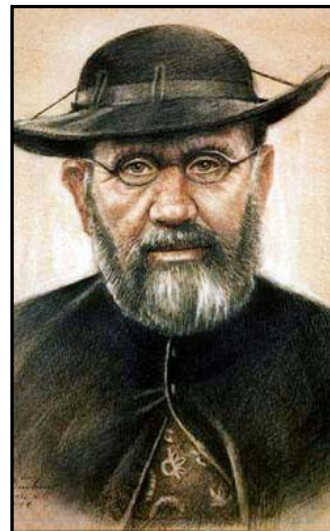
Feast Day: November 18

Virtue: Forbearance

“Let's try not to be exacting with other people,
but rather to pass over in silence those thousand
little annoyances that tend to irritate us. For
we know that no one is perfect in this life, and
we must put up with the defects of others
as they put up with ours.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Damien of Molokai

Feast Day: April 15

Virtue: Zeal for Souls

“The Eucharist is the bread that gives strength.
It is at once the most eloquent proof of
His love and the most powerful means of
fostering His love in us. He gives Himself every
day so that our hearts as burning coals may
set afire the hearts of the faithful.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Anthony Mary Claret

Feast Day: October 24

Virtue: Self-Denial

“The Christian who desires to follow Jesus carrying his cross must bear in mind that the name "Christian" means 'learner or imitator of Christ' and that if he wishes to bear that noble title worthily he must above all do as Christ charges us in the Gospel: We must oppose or deny ourselves, take up the cross, and follow him.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Teresa Benedicta of the Cross

Feast Day: August 9

Virtue: Childlike Trust

“Lay all your cares about the future trustingly in God's hands, and let yourself be guided by the Lord just like a little child.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Teresa Benedicta of the Cross

Feast Day: August 9

Virtue: Gratitude

“Living in a 'Eucharistic' way means coming out of oneself, out of the narrowness of one's life, & growing into the immensity of life in Christ.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Teresa Benedicta of the Cross

Feast Day: August 9

Virtue: Love of the Cross

“One cannot desire freedom from the cross when one is especially chosen for the cross.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Teresa Benedicta of the Cross

Feast Day: August 9

Virtue: Abandonment to God

“And when night comes, and you look back over the day and see how fragmentary everything has been, and how much you planned that has gone undone, and all the reasons you have to be embarrassed and ashamed: just take everything exactly as it is, put it in God’s hands and leave it with Him.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Faustina

Feast Day: October 5

Virtue: Humility

“My likeness to Jesus
must be through
suffering and humility.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Faustina

Feast Day: October 5

Virtue: Purity of Intention

“True love of God
consists of
carrying out God's will.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Faustina

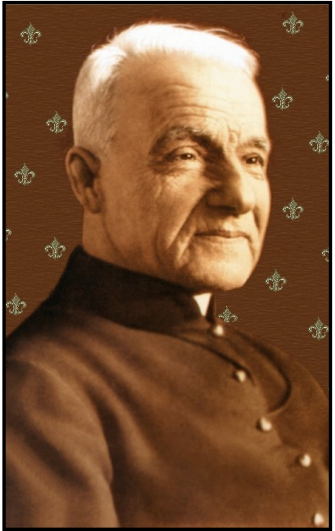
Feast Day: October 5

Virtue: Perseverance

“In difficult moments I will fix my gaze upon the silent heart of Jesus, stretched upon the cross, and from the exploding flames of His merciful Heart, will flow down upon me power and strength to keep fighting.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Andre Bessette, C.S.C.

Feast Day: January 6

Virtue: Humility

“It is with the smallest brushes
that the Artist paints
the best paintings.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Francis de Sales

Feast Day: January 24

Virtue: Devotion to Duty

"Great occasions for serving God
come seldom, but little ones
surround us daily."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Francis de Sales

Feast Day: January 24

Virtue: Joy

“Strive to see God in all things
without exception,
and consent to His will joyously.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Francis de Sales

Feast Day: January 24

Virtue: Surrender

“Go to your confessor; open your heart to him;
display to him all the recesses of your soul; take the
advice that he will give you with the utmost humility
and simplicity. For God, Who has an infinite love for
obedience, frequently renders profitable the counsels
we take from others, but especially from those who
are the guides of our souls.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Francis de Sales

