

ST. JOSEPH'S EUCCHARISTIC ADORATION NEWSLETTER



Eucharistic Adoration Committee

July 2019

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July 2019, Issue 1

A RECENT SUCCESS

The Month of July 2019 is a significant date in the History of Eucharistic Adoration at St. Joseph's Catholic Church in Mandarin. While Eucharistic Adoration has been on-going at St. Joseph's for many years, the Month of July marked the beginning of the 4th Year of Nocturnal Eucharistic Adoration on the Second Thursday of every month. Thank you.



The Month of July is dedicated to The Precious Blood of Jesus.

ST. JOSEPH'S EUCHARISTIC ADORATION NEWSLETTER, OUR FIRST...

Hello Dear Eucharistic Adorers,

It is with great pleasure that the Eucharistic Adoration Committee at St. Joseph's Catholic Church brings you what we hope will be a Monthly Newsletter to help all parishioners and surrounding communities get the most from the availability of Eucharistic Adoration, the schedule of activities, various personal reflections on spirituality, historical perspectives of Eucharistic Adoration and lots more.

We are very open to your suggestions and contributions to this Eucharistic Adoration Newsletter... Please be patient with us as we move forward with our newsletter for you. We are learning and growing together and feel that this very basic newsletter will enhance your knowledge of a variety of things concerning Eucharistic Adoration in general, and specifics to St' Joseph's Eucharistic Adoration.

MONTHLY THEME

Our Monthly Eucharistic Adoration Newsletter will focus on a Monthly Theme which will follow the Catholic Liturgical Calendar. Each month the newsletter will bring some information which should help everyone focus on the monthly theme... We are a bit late in this first issue and promise to be more on time in the future. We had hoped to distribute the first Eucharistic Adoration Newsletter early on in July, but were not able to meet our self-imposed milestone

The Monthly Theme for July is The Precious Blood of Jesus. The main feasts for the Month of July are:

St. Junipero Serra (July 1), **St. Thomas the Apostle** (July 3), **St. Anthony Mary and St. Elizabeth of Portugal** (July 5), **St. Maria Goretti**, (July 6), **St. Augustine Zhao Rong** (July 9), **St. Benedict** (July 11), **St. Henry** (July 13), **St. Bonaventure** (July 15), **Our Lady of Mt. Carmel** (July 16), **St. Camillus**(July 18), **St. Apollinaris** (July 20), **St. Mary Magdalene** (July 22), **St. Bridget** (July 23), **St. Sharbel** (July 24), **St. James** (July 25), **Sts. Joachim and Anne** (July 26), **St. Peter Chrysologus** (July 30), **St. Ignatius of Loyola** (July 31). This information was obtained from Catholic Culture.org.

"The Eucharist, in the Mass and outside of the Mass, is the Body and Blood of Jesus Christ, and is therefore deserving of the worship that is given to the living God, and to Him alone" (St Pope John Paul II, Opening address in Ireland, Phoenix Park, September 29, 1979).

A BIT OF EUCHARISTIC ADORATION HISTORY

APOSTOLIC TIMES TO THE EARLY MIDDLE AGES

The passages were taken from "The History of Eucharistic Adoration Development of Doctrine in the Catholic Church" by John Hardon, S.J.

