Protocols for 2020-2021 School Year

August 27, 2020
COVID-19 Symptoms

In evaluating whether an individual has symptoms consistent with COVID-19, consider the following question:

*Any of the following symptoms indicate a possible COVID-19 infection:*

- Temperature of 100.4 degrees Fahrenheit or higher;
- Sore throat;
- New uncontrolled cough that causes difficulty breathing (or, for students with a chronic allergic/asthmatic cough, a change in their cough from baseline);
- Diarrhea, vomiting, or abdominal pain; or
- New onset of severe headache, especially with a fever.
CONFIRMED OR SUSPECTED COVID-19

Test-confirmed COVID-19

May return to school when ALL THREE of the following criteria are met:

- At least three days (72 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications);

  AND

- The individual has improvement in symptoms (e.g., cough, shortness of breath);

  AND

- At least ten days have passed since symptoms first appeared.

Experiences the symptoms of COVID-19

ANY INDIVIDUAL (teachers, staff, students, volunteers or other campus visitors)
CLOSE CONTACT

This document refers to “close contact” with an individual who is test-confirmed to have COVID-19. The definition of close contact is evolving with our understanding of COVID-19, and individual scenarios should be determined by an appropriate public health agency. In general, close contact is defined as:

a. being directly exposed to infectious secretions (e.g., being coughed on); or b. being within 6 feet for a largely uninterrupted or sustained extended contact period throughout the course of a day of approximately 15 minutes; however, additional factors like case/contact masking (i.e., both the infectious individual and the potential close contact have been consistently and properly masked), ventilation, presence of dividers, and case symptomology may affect this determination.

Either (a) or (b) defines close contact if it occurred during the infectious period of the case, defined as two days prior to symptom onset to 10 days after symptom onset. In the case of asymptomatic individuals who are test-confirmed with COVID-19, the infectious period is defined as two days prior to the confirming test and continuing for 10 days following the confirming test.

ANY INDIVIDUAL (teachers, staff, students, volunteers or other campus visitors)

Who have had close contact with someone who is test-confirmed to have COVID-19 (direct exposure OR being 6 feet for 15+ minutes in the time the infected individual was infectious)

MUST stay at home through the 14-day incubation period, beginning 2 days prior to symptoms OR for asymptomatic 2 days prior to positive test)

Catholic schools should screen individuals after the incubation period has concluded, and if the individual did not experience COVID-19 symptoms during that period, the individual can be allowed back on campus. If the individual experienced symptoms, they must stay at home until the conditions outlined have been met.

If individual displayed symptoms of COVID-19 during the incubation period, they may return to school when all three of the following criteria are met:

- At least three days (72 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications)
- The individual has improvement in symptoms (e.g., cough, shortness of breath); and
- At least ten days have passed since symptoms first appeared.
PREVENT: *Individuals Confirmed, Suspected, or Exposed to COVID-19*

If the individual has symptoms that could be COVID-19 and wants to return to school *before completing the stay at home period* on the previous page, the individual must either:

(a) obtain a medical doctor – licensed in the state of Texas, note clearing the individual for return based on an alternative diagnosis

**OR**

(b) receive two separate confirmations at least 24 hours apart that they are free of COVID-19 via acute infection tests at an approved COVID-19 testing location found at [https://tdem.texas.gov/covid-19/](https://tdem.texas.gov/covid-19/).
Student shows symptoms of COVID-19

IMMEDIATELY Isolate student until the student can be picked up by a parent or a guardian

IMMEDIATELY notify Superintendent (Symptomatic Google Form)

IMMEDIATELY remove classmates from the affected classroom so the classroom can be properly disinfected

Clean the areas used by the individual who shows COVID-19 symptoms ASAP
**RESPOND: Practices to Respond to a Test-Confirmed Case in the School**

**Individual presents symptoms and is tested**

**COVID POSITIVE**

**Notify the Archdiocese**

*Test Confirmed Google Form*

The Archdiocese will notify Metro Health regarding the positive case

**COVID NEGATIVE**

**Once individual receives two separate negative confirmations**

**OR**

A doctor’s note indicating alternate diagnosis, they can return to on campus school

**Schools must close off areas that are heavily used by the individual**

Until the non-porous surfaces in those areas can be disinfected, unless more than 3 days have already passed since that person was on campus

**Schools must notify all teachers, staff, and families of all students**

Consistent with Archdiocesan & school notification requirements for other communicable diseases, & consistent with legal confidentiality requirements.