

HOW TO PRAY THE ROSARY



1. Begin by making the **Sign of the Cross**.
2. Holding the crucifix pray the **Apostles' Creed**.
3. On the first bead pray the **Our Father**.
4. Pray one **Hail Mary** on the next three beads for an increase in faith, hope and charity.
5. On the next bead pray the **Glory Be**.
6. Before praying the next set of ten beads (called a 'decade'), state the first **mystery**, imagine the event, and meditate on it. Then pray 1 Our Father, 10 Hail Mary's and the Glory Be. **Fatima Prayer** is optional.
7. Repeat until the five decades are prayed.
8. Pray the **Hail, Holy Queen**.
9. Finish by making the Sign of the Cross

The Joyful Mysteries (Mondays and Saturdays)

1. The Annunciation of the birth of the Lord to Mary by the archangel Gabriel
2. The Visitation of Our Lady with St. Elizabeth, the mother of St. John the Baptist
3. The Nativity of Our Lord
4. The Presentation of the Christ Child in the Temple
5. The Finding of the Child Jesus in the Temple

The Sorrowful Mysteries (Tuesdays and Fridays)

1. The Agony in the Garden of Gethsemane
2. The Scourging of Jesus
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion

The Luminous Mysteries (Thursdays)

1. The Baptism of Our Lord in the River Jordan
2. The Self-Manifestation of Our Lord at the Wedding at Cana
3. The Proclamation of the Kingdom of God
4. The Transfiguration of Our Lord
5. The Last Supper, when the Eucharist was Instituted

The Glorious Mysteries (Wednesdays and Sundays)

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit at Pentecost
4. The Assumption of the Blessed Virgin Mary
5. The Coronation of the Blessed Mother

The Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit, Amen

Apostles' Creed: I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

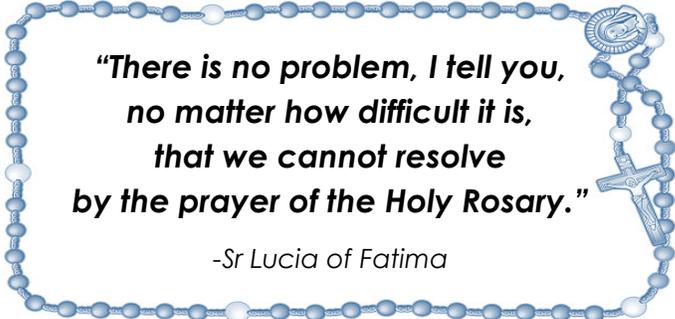
Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary, full of grace. The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be to the Father, and to the Son, and to the Holy Spirit as it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy.

Hail, Holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary, Pray for us oh holy mother of God, that we may be made worthy of the promises of Christ.



***"There is no problem, I tell you,
no matter how difficult it is,
that we cannot resolve
by the prayer of the Holy Rosary."***

-Sr Lucia of Fatima