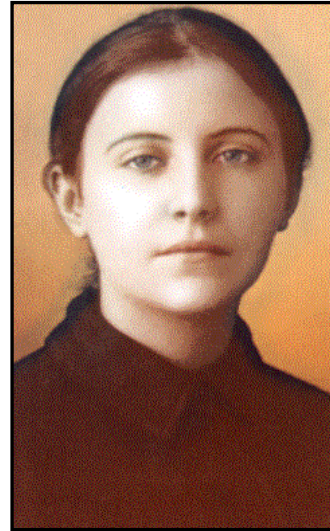
Feast Day: January 24

Virtue: Amiability

“The highest degree of meekness consists in seeing, serving, honoring, and treating amiably, on occasion, those who are not to our taste, and who show themselves unfriendly, ungrateful, and troublesome to us.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Gemma Galgani

Feast Day: April 11

Virtue: Self-Forgetfulness

“If you really want to love Jesus, first learn to suffer, because suffering teaches you to love.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. John Vianney

Feast Day: August 4

Virtue: Humility

“Humility is to the various virtues what the chain is in a rosary. Take away the chain and the beads are scattered; remove humility, and all virtues vanish.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. John Vianney

Feast Day: August 4

Virtue: Charity in Speech

“If something uncharitable is said in your presence, either speak in favor of the absent, or withdraw, or if possible, stop the conversation.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. John Vianney

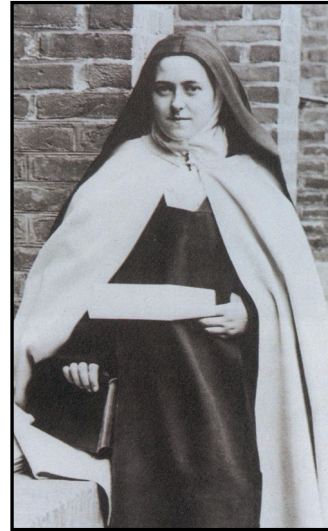
Feast Day: August 4

Virtue: Obedience

“The virtue of obedience makes the will supple... It inspires the courage with which to fulfill the most difficult tasks.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Therese of Lisieux

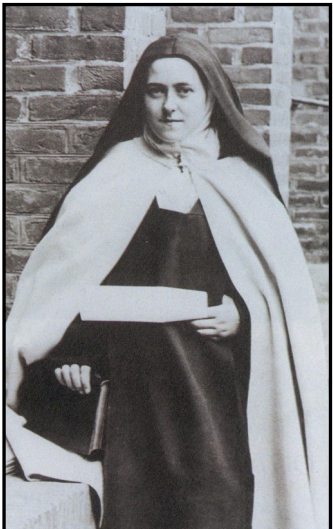
Feast Day: October 1

Virtue: Cheerfulness

“Even when you are alone be cheerful, remembering always that you are in the sight of the angels.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Therese of Lisieux

Feast Day: October 1

Virtue: Humility

“Then, let us take our place humbly amongst the imperfect, deeming ourselves little souls whom the good God must sustain at each moment.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Therese of Lisieux

Feast Day: October 1

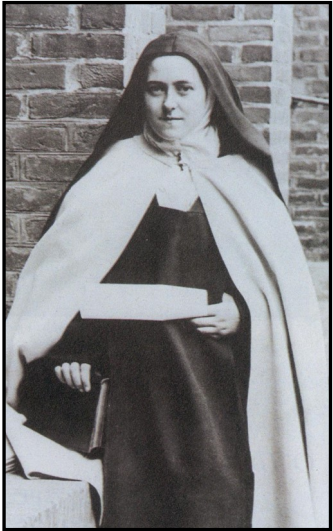
Virtue: Humility

“To draw near to Jesus we must be so little. . .
Oh! How few souls aspire to be little and unknown.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Therese of Lisieux

Feast Day: October 1

Virtue: Charity

“Without love, deeds --
even the most ‘brilliant’ --
count as nothing.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Thomas More

Feast Day: June 22

Virtue: Devotion to Duty

“The ordinary acts we practice
every day at home
are of more importance to the soul
than their simplicity might suggest.”



