

CGS FAMILY

THIRTEENTH SUNDAY IN ORDINARY TIME

Volume II, Guide Number 31, June 26, 2022

**What choices do I
need to make to be
a disciple of Christ?**

www.cgscclchurch

Welcome

HELLO,
CHRIST THE GOOD SHEPHERD FAMILY!



Welcome to our weekly CGS Guide that helps our parish families to grow in knowledge of the faith and deepen our relationship with Jesus as his disciples. As we encounter Jesus, we come to know him, love him, and serve him so that we can be reasonably happy in this life and happy with him forever in heaven.



This Week

THE CHALLENGES OF DISCIPLESHIP

Two interesting points from this Sunday's Gospel... 1. Jesus, who is the perfect and complete revelation of God, lets his disciples know that **NO EVIL comes from Him**. While in the Old Testament there was an idea that believed God was behind EVERYTHING, even bad things (to get something good or in the end to grant a blessing), Jesus wants us to understand that God does not act like that. A few days ago, while Fr. James was preaching the homily regarding the Our Father, when he came to the affirmation "lead us not into temptation" he emphasized the mistranslation we use, since God will never lead us into something that is bad for us. Because everything that HE wants and does for us is GOOD - ALWAYS!

2. The FOLLOWING of Jesus: While Luke's gospel begins its second part - the trip to Jerusalem - with all that this will imply (The passion, death, and resurrection of Jesus), verses 57-62 present to us three scenarios, three anonymous characters, the first and the third take the initiative to follow Jesus, the second, Jesus himself calls him. There are two important and decisive things to highlight about these: a. **Promptness** - Following Jesus cannot wait and b. The **detachment** of other bonds. Both promptness and detachment are both necessary if we want to follow Jesus. Once we do it, we cannot look back (like Lot's wife, Gen 19,26) because back there, there is fatality, however, in front of us, we have the new life that Jesus brings us. In this guide we will be meditating about discipleship, the challenge of following Jesus. Are you ready?

Jose Juan Valdez

For questions, comments, and feedback, please contact us at

DISCIPLESHIP@CGSCC.CHURCH



The Holy Mass

The liturgy is the summit toward which the activity of the Church is directed, at the same time, it is the font from which all her power flows. (Cf. SC #10)

Why go to Mass?

Christ the Good Shepherd Mass Schedule

Find Mass Anywhere

This season, we are exploring the Big Idea

**How does Jesus Christ teach
me to live a moral life?**

Thirteenth Sunday in Ordinary Time readings and podcasts

from the United States Conference of Catholic Bishops (USCCB).

First Reading: 1 Kgs 19:16b, 19-21

Psalm: 16:1-2, 5, 7-8, 9-10, 11

Second Reading: Gal 5:1, 13-18

Gospel: Lk 9:51-62

Additional options for studying and discussing the Word of God:

Opening the Word by FORMED

Reflecting on the Sunday Readings

Sunday Connection by Loyola Press

Children's Liturgy of the Word by Catholic TV

WE LEARN & BECOME DISCIPLES TOGETHER

Question of the Week

What choices do I need to make to be a disciple of Christ?

Opening Prayer

CONNECT with our GOD

- Let's start with the The Sign of Cross.
- In your own words, ask the Holy Spirit to be present as we gather so share our faith (Prayer to the Holy Spirit).
- Listen to the Lord speaking to you as someone reads out loud the Gospel for this Sunday (see previous page for links to Scripture readings for this week).
- Listen to each other as everyone shares what in the Gospel caught their attention.
- Pray the "Glory be..."

More on how to manage a group discussion.

Getting
Started

How to use
this Guide.

Why are we
doing this?

Step One

CONNECT with our daily LIVES

- In the ERA of social media with a of INFLUENCERS and YOUTUBERS the real question is DO YOU FOLLOW JESUS and if so, how do you know that you are a true disciple (follower of Jesus).



Using this Guide can be as simple or as "in depth" as you want. If you do only the opening prayer section, that's great! To go deeper, follow the steps as shown. For children, see "Resources," page 8.

Step Two

CONNECT with Scripture and Tradition

As a domestic church (your household) or Small Faith Group, pray and read through some of the following (you can select) Scriptures & Catechism of the Catholic Church (CCC) references as time permits.

In the HOLY SCRIPTURE we read:

- Jesus's true disciples. **Matthew 7:21**
- To follow is a condition to serve. **John 12:26**
- The best example is Jesus himself. **1 Peter 2:21**

In the Catechism of the Catholic Church, we read:

- Jesus identifies with the lowly and disposed. He journeys to suffer in Jerusalem. **CCC #544, 557**
- Freedom, sin, and grace. **CCC #1739-1742**
- Self-mastery and chastity **CCC #2338-2345**

Discussion Questions

1. How can I best respond when God leads me where I don't want to go?
2. What can I do to find the help I need to courageously face these difficult situations as an emissary of God's love?

Want more? Go Deeper! _____

Reflection Question

Reflection question helps people consider how the teaching and discussion affect their lives, including their choices and daily decision making.

