

Catholic Diocese of Wichita Religion Curriculum Guide

5th GRADE



Revised: 2013

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Scope and Sequence

Below is a list of the terms and their definitions that will help you plan lessons to meet the expectations of each new skill (per grade) in the Scope and Sequence.

“I”-Introduce: To “introduce” a skill a teacher must present material in a manner so that a student becomes acquainted with basic knowledge and principles necessary to enhance these building blocks for later application as understanding increases.

“D”-Develop: To “develop” a skill a teacher must have already introduced the material and now directs a stronger focus of the material as understanding increases. A teacher must build upon the basic knowledge, leading each student toward mastery of the particular skill.

“M”-Master: To “master” a skill a teacher must have introduced and developed a particular skill so a student can demonstrate proven ability and control at the application and impact levels. This control should include recall, but not only be limited to this basic level of learning.

“R”-Reinforce: To “reinforce” a skill a teacher must know that mastery has occurred. A teacher must build upon this mastery level of knowledge to improve application and impact abilities. Additional support and material that increases ability are at the core of reinforcement.

Organization

This grade level document draws just the relevant information from the entire K-8 religion curriculum guide. As a result, there will be places where the numbering and lettering seem out of order. For a complete understanding, please refer to the complete guide

CREED: DOCTRINE OF FAITH

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	D	I	R/M
Benchmark 1: The learner will define the Trinity .	D		
1) Identify God as three Divine Persons (Father, Son, and Holy Spirit) in one Being.			R
2) Attributes of the Trinity	D		
a) Sustainer of everything in existence (CCC 301)	D		
b) Author of Divine Revelation	D		
3) Source of Salvation as offered by the Father, through the sacrifice of the Son, and the guidance of the Holy Spirit in the sacraments	D		
Benchmark 2: The learner will explain the core beliefs held by Catholics as identified in the Articles of Faith.	D		
1) Doctrine/ Dogma : revealed teachings of Christ, proclaimed by the Church, CCC 88	D		
2) God sent His Son to save us			R
3) "I believe in God the Father Almighty, Creator of heaven and earth	D		
a) God as Creator-Genesis, CCC 279-280; Creation by the Trinity, CCC 291			M
b) God as Father of all the baptized			M
c) Created Man "in the Image of God," CCC 355			M
d) Created Man with a body and soul, CCC 362			M
e) Creation "out of nothing," CCC 296			M
f) Inherent truth-creation is good, CCC 299			M
4) "and in Jesus Christ, His only Son, our Lord"	D		
a) Jesus is the Son of God (fully divine, consubstantial with the Father and the Spirit)	D		
b) Jesus is also fully human	D		
c) Titles of Jesus	D		
i) Christ-"Messiah" in Hebrew-means anointed			M
ii) Name of Jesus "God Saves" in Hebrew			M
iii) Emmanuel: God is with us			M
iv) Kyrios -Lord			M
v) Word-made-flesh	D		
vi) Alpha and Omega	D		
5) "who was conceived by the Power of the Holy Spirit," CCC 484-486(Incarnation) [Nicene: and by the Holy Spirit was incarnate of the Virgin Mary]	D		
a) Definition: "into the flesh" God became Man, CCC 461-463			M
b) Why did the Word become flesh?, CCC 457-460	D		
i) To save us	D		
ii) To know God's love	D		
iii) To be our model of holiness	D		
6) "Born of the Virgin Mary," CCC 488			R
a) Immaculate Conception		I	
b) Mary's obedient response (As in the Angelus), CCC 494		I	
c) Mary as Mother of God (Theotokos), CCC 495		I	
d) Assumption		I	

