

STUDENTS AGAINST HUNGER FOOD DRIVE

One in six Oklahomans struggles with hunger every day. **We need your help to raise food and fund donations from October 23rd to November 3** as part of the Students Against Hunger Food and Fund Drive. Overall, the goal of the Students Against Hunger Food and Fund Drive is to raise enough food and funds to provide over 450,000 meals for hungry Oklahomans. Together, we can solve hunger. To make a food donation, bring in-date canned food donations to YOUR CLASSROOM.

Most needed items include: canned meat, canned vegetables, canned fruit, peanut butter, and beans and rice.

A school pantry coordinator recently shared this story with the Regional Food Bank:

“We had a student who was very stressed about having to be a breadwinner for the family. She worked a lot of hours while trying to study for semester exams. Because our school pantry being able to provide food to her, she was able to cut back her hours at work some and that, in turn, had more time to study time for classes. This 16 year old was almost in tears when she was offered help for her large family.”

Facts about hunger in Oklahoma:

- Over 650,000 Oklahomans risk hunger daily.
- 1 in 4 children in Oklahoma will go to bed hungry tonight.
- Currently, the Regional Food Bank is distributing enough food to feed more than 116,000 people each week – 37% of which are children.
- The majority of those served by the Regional Food Bank are struggling seniors, chronically hungry children and hardworking families.
- The Regional Food Bank partners with over 1,200 charitable feeding programs and schools in 53 central and western Oklahoma counties.
- Last year, we distributed more than 52 million pounds of food - enough for more than 43 million meals.

To learn more about the Regional Food Bank: •Watch video about hunger: [youtube.com/regionalfoodbank](https://www.youtube.com/regionalfoodbank) •Follow the Regional Food Bank on Facebook (@regionalfoodbank) and Twitter (@RFBO) •Visit our website: <http://www.regionalfoodbank.org>