Step Three

CONNECT with OTHERS...

Living the Gospel with commitment & action.

What is one thing you are willing to change in your life so that you overcome anything on your way to become a true disciple of Jesus?

RESOURCES FOR ALL AGES

For related information, activities, and age-appropriate resources, turn to the *Resources for All Ages* section of this Guide. You may use as many or as few as you want to. Adapt to your situation and your household. You can even spread these activities over the span of the entire week. There is no wrong way to do this!

Practical Activities

For the Individual **Listening and Discerning God's will in your life.**

Whenever you find yourself in a difficult situation, allow yourself some time to reflect in prayer and listen to the voice of God.

For Couples **A Mini-retreat for couples**

Set aside time during the year to participate in a mini-retreat where the focus is the path God wants you to take in your marriage, in your family and in your spiritual life.


For the Domestic Church **Discerning God's Call**

Take time to talk about the calling, in general, that we have as a family. In addition, talk about the calling that we have as individuals to follow Jesus according to the concrete circumstances of our lives.

Missionary Mindset - **Be part of our Social Justice Programs**

A concrete way to live and serve Jesus in our lives is through the different ways in which the Church invites us to be part of social justice, which is an essential ingredient for the prophetic ministry to which we have been called as disciples of Jesus. We invite you to become involved in this ministry at our parish for opportunities contact Deacon Lolo at the office.

Closing Prayer

- 
- We sign ourselves with the Sign of Cross.
 - According to what we reflected on, or whatever is in my heart share a petition, at the end we all say: **Lord hear our prayer.**
 - Then we can pray the Our Father, Hail Mary and the Glory be...
 - As we finish, let us share a sign of peace with each other.

Prayer to Follow Christ Wholeheartedly

Lord, you are all-knowing and full of wisdom. Your plan is masterful. Help me as your disciple to follow you in every thought, word, and deed. Give me a heart of obedience and trust that I would not get wrapped up in my doubt or what I think is the right choice.

Help me to recognize that your good and perfect will does not always look the way I think it should, but that doesn't make it any less good or any less perfect. I desire to be your disciple and follow you all the days of my life. Please give me the strength to do that. Amen.

My sheep hear my voice, and I know them, and they follow me. John 10:27



AT THE END OF THE LESSON OR END OF THE WEEK

From what you have learned, how would you now answer the Question of the Week?

What choices do I need to make to be a disciple of Christ?

RESOURCES FOR ALL AGES

POINTS OF UNDERSTANDING

Clear statements of the Church's teachings AND where they come from and ways to use them.

1. Age-Specific Resources

HELPFUL TIPS!

Create a prayer table or space.
Faith Groups at CGS

Early Childhood (Ages 3-5)

Question: Why does Jesus want us to follow Him? How will we know we are following Jesus?

Activity: Draw a picture of Jesus helping someone.

Chris Brunelle // I Walk as a Child of the Light

Childhood (Elementary, Grades 1-5)

Question: Why does Jesus want us to follow Him? How will we know we are following Jesus?

Activity: Show respect for someone at home, school, church, playground, or park. How do you define different?

Chris Brunelle // I Walk as a Child of the Light

Early Adolescence (Jr.High, Grades 6-8)

Grades 5 & 6: "**Venture**" by Pflaum Publishing and Grades 7 & 8: "**Visions**" by Pflaum Publishing.

Ascension Presents // How to be a Good Disciple of Christ -- video (8:02)

Paulist Evangelization Ministries // Catholic Discipleship -- video (6:05)

Adolescence (High School, Grades 9-12)

LifeTeen // Discipleship: Consistency -- blog

Diocese of Houma-Thibodaux // What is a Missionary Disciple? -- video (5:24)

Ascension Presents // How to be a Good Disciple of Christ -- video (8:02)



The Gospel for All Ages

Free, summer activities to stay connected to your faith as a family this summer!

Summer Family Corners!

Adulthood

Catholic Productions // [The Cost of Discipleship](#) -- Video 5:37

Bishop Robert Barron // [Bishop Barron on Intentional Discipleship](#) -- Video (10:58)

Ascension Presents // [How to be a Good Disciple of Christ](#) -- Video 8:02

Catholic Productions // [What is a Disciple?](#) -- Video 6:25

2. General Resources

The Holy Bible

[Online Bible via the United States Conference of Catholic Bishops \(USCCB\)](#)

If you don't know much about the Bible or want to learn more: [Scripture Support](#)

Catholics use the **New American Bible Revised Edition** (NABRE) as the translation for Mass readings. There are many acceptable versions of NABRE ([learn more](#)) as well as [other approved translations](#). You may purchase from any vendor and we do have some basic editions on hand at the parish office at no charge—available upon request.



Recommended Print Bibles

These are all by St. Mary's Press: Order directly from the publisher or search online for other vendors.

[Catholic Family Connections Bible](#)
([digital version available](#)).