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Ambrose

Feast Day: December 7

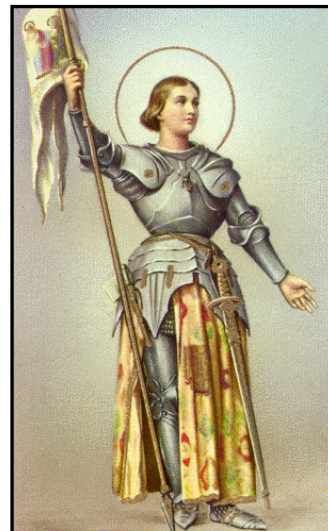
Virtue: Prudence in Speech

"Bind up thy words that they run not riot,
and grow wanton, and gather up sins for
themselves in too much talking. Let them
be rather confined, and held back within
their own banks. An overflowing river
quickly gathers mud."



REGNUM CHRISTI

LEGIONARIES OF CHRIST



St. Joan of Arc

Feast Day: May 30

Virtue: Courage

“Go forward bravely.
Fear nothing.
Trust in God; all will be well.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Agnes of Rome

Feast Day: January 21

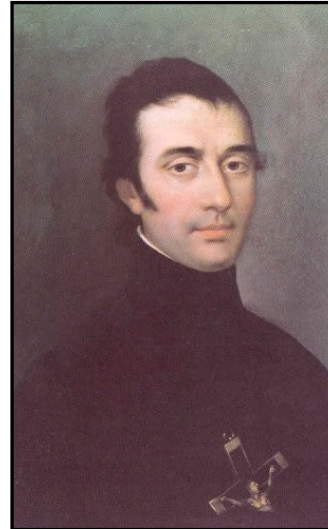
Virtue: Purity

"Christ made my soul beautiful
with the jewels of grace and virtue.

I belong to Him
whom the angels serve."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Eugene de Mazenod

Feast Day: May 21

Virtue: Love for Christ in the Eucharist

"I wish I could pass my life at the
foot of the holy tabernacles in
which our adorable Savior dwells."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Alphonsus Ligouri

Feast Day: August 1

Virtue: Confidence in God

"Acquire the habit of speaking to God as if you were
alone with Him, familiarly and with confidence and
love, as to the dearest and most loving of friends.
Speak to Him often of your business, your plans,
your troubles, your fears - of everything that
concerns you. Converse with Him confidently and
frankly; for God is not wont to speak to a soul that
does not speak to Him."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Anthony of Padua

Feast Day: June 13

Virtue: Humility

"The spirit of humility is sweeter
than honey, and those who
nourish themselves with this
honey produce sweet fruit."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Bernadette

Feast Day: April 16

Virtue: Devotion to Mary

“In the evening when you go to sleep,
hold your beads, doze off reciting them.
Do like those babies who go to sleep
mumbling ‘Mama, Mama!’”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Bernadette

Feast Day: April 16

Virtue: Spirit of Sacrifice

“One who loves does not notice
her trials or perhaps more
accurately, she is able to
love them.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Clare of Assisi

Feast Day: August 11

Virtue: Vigilance

"Pray & always be vigilant."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Claude de la Colombiere

Feast Day: February 15

Virtue: Spirit of Sacrifice

“Holiness is something
so great and precious
that one cannot pay too much for it.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Jerome

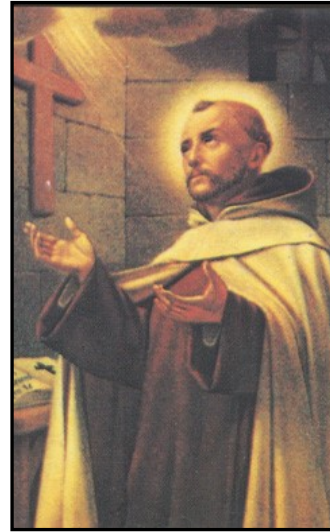
Feast Day: September 30

Virtue: Perseverance

"It is our part to seek,
His to grant what we ask;
ours to make a beginning,
His to bring it to completion;
ours to offer what we can,
His to finish what we cannot."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. John of the Cross

Feast Day: December 14

Virtue: Self-Control

"Speak little and do not meddle
in other's matters about which
you are not asked."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. John of the Cross

