

August 5, 2020

Good morning St Ann families!

At this time, I have received less than 10 health forms for St. Ann students.

It will still be required to submit a copy of your child's immunizations, a physician's health form, and family emergency contact to the nurse before the start of school. If your child will be attending school all on-line, we would also ask you please get us this information before the start of school to have in their school health record. **Students entering Kindergarten, and 8th graders are the main grades in need of required immunizations before the start of school.** Please provide a physician's note if your child has a medical exemption for a vaccine or a signed note from a parent for EACH CHILD that has a religious exemption for me to keep in their charts. You can email a copy to the nurse, or send them to the school.

If you need these forms you can find them at this link:

<https://school.stannpv.org/health-office>

-I will be in communications with all of you regarding a time for medication drop off before the start of school.

-Please take into consideration possible exposure if you have plans to travel anywhere 14 days before the start of school.

- If a child is sent home with questioned Covid-19 symptoms it is the expectation for that child to be picked up within 30 minutes. We'd ask you to have a plan in place for your family should your child need to be isolated at home for an extended duration.

MASKS - Please have your child wear it when arriving at school for their temperature check. I'd encourage you to send at least 2 extras along with them for the day, and perhaps more if using paper masks. Please have your child's full name on the mask.

At this time all students and staff will be required to wear a face mask in the school and when social distancing can not take place. A clear face shield that goes over the eyes only will **not** be considered an appropriate face mask covering.

I'd encourage you have your child start wearing their face mask while at home during the day to get them used to it. I'm having my children wear it while doing screen time which is helping limit screen time and helping to distract them while getting used to their mask.

I understand some children will have some sensitivities/sensory issues with a face mask. Please try some different face makes for your children. You may consider "mask training" where they get used to wearing it more and more each day while at home. I will provide some links for different masks.

If you have any questions please email me at cook@stannpv.org or call at 913-660-1106.

Have a blessed rest of your summer break! Nurse Stephanie and Taylor

Fabric Masks can be found at:

St Ann

Target

Old Navy

Gap

Etsy

Zulily

* A mask extender may help relieve pressure on your child's ears by helping hold elastic in place.

https://www.amazon.com/Pieces-Adjustable-Extension-Buckle-Extending/dp/B08798375W/ref=sr_1_16?crd=261HLLXSMACU2&dchild=1&keywords=kids+extenders+for+face+mask&qid=1596634904&s=beauty&sprefix=kids+extender%2Cbeauty%2C167&sr=1-16

Paper Masks:

https://www.amazon.com/Disposable-3-Layer-Breathable-Non-woven-Earloops/dp/B08BWKXDH2/ref=sr_1_1?crd=39AQ8NIEJYIIH&dchild=1&keywords=children%27s+face+masks+disposable&qid=1596634100&sprefix=children%27s+face+masks%2Caps%2C2132&sr=8-1

eBay

Neck gaiter

https://www.amazon.com/Adjustable-Drawstring-Balaclava-protection-Outdoors/dp/B08DHDXBFP/ref=asc_df_B08DHZVXKK/?tag=bingshoppinga-20&linkCode=df0&hvadid=&hvpos=&hvnetw=o&hvrnd=&hvpone=&hvptwo=&hvqmt=e&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=&hvtargid=pla-4583451672160874&th=1

How to clean and dry a face mask:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-to-wash-cloth-face-coverings.html>



Thanks to the Gatz family for this great idea on modifying a headband to help sore ears!