- Belief in the real, physical presence of Christ in the Eucharist grew out of the teaching of the evangelists and St. Paul. They made it plain to the apostolic Church that the Eucharistic elements were literally Jesus Christ continuing His saving mission among men.
- Paul's letter to the Corinthians rebuked them for making the Agape, which should have been a beautiful sign of unity, into an occasion of discord. He reminded them that the Eucharist is no ordinary food. It is actually the Body and Blood of Christ according to "the tradition which I handed on to you that came to me from the Lord Himself" (I Corinthians II: 23-26).
- At the turn of the first century, Ignatius of Antioch, on his way to martyrdom in Rome, had to warn the Christians not to be taken in by the Gnostics--a good modern term would be "visionaries," who denied the Real Presence. Ignatius said these people abstained from the Eucharist because they did not accept what true Christians believe, that in the Eucharist is the same Jesus Christ Who lived and died and rose from the dead for our salvation.
- Under the impact of this faith, the early hermits reserved the Eucharist in their cells. From at least the middle of the third century, it was very general for the solitaries in the East, especially in Palestine and Egypt, to preserve the consecrated elements in the caves or hermitages where they lived. The immediate purpose of this reservation was to enable the hermits to give themselves Holy Communion. But these hermits were too conscious of what the Real Presence was not to treat it with great reverence and not to think of it as serving a sacred purpose by just being nearby. Not only did they have the Sacrament with them in their cells, but they carried it on their persons when they moved from one place to another. This practice was sanctioned by the custom of the fermentum, that certainly goes back to as early as 120 A.D. The rite of fermentum was a particle of the Eucharistic bread (sometimes dipped in the chalice) transported from the bishop of one diocese to the bishop of another diocese. The latter would then consume the species at his next solemn Mass as a token of unity between the churches. It was called a fermentum not necessarily because leavened bread was used but because the Eucharist symbolized the leaven of unity which permeates and transforms Christians, so that they become one with Christ.
- Already in the second century, popes sent the Eucharist to other bishops as a pledge of unity of faith; and, on occasion, bishops would do the same for their priests. As monasticism changed from solitary to community life, the monks received something of the same privilege of carrying the Eucharist with them. They would have it on their persons when working in the fields or going on a voyage. The species was either placed in a small receptacle (chrismal) worn bandoleer-fashion, or in a little bag (perula) hung around the neck under their clothes. Irish and British manuscripts make frequent mention of the practice. It was not only to have the hosts ready for Communion but also to insure safety against robbers and protection against the hazards of travel.

PERSONAL REFLECTIONS

It has been the experience of many Eucharistic Adorers who have shared their personal experiences that before, during and after Eucharistic Adoration there is a transformation. The transformation takes place even before attending a Holy Hour where the Blessed Sacrament is exposed for Adoration. If one reflects on this transformation, it is reasonable to think about the preparation which takes place prior to arriving at the chapel. The transformation can be something as small as making sure one has the presence of mind to remember the appropriate attire recommended to be in the Real Presence of Our Lord in The Blessed Sacrament.

The transformation can also be in remembering to bring that special prayer book, rosary or holy card... all these small gestures and items, work together to transform our thinking and our preparation to adore and praise Our Lord in the Blessed Sacrament.

The transformation during Eucharistic Adoration is a very personal and intimate relationship with Our Lord. It is a time of complete transformation which acknowledges the mercy Our Lord has for us, the unconditional love we experience during Eucharistic Adoration and the cleansing of our worries and the hope for a better tomorrow. During Eucharistic Adoration, many people have found a rhythm of how to pray, meditate and in other words adore Our Lord. While there is really no requirement for any prayer format, a very easy formula which has given many a method to pray is to follow the formula of Adoration, Reparation, Thanksgiving and Supplication. This form of Eucharistic Adoration, has helped many Eucharistic Adorers focus and thus feel more productive in their prayer time.

After leaving, Eucharistic Adoration, many adorers have shared that there is a sense of well-being and peace. This transformation of well-being and peace has made a difference for many in how they tackle the daily challenges of work and home life. The transformation of one's attitude toward life both at work and at home can be much easier when one knows that the Lord is with us. And that we can go back to Him in the Real Presence again, again and again.

SCHEDULES AND MORE

Eucharistic Adoration at St. Joseph's is held at the Cody Enrichment Center, located at:

4152 Loretto Rd, next to the Historic Church.

The current schedule for Eucharistic Adoration at St. Joseph's can be found at:

<https://stjosephsjax.org/eucharistic-adoration>

REGULAR ADORATION HOURS

ADORATION TIMES (Adoration is SILENT with the exceptions shown below under Vocal Prayers.)