CREED: DOCTRINE OF FAITH

	D	I	R/M
7) "suffered Under Pontius Pilate, was Crucified, Died, and was Buried"	D		
a) Stress Jesus' obedience to the will of the Father	D		
b) Responsibility for Jesus' Death	D		
i) Humanity, CCC 598	D		
c) Look to the Stations of the Cross		I	
d) Examine the Passion sequences in the Bible		I	
8) "He descended into hell; on the third day he rose again from the dead."		I	
a) Resurrection of body and soul		I	
b) Jesus rose of his own power, CCC 649		I	
c) Jesus descending to the dead brings the Gospel message "to all people of all times and all places," CCC 634		I	
9) "He ascended into heaven and is seated at the right hand of God the Father Almighty" CCC659-664		I	
a) Ascension		I	
b) Only Christ can open heaven, CCC 661		I	
c) Since Jesus is one with the Father, it is only natural for him to return		I	
10) "from there he will come again to judge the living and the dead," CCC 678	D		
11) "I believe in the Holy Spirit"			R
a) Role of the Holy Spirit in the Church			R
i) Sent by Jesus to his disciples to guide them and the Church			R
ii) Jesus tells us to pray to the Spirit, who will sustain and guide us until the Second Coming			R
b) Names of the Holy Spirit			M
i) Paraclete : Consoler and Advocate			M
ii) Spirit of Truth			M
c) Symbols of the Holy Spirit, CCC 694-701: see Appendix B			M
d) List the Seven Gifts of the Holy Spirit : see Appendix B; Jn 14:26, 1 Cor 2:11. These are <i>gifts</i> from the Spirit to sustain us.			M
e) List the Fruits of the Holy Spirit : see Appendix B. These are how we live out the gifts of the Holy Spirit through our words and actions.		I	
12) "... the Holy Catholic Church"		I	
a) Symbols of the Church: see Appendix B		I	
13) "...Communion of Saints..."			R
a) Saints in Heaven (including all souls in Heaven)			R
b) Souls in Purgatory			R
c) Faithful on Earth			R
14) "...the Forgiveness of Sins"		I	
a) One baptism for the forgiveness of sins, CCC 978		I	
b) Power of the Keys (tie in to the sacrament of Reconciliation) (John 20:19-23)		I	
15) "...the resurrection of the Body..."	D		
16) "...and the life everlasting."	D		
a) Heaven -perfect life with the Trinity			R
i) If we follow Jesus faithfully, heaven will be our final reward			R

CREED: DOCTRINE OF FAITH

	D	I	R/M
b) Purgatory -final purification, CCC 1031			R
c) Hell -separated from God forever by our own free choice, CCC1033, 1035			R
17) Compare and contrast the Apostles' Creed and Nicene Creed		I	
Benchmark 3: Define and Apply the Four Marks of the Church CCC 810, 870	D		
1) Be able to list the four marks.			R
2) One -just as the Trinity is one, so is the Church united by the Spirit (Eph 4:3-6, Jn 17:17-23, 1 Cor 12:13)	D		
a) Three causes of unity CCC 813	D		
i) One Source: the Trinity	D		
ii) One Founder: Jesus	D		
iii) One Soul: Holy Spirit	D		
b) Church as the Body of Christ	D		
i) Christ is the head	D		
ii) Every baptized person is a member and called to holiness	D		
iii) The Holy Spirit is the guide.	D		
c) We must pray for Christian unity	D		
2) Holy -separated from the world and called to goodness	D		
a) Called to be holy through our baptism	D		
b) Sustained in holiness through: the Sacraments, Scripture, Tradition, Magisterium, Assembly, Prayer	D		
3) Catholic -universal, everyone is invited (Rom12:4-5)	D		
a) We can practice our faith in the Mass anywhere in the world, despite differences of language or culture, because the fundamentals of our Faith and Tradition do not change	D		
4) Apostolic -handing on of apostolic preaching and authority from the apostles to their successors, the bishops, (Mt 16:18, Jn 20-21, Eph 4:11, 1 Tim 3:1,8, 1 Tim 5:17, Tit 1:5), CCC 882-886, 890, 897, 901, 916, 927	D		
a) We are called to participate in the mission of the apostles-students can participate through prayer, sacrifice, and almsgiving	D		
b) Examine the hierarchy of the Church	D		
i) The pope is the leader of the Catholic Church throughout the world			R
ii) Name the current pope			R
c) Examine diocese	D		
i) What a bishop does and how he leads and shepherds the diocese			M
ii) Wichita - Name the Current Bishop of Wichita	D		
iii) Kansas City as archdiocese	D		
iv) Dodge City, Salina as sister dioceses	D		
v) Priest is the leader of the Church in the Parish			R
d) Discover how popes are elected (conclave of Cardinals under 80, voting process, black/white smoke, papal name selection)	D		

