

**Application for the Spiritual Exercises Retreat at St. Michael's Parish**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone (H) \_\_\_\_\_ (C) \_\_\_\_\_

Email \_\_\_\_\_

Parish Affiliation \_\_\_\_\_

Emergency contact information \_\_\_\_\_

Do you have any special health needs or limitations we should be aware of to make your retreat most comfortable for you? \_\_\_\_\_

Please answer the following questions to the best of your ability.

**CURRENT EXPERIENCE OF PRAYER**

Do you pray? YES \_\_\_\_\_ NO \_\_\_\_\_

Please describe the following:

- a. Type/style of prayer: \_\_\_\_\_
- b. How often do you pray? \_\_\_\_\_
- c. What do use to pray with? \_\_\_\_\_
- d. Where do you tend to pray? \_\_\_\_\_

**RELATIONSHIP WITH GOD**

- a. What names or images do you use to describe God?  
\_\_\_\_\_  
\_\_\_\_\_
- b. Do you relate most to a particular person of the Trinity?  
\_\_\_\_\_  
\_\_\_\_\_
- c. How would you describe your current relationship with God?  
\_\_\_\_\_  
\_\_\_\_\_
- d. If you could see yourself as God sees you, how would you describe yourself?  
\_\_\_\_\_  
\_\_\_\_\_

**RETREAT HISTORY**

Have you made a retreat before? If so, what was the retreat experience like for you?  
\_\_\_\_\_

Why are you interested in making this retreat at this time? \_\_\_\_\_

**19<sup>th</sup> ANNOTATION READINESS**

Why are you interested in making this retreat at this time? \_\_\_\_\_

Meditate on (Mk 10:51) Jesus encounters Bartimaeus  
Consider: Jesus turns and asks you "What do you want me to do for you?"  
What do you seek from Jesus at this time?  
\_\_\_\_\_

**REQUIREMENTS FOR THE 19<sup>TH</sup> ANNOTATION OF THE SPIRITUAL EXERCISES RETREAT**

***The Spiritual Exercises is a retreat experience which differs from a bible study.***

***As such, the following are necessary requirements for the journey to be most fruitful for you.***

- 1) *Daily prayer of 45-60 minutes per day.*
- 2) *Commitment to weekly meetings.*
- 3) *Openness to sharing your prayer experience within a small group setting.*
- 4) *Confidentiality*
- 5) *Tuition for the retreat is \$65 which includes prayer materials*

***\*\* Application form and a brief interview are required for registration into the program.***

*Upon receipt of this application you will be contacted to arrange a brief interview.*

**Please send to:**

*Jan Moran*

*c/o St Michael's Parish*

*9 Lincoln St, Exeter, NH 03833*

***Attn: Spiritual Exercises Retreat***

*If you have questions I can answer for you, please call Jan at 603- 929-2152*

**INTERVIEW**(To be filled out by the interviewer)

1. Why are you interested in making the Exercises at this time?

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2. What is the desire of your heart for this retreat? \_\_\_\_\_

***The Spiritual Exercises is a retreat experience which differs from a bible study.***

***As such, the following are necessary requirements for the journey to be most fruitful for you.***

- A. *Daily prayer of 45-60 minutes per day.*
- B. *Commitment to weekly meetings on Tuesday evenings for these 30 weeks.*
- C. *Openness to share your prayer experience within a small group setting.*
- D. *Confidentiality*

3. How do you feel about these requirements? \_\_\_\_\_

4. Based on the circumstances of your life at this time, are you available to make this commitment?      **Y   N**

5. Are you willing to set aside other forms of prayer during these 30 weeks if necessary to make the Exercises a priority?      **Y   N**

6. Do you have any special health needs or limitations we should be aware of to make your retreat most comfortable for you? \_\_\_\_\_

7. If a couple is making the retreat together, would you like to be in the same sharing group?      **Y   N**

8. We may have a small group for the men, if so, would you prefer small group sharing with other men? **Y   N**