

## Saint Teresa of Calcutta/Mother Teresa



“We think sometimes that poverty is only being hungry, naked and homeless. The poverty of being unwanted, unloved and uncared for is the greatest poverty. We must start in our own homes to remedy this kind of poverty.”

The CWL members have been busy again this year. Here is what we have been up to:



- Baby Bottle Drive for the Miriam Centre
- Collected items for A New Day Centre for victims of human trafficking
- Collected winter clothing for the children at St Michael's School
- Organized an All Soul's Day mass
- Assisted with Bingo at the Cumberland Lodge
- Hosted a World Day of Prayer
- Signed the White Ribbon Against Pornography
- Held Christmas and Spring Bake and Craft Sales
- Recited the Rosary in May & led Stations of the Cross during Lent
- Provided religious items for children doing sacraments
- Made Baptismal stoles
- Hosted social Sundays
- Supported a mission in Northern Alberta

## J'ai tout remis entre tes mains (anonyme)

J'ai tout remis entre tes mains :  
Ce qui m'accable et ce qui me peine,  
Ce qui m'angoisse et ce qui me gêne,  
Et le souci du lendemain.  
J'ai tout remis entre tes mains.

J'ai tout remis entre tes mains :  
Le lourd fardeau traîné naguère,  
Ce que je pleure, ce que j'espère,  
Et le pourquoi de mon destin.  
J'ai tout remis entre tes mains.

J'ai tout remis entre tes mains :  
Que ce soit la joie, la tristesse,  
La pauvreté ou la richesse,  
Et tout ce que jusqu'ici j'ai craint.  
J'ai tout remis entre tes mains.

J'ai tout remis entre tes mains :  
Que ce soit la mort ou la vie,  
La santé, la maladie,  
Le commencement ou la fin.  
Car tout est bien entre tes mains.  
Bien que dans l'épreuve, aujourd'hui, je crois.

Amen



Saint Joseph, apprends-moi à vivre les événements quotidiens avec calme et confiance



## Catholic Women's League St Faustina, Cumberland



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### Loneliness

Loneliness, there is a lot of research around it worldwide. What is it? Who does it affect?

It is important to understand the effects of social isolation and loneliness, but it is more important for all of us to do something about it. As Christians we are called to serve others, the poor, the widows, the orphans, but also the lonely.

As humans we were made to be in community. The Bible tells us in its early pages that social isolation and loneliness are not good. Genesis 2:18 says “It is not good for the man to be alone. I will make a helper suitable for him.”

Let us ask God to open our eyes to see the lonely in our surroundings. May we reach out to them and provide comfort. For resources on how to identify people at risk and to build in protective factors against loneliness check out <https://rise-cisa.ca/about/social-isolation-and-loneliness/>

If you are lonely, reach out to others around you, we are here for you.

Barbara d'Entremont, St Faustina CWL, President.



The CWL would like to thank all parishioners who helped us in our ministry to clothe the children of St Michael's Catholic School in Ottawa. Thanks to your generous donations, many children were warm this winter.



**All Bakers and Crafters Prepare!**  
**Craft and Bake Sale Coming this Spring/Summer**  
**Date to be Determined**



### From Our Spiritual Advisor

Deacon Tom Donohue

Loneliness is one of the most debilitating occurrences in life.

It is one of the few experiences we can have amongst a crowd of people and in the isolation of our home. Colleen Perry, the Ontario provincial CWL President, has asked that we place an emphasis on loneliness. We live in a society who believe we are better connected than ever before and yet who feels loneliness at a level unheard of in history.

Our children are lonely for parents and our parents are lonely for one another. We have people placed in seniors' homes and forgotten. We have people that we were connected to in the past, but we have lost that connection and we struggle digging up the drive to re-connect.

One of the most disturbing groups facing loneliness are the millennials. 16-24-year old's feel lonely more often and more deeply than any other age group, a new survey reveals. The world's largest survey on loneliness, the BBC Loneliness Experiment, heard how 55,000 people aged 16-99 think and feel about loneliness.

Loneliness does negatively impact our physical and mental health. It is symptomatic of a society caught up in technology and isolated by that same technology. Where families used to eat together many now, even if they are in the same room, barely communicate. Where people used to engage in friendships and connect person to person, we now use social media to lose ourselves into the world. We have lost the art of true discussion and the understanding that we need to reach out and listen to one another and demonstrate a caring that cannot be emulated on an iPad or smartphone.

This is an issue that we all own. We all know of others who are lonely and perhaps it is time we reached out. We need to re-engage with our youth so that they can feel needed and wanted and important. Our society is getting lost in addictions, fear and anger. Perhaps it is why we are losing so many as they resort to suicide.

We need to re-connect with those whom we have lost over time. We need to watch for those who are lost in our midst and we need to engage our youth through social activities and faith. We can all make a difference in someone's life. The time to start is now.



### Happy 100th Birthday CWL Canada

From August 9th to 12, 2020 women from all over Canada will gather in Montreal, Quebec to celebrate the 100th Anniversary of the Catholic Women's League of Canada. And what an amazing 100 years it has been. We are not talking about a few women gathering and just baking cookies. This national sisterhood of Catholic women promotes awareness of and responds to social and political issues that not only affect women but all Canadians. These women were among the first to lobby for many issues. For example, their first resolution in 1954 warned about concerns around what the media was producing in movies, radio and television programming for individuals and families. Since then the CWL Canada has introduced 90 resolutions from a wide variety of topics. Some other examples of resolutions are: spousal abuse (1984), strategies on child care (1989), environmental concerns (1990), genetically engineered foods (1997), bone marrow registration (1999), quality end of life care (2001), treatment of autistic persons (2004), early access to mental health for children and youth (2015), and many more.

Here are the League objectives according to the National CWL site;

- ◆ to achieve individual and collective spiritual development
- ◆ to promote the teachings of the Catholic church
- ◆ to exemplify the Christian ideal in home and family life
- ◆ to protect the sanctity of life
- ◆ to enhance the role of women in church and society
- ◆ to recognize the human dignity of all people everywhere
- ◆ to uphold and defend Christian education and values in the modern world to contribute to the understanding and growth of religious freedom, social justice, peace and harmony



If you are interested in being part of this amazing organization, come join us the first Tuesday of the month in the church hall at 7pm. Check the calendar of events on the last page for future meeting and events.



Did you know that Saint Rita of Cascia is the Patron Saint of Loneliness. Her feast day is celebrated on May 22nd.