LITURGY & SACRAMENTS

LITURGY & SACRAMENTS

	D	I	R/M
Benchmark 1: The learner will be familiar with the Catholic view of grace. CCC 1987-2029	D		
1) Definition of grace			R
a) God's life within us			R
b) The free and undeserved gift that God gives us to grow in holiness and become more like Him			R
2) Sources of grace	D		
a) Sacraments			R
b) Christ's suffering, death, and resurrection	D		
c) Life of the Trinity	D		
3) Importance of grace: cannot reach heaven without it			R
4) Types of grace	D		
a) Sanctifying grace - habitual grace			M
b) Actual/helping graces (every good act, thought, word proceeds from grace)			M
Benchmark 2: The learner will define liturgy.	D		
1) Definition of liturgy : participation of the people of God in the work of God			M
2) Characteristics of liturgy		I	
a) Liturgy is a feast, a celebration of the Paschal Mystery		I	
b) Liturgy includes a proclamation of the Gospel (primary means of Evangelization)			M
3) Purpose of liturgy: CCC 1066		I	
a) To glorify God		I	
b) To instruct the faithful in the faith		I	
c) To unite and sanctify the faithful		I	
Benchmark 3: The learner will identify the seven sacraments and their elements. CCC 1113-1134 (see Appendix C for chart and biblical references)	D		
1) Students will identify the seven sacraments			R
2) Sacrament	D		
a) Definition: An outward sign instituted by Christ to give grace			R
b) Categories of sacraments			M
i) Sacraments of Initiation (begin the life of grace in the soul) (Baptism, Confirmation, Eucharist)			M
ii) Sacraments of Vocation (Holy Orders and Matrimony)			M
iii) Sacraments of Healing (Reconciliation and Anointing of the Sick)			M
c) Why sacraments? Christ makes moral demands on us we cannot meet without help	D		
d) When instituted? During Christ's visible stay on earth	D		
3) Baptism CCC 1213-1284	D		
a) Definition			R
i) Sacrament that makes us members of God's family			R

LITURGY & SACRAMENTS

	D	I	R/M
ii) Sacrament which removes original sin, makes us Christians, children of God and heirs of heaven			R
b) Essential Action			M
i) Matter: triple pouring of/immersion in water			M
ii) Form: "N., I baptize you in the name of the Father and of the Son and of the Holy Spirit."			M
c) Minister			M
i) Ordinary: deacon, priest, or bishop			M
ii) Extraordinary: anyone (including atheists) with intent to perform the sacrament		I	
d) Disposition (qualifications) necessary to receive: none		I	
4) Confirmation CCC 1285-1321	D		
a) Definition: sacrament through which we receive the Holy Spirit to make us strong and perfect Christians and soldiers of Jesus Christ			R
b) Essential Action			M
i) Matter: laying on of hands and anointing with chrism			M
ii) Form: "N., be sealed with the gift of the Holy Spirit"			M
c) Minister			M
i) Ordinary: bishop (or priest in context of RCIA)			M
ii) Extraordinary: priest commissioned by bishop		I	
d) Disposition necessary to receive: baptized person in the state of grace; requires preparation and a sponsor		I	
5) Eucharist CCC 1322-1419	D		
a) Definition: Sacrament which contains the body and blood, soul and divinity of our Lord Jesus Christ under the appearance of bread and wine			R
b) Essential Action (essential rite)			R
i) Matter: wheat bread and grape wine			R
ii) Form: the Eucharistic prayer, specifically: "This is my Body" and "This is my Blood."			R
c) Disposition necessary to receive: baptized person in a state of grace; one hour of fast; proper preparation			M
d) Eucharist derives from a Greek word meaning "thanksgiving"			R
e) Minister			M
i) Consecration			M
(1) Ordinary: bishop or priest			M
(2) Extraordinary: none		I	
ii) Communion			M
(1) Ordinary: bishop, priest, or deacon			M
(2) Extraordinary: properly trained and commissioned men and women		I	
f) Source and Summit of the Church's life		I	
6) Reconciliation, CCC 1420-1498	D		
a) Definition: sacrament by which sins committed after Baptism are forgiven			R
b) Essential Action			R