[Catholic Youth Bible](#) (Adolescents & College)
["Breakthrough"](#) (Early Adolescents // Jr. High)
[Catholic Children's Bible](#)

The Catechism of the Catholic Church (CCC)

[Online Catechism](#) via the United States Conference of Catholic Bishops (USCCB)

NEW! [Simplified version of the Catechism of the Catholic Church](#)

If you don't know much about the Catechism or want to learn more: [Catechism Support](#)

Formed Online

Our parish subscribes to a library of online resources called Formed. It is excellent and it is free for you to use. Register at www.formed.org – Need help? Watch this video.

Prayers and Praying

Catholic Culture // [Assortment of Prayers for Ordinary Time](#)

Real Life at Home // [10 Prayers to Teach Your Catholic Children](#)

Common Prayers and Formulas to Learn by Heart

[Familiar prayers](#) and a [chart showing at what age level they should be learned](#).

Counseling, Grief Support & Spiritual Direction

- Our parish offers [Rejoice Counseling](#) for individuals and families for a variety of issues and needs. You may use this [online form](#) to contact them directly.
- We also offer [Grief Support](#) ministry for those who have lost loved ones and [Spiritual Direction](#) for anyone interested. Follow the links or inquire through the parish office.

Music to Move You

Luke Spehar // [Drop Anchor](#) -- song (5:20)

Luke Spehar // [My Cross](#) -- song (4:36)

Casting Crowns // [Here's My Heart](#) -- song (6:46)

Sacred Art to Inspire You!

All Sacred Art Currently on Formed (parish subscription free to our parishioners--register once, get access to all content)

All Sacred Art - FORMED

- Jen Norton // [Do This To Remember Me](#)--Painting of Jesus with a Star of David halo presenting the gift of his Body and Blood. On his chest is the Sacred Heart within the garments stylized after a church window, and in the background, scenes of his birth, death.
- Dan Comaniciu // [Christ and His Disciples](#)--oil on canvas, 2016.
- Brent Borup // [Jesus Christ: Come, Follow Me](#)

3. Sacramental Resources

Visit the **sacraments section** of our parish website to find everything you need to get started with any sacrament. Additional information is being added and continually updated. Contact our parish office if you have a question.



Jesus Christ:
"Come, Follow Me"
Original Artwork by
Brent Borup

WE ARE THE CHURCH

What Makes us Catholic?

CORPUS CHRISTI PROCESSION

A Eucharistic procession is a Catholic tradition that dates back to the 14th century. Priests carry the Blessed Sacrament in an ornate vessel called a monstrance or ostensorium, which is in the form of a cross. Catholic families and organizations follow the priest outside of the church and into the streets as a demonstration of honor and glory for Christ in the Holy Eucharist — Communion. Last weekend marked the Solemnity of Corpus Christi, a day when Catholics celebrate and honor the Body, Blood, Soul, and Divinity of Jesus Christ in the Sacrament of Holy Eucharist. We experienced as CGS community our Corpus Christi Procession and it was quite an event.



HOW HAVE YOU SEEN GOD PRESENT AND ACTIVE IN YOUR LIFE THIS WEEK?

Word of the Week - DISCIPLE.

Disciple comes from the Greek noun *Mathetes*, the verb is *Manthano* which means: to learn, to get used to something, to become familiar with. In the New Testament, being a disciple is not just about a student receiving instruction, but of entering into a close and definitive relationship with a person, in this case with Jesus. The disciple is the one who follows the same path of Jesus until the last consequences.

Saints of the Month

Book Suggestions

More for your Domestic Church

A Domestic Church is your household of believers in Jesus Christ. View a short video on what is the Domestic Church. See also this reference in the Catechism of the Catholic Church: CCC 1655-1858 and our Glossary of Terms. There is so much at CGS for your Domestic Church! See our website, social media pages, YouTube, and this week "**FLOCKNOTE**" for all things CGS!

"Faith Groups" on our Website

Find resources for your family, including how to use this Guide, family traditions from other parishioners, FAQs, how to use the Points of Understanding, a Glossary of Terms and more. Visit cgscddogh.org/faith-groups OR scan the QR code on the right with your smart phone.

Join a small Faith Group in our parish. Contact discipleship@cgscd.church





Our Mission as a Roman Catholic Community is to proclaim the teachings of Jesus Christ as declared in the scriptures and shown in the sacred tradition of the church. We are empowered by the Holy Spirit to know, love, and serve God and our neighbors.

WE WANT OUR PARISHIONERS TO CONTRIBUTE TO THIS GUIDE!

How is this Guide working for you and your family?

Show us what your family is doing with these Guides!

Share an idea, a resource or picture/video of what you are doing in your Domestic Church.

DISCIPLESHIP@CGSCC.CHURCH

BECOMING OUR "BEST PARISH EVER!"



Text CGS to 84576 to join us on Flocknote
You will receive emails & texts from CGS



CHRIST THE GOOD SHEPHERD CATHOLIC COMMUNITY



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The contents of this Guide are in accordance with the teachings of the United States Conference of Catholic Bishops and the Curriculum Framework for Lifelong Faith Formation of the Archdiocese of Galveston-Houston under the pastoral care of Daniel Cardinal DiNardo, Archbishop.