Monday: 9:00 a.m. to 10:00 p.m.

Tuesday: 9:00 a.m. to 10:00 p.m.

Wednesday: 9:00 a.m. to 10:00 p.m.

Thursday: 9:00 a.m. to 10:00 p.m.

Second Thursday: 10 p.m. to 9 a.m. (Friday)

Friday: 9:00 a.m. to 10:00 p.m.

First Friday/Saturday: 9:00 a.m. (Friday) with 7:00 p.m. Mass in Historic Church while Adoration continues in Chapel until 7:45 a.m. (Saturday); followed by 8 a.m. Mass in Historic Church

ADORATION TIMES (Vocal Prayers)

Daily: Rosary - 8:30 a.m. - 9:00 a.m.

Daily: Divine Mercy Chaplet – 3:00 p.m.

Monday: Vespers 7:30 p.m. - 8:00 p.m.

Tuesday: People of Praise - 7:00 p.m.-8:30 p.m.

Thursday: Children's Holy Hour - 1:00 – 2:00 p.m.

Thursday: Shepherds of Christ: 7:00-8:15pm (beginning June 6)

Second Thursday: Knights of Columbus - 6:30 p.m. - 7:00 p.m. (rosary)

First Friday: Holy Hour of Reparation (Entire Red Book) - 5:00 - 6:00 pm (in chapel prior to the 7:00 p.m. Mass in the historic church)

First Friday: Alliance of the Two Hearts - 9 p.m. - 2 a.m.

Last Friday: Adoration for Vocations: 7-8 p.m. (in chapel); March 22 (one week early due to Eucharistic Congress)

Please e-mail me (adoration@stjosephsjax.org) if you have any concerns or questions about online sign-up.

God's peace and love,

St. Joseph's Eucharistic Adoration Ministry
Angela Fisher (Scheduler)

TEAM CAPTAINS

St. Joseph's Catholic Church: Eucharistic Adoration

Day/Evening Captains

Day	Name	Phone No.	Email
Monday – day (9am – 6pm)	Bernadette & John Hashtak	904-268-2686	jbhashtak@bellsouth.net
Monday – night (6pm – 10pm)	David Britt Linda Salvatore	904-268-9978 904-524-9329	Dwbritt@comcast.net linda@salvatorefamily.com
Tuesdays -- day (9am-6pm)	Susana Suarez Lisa Pohlgeers	904-629-2693 904-994-8226	susanassuarez@gmail.com lpohlgeers@aol.com
Tuesday – night (6-10pm)	Matt Reese	904-333-8018	Reeseroof@aol.com
Wednesday – day (9am-6pm)	Susan Rezsonya	904-268-7741	Srezsonya@bellsouth.net
Wednesday – night (6 – 10pm)	Margi MacLean	773-504-2750	margimaclean@hotmail.com
Thursday -- day (9am-6pm)	(open, need volunteer)	(open)	(open)
Thursday –night (6-10pm)	Matt Reese	904-333-8018	Reeseroof@aol.com
Friday – day (9am-6pm)	Janet LaFrance	904-880-1422 904-910-5739	jjlafrance@comcast.net
Friday -- night (6-10pm)	Angela Fisher (6-10pm) 1/2019	904-600-6369	angelafisher365@gmail.com
First Friday/Saturday Second Thursday/Friday & Subs	Rod Cruz	904-477-3114	drrodacruz@yahoo.com

QUESTIONS AND ANSWERS

This section of the Newsletter will be dedicated to the Questions we received from Adorers and our answers.

If you have a question specifically related to Eucharistic Adoration at St. Joseph's, our schedule or our current procedures, please do not hesitate to pose those questions. You may send your questions to drrodacruz@yahoo.com.

We will do everything we can to provide you an answer, and we will post the Q & A in this section the following month.

Thank you, Rod Cruz