LITURGY & SACRAMENTS

	D	I	R/M
i) Matter: outward confession and contrition			R
ii) Form: "I absolve you from your sins, in the name of the Father and of the Son and of the Holy Spirit."			R
c) Disposition necessary to receive: contrition, confession, performance of penance			M
d) Purpose of the sacrament:	D		
i) Because we keep sinning; sin hurts both God and other people; confession heals our relationship with God; penance helps heal relationship with others			R
ii) Obtain pardon and be reconciled with God and the Church (our community)			M
e) Minister: bishop or priest			M
7) Anointing of the Sick CCC 1499-1535	D		
a) Definition: sacrament which, through anointing and prayer of the priest, gives health and strength to the soul and sometimes to the body, when there is a danger of death or serious illness			R
i) Can be received many times			M
b) Essential Action			M
i) Matter: laying on of hands and anointing with Oil of the Sick			M
ii) Form: "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. Amen. May the Lord who frees you from sin save you and raise you up. Amen"			M
c) Minister: bishop or priest			M
d) Disposition necessary to receive: baptism, contrition		I	
8) Matrimony CCC 11601-1666	D		
a) Definition: sacrament which unites a Christian man and Christian woman in marriage			R
b) Essential Action (essential Rite)			M
i) Matter: mutual and free consent of a man and a woman			M
ii) Form: approved formula of vows			M
c) Minister: man and woman being joined in Matrimony			M
d) Disposition necessary to receive: baptized man and baptized woman in state of grace		I	
9) Holy Orders CCC 1536-1600	D		
a) Definition: sacrament administered by a bishop through which men receive the power and grace to perform their sacred duties as ordained ministers			R
b) Essential Action (essential Rite)			M
i) Matter: laying on of hands for all three; anointing with Chrism (hands of priest, head of bishop)			M
ii) Form: silent invocation of Holy Spirit and separate consecration prayer for each order			M
c) Minister: bishop			M

LITURGY & SACRAMENTS

	D	I	R/M
d) Disposition necessary to receive: men fully initiated into the Church in the state of grace		I	
Benchmark 4: The learner will demonstrate an understanding of the ritual, symbolism, and effects of each sacrament. (see Appendix C for chart and biblical references)	D		
1) Ritual and symbolism of Baptism			M
a) Sign of cross: claims person for Christ			M
b) Pouring of water and words: dying and rising to new life with Christ through water			M
c) Putting on of white garment: putting on Christ			M
d) Receiving candle: receiving Christ, the light of the world			M
e) Anointing with oil of catechumens			M
f) Confessing the faith of the church: done by parents and godparents if child cannot			M
g) Anointing with sacred chrism			M
h) Proclamation of word: entering into the life of faith		I	
i) Consecration of baptismal water		I	
2) Effects of Baptism	D		
a) Purification from all sin			M
b) New birth in the Holy Spirit		I	
i) Theological virtues		I	
ii) Moral virtues		I	
iii) Gifts of the Holy Spirit		I	
c) Incorporation into the mystical Body of Christ		I	
3) Ritual and symbolism of Confirmation		I	
a) Consecration of sacred chrism on Holy Thursday or before Thursday, during Holy Week, as determined by bishop		I	
b) Profession of faith and renewal of baptismal promises if performed separate from Baptism		I	
c) Bishop extends hands over all confirmandi and asks for outpouring of the Holy Spirit (epiclesis)		I	
d) Anointing with chrism and laying on of hands		I	
e) Words: "N., be sealed with the gift of the Holy Spirit."		I	
4) Effects of Confirmation		I	
a) Full outpouring of the Holy Spirit: increase in every gift received at Baptism; completes Baptism		I	
b) Responsibility to witness to Christ		I	
c) Responsibility to Precepts of the Church, CCC 2041,1351		I	
i) You shall attend Mass on Sundays and holy days of obligation and rest from servile labor		I	
ii) You shall confess your sins at least once a year		I	