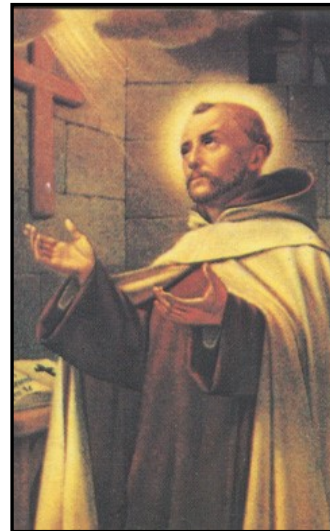
Feast Day: December 14

Virtue: Charity

"Where there is no love,
put love --
and you will find love."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. John of the Cross

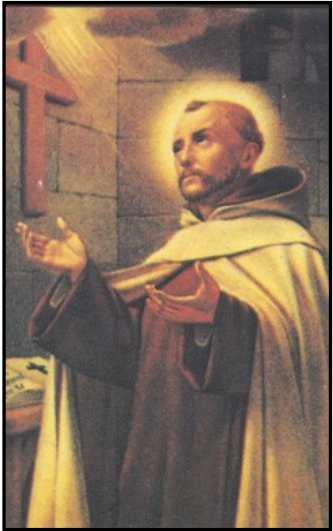
Feast Day: December 14

Virtue: Purity of Intention

"God desires from you the least degree
of purity of conscience more than all
the works you can perform."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. John of the Cross

Feast Day: December 14

Virtue: Perseverance

“Though the path is plain and smooth for men of good will, he who walks it will not travel far, and will do so only with difficulty, if he does not have good feet: that is, courage and a persevering spirit.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Josemaría Escrivá

Feast Day: June 26

Virtue: Optimism

“Be happy.
What you need is not an easy life,
but a heart which is in love.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Josemaría Escrivá

Feast Day: June 26

Virtue: Faithfulness in Little Things

“Do not neglect your spiritual reading.
Reading has made many Saints.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Josemaría Escrivá

Feast Day: June 26

Virtue: Devotion to Mary

“Love our Lady and she will
obtain abundant grace to help you
conquer in your daily struggle.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Cecilia

Feast Day: November 22

Virtue: Militancy

“Arise, soldiers of Christ,
throw away the works of darkness
and put on the armor of light.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Elizabeth of Hungary

Feast Day: November 17

Virtue: Detachment

“How could I bear a crown of
gold when the Lord bears a crown
of thorns? And bears it for me!”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Stanislaus Kostka

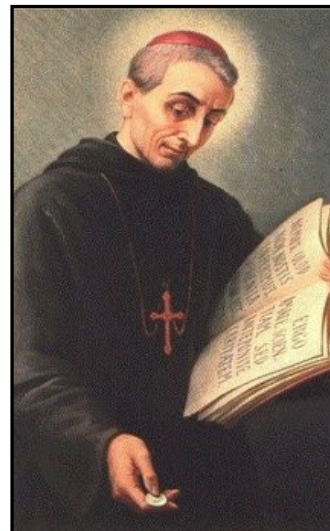
Feast Day: November 13

Virtue: Devotion to Duty

“I shall reflect on myself and ask:
“What have I done for Christ?
What am I doing for Christ?
What ought I do for Christ?”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Thomas of Villanova

Feast Day: September 22

Virtue: Humility

“Humility is the mother of many virtues
because from it obedience, fear, reverence,
patience, modesty, meekness and peace are
born. He who is humble easily obeys every-
one, fears to offend anyone, is at peace with
everyone, is kind with all.”



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Teresa of Avila

Feast Day: October 15

Virtue: Patience

"Patience attains all that it
strives for. He who has God,
finds he lacks nothing:
God alone suffices."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Teresa of Avila

Feast Day: October 15

Virtue: Perseverance

"The only way to fail
is to stop."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Teresa of Avila

Feast Day: October 15

Virtue: Cheerfulness

"God deliver me
from sullen saints."



REGNUM CHRISTI
LEGIONARIES OF CHRIST



St. Teresa of Avila

Feast Day: October 15

Virtue: Love of the Cross

"The lukewarm do not
embrace the cross --
they merely drag it along."