LITURGY & SACRAMENTS

	D	I	R/M
iii) You shall receive the sacrament of the Eucharist at least during the Easter Season		I	
iv) You shall observe the days of fasting and abstinence established by the Church		I	
v) You shall help to provide for the needs of the Church		I	
5) Ritual and symbolism of Eucharist:	D		
a) As Thanksgiving: we offer thanks for Jesus and all we have received			M
b) As Memorial: we remember the Last Supper and the Paschal Mystery			M
c) Transubstantiation : Jesus is truly present			M
6) Effects of Communion		I	
a) Removal of venial sins		I	
b) Protection against mortal sin		I	
c) Increased union with Christ		I	
d) Increased charity (love) among the members of the Body of Christ		I	
e) Anticipation of heaven		I	
7) Ritual and symbolism of Reconciliation	D		
a) use story of the Forgiving Father and the Prodigal Son			R
b) Necessity of Examination of Conscience			R
c) Ritual			R
i) Confession			R
ii) Imposition and acceptance of penance (performance necessary)			R
iii) Act of Contrition			R
iv) Absolution CCC 1449			R
8) Effects of Reconciliation	D		
a) Reconciliation with God			M
b) Reconciliation with the Church			M
9) Ritual and symbolism of Anointing of the Sick		I	
a) Laying on of hands in silence, Epiclesis (calling down of Holy Spirit)		I	
b) Anointing with Oil of the Sick		I	
10) Effects of Anointing of the Sick		I	
a) Union with the passion of Christ through the power of the Holy Spirit		I	
b) Possible restoration of health		I	
c) Forgiveness of sins (including mortal if confession impossible)		I	
d) Preparation for final journey through death		I	
11) Ritual and symbolism of Matrimony		I	
a) Normally celebrated during Mass		I	
b) Exchange of vows		I	
c) Nuptial blessing		I	
12) Effects of sacrament		I	
a) Unbreakable bond: not dissolved until death		I	
b) Grace to help each other grow in holiness		I	
c) Grace to stay married		I	

LITURGY & SACRAMENTS

	D	I	R/M
13) Ritual and symbolism of Holy Orders: Essential rite: Bishop lays on hands with consecration prayer		I	
14) Effects of Holy Orders: Indelible character: never again a layman; cannot be repeated or erased		I	
Benchmark 5: The learner will examine the historical development of the Mass from its inception at the Last Supper to the present day.	D		
1) Last Supper as a Passover meal (according to St. Hippolytus)		I	
5) Revised English Translation of the Mass in English implemented in Advent 2011	D		
a) Students should be able to provide correct responses.			M
b) Why? To move our translation closer to the Latin original	D		
c) Why? To better echo the scriptural roots of our Mass (for example, our response before Communion: "Lord, I am not worthy...", echoing the prayer of the Roman Centurion (Mt. 8:6))		I	
Benchmark 6: The learner will identify and be able to list the main parts of the Mass as it is celebrated today.	D		
1) Introductory Rites			R
a) Entrance Antiphon/Song	D		
b) Veneration of the altar	D		
c) Greeting	D		
d) Penitential Rite/Confiteor "through my fault, through my fault..."			M
e) Kyrie	D		
f) Gloria	D		
g) Collect (Opening Prayer)	D		
2) Liturgy of the Word			R
a) 1 st Reading: Old Testament/Revelation/Acts of the Apostles reading			R
b) Responsorial Psalm			M
c) Second Reading from Epistles			M
d) Gospel Acclamation			M
e) Gospel			M
f) Homily			M
g) Profession of Faith/ Creed			M
h) Prayers of the Faithful			M
3) Liturgy of the Eucharist			R
a) Offertory	D		
b) Prayer over the Gifts	D		
c) Eucharistic Prayer	D		
v) Consecration is when the bread and wine become the Body and Blood of Christ			M
d) Communion Rite			M
i) Lord's Prayer			M
ii) Rite of Peace			M

LITURGY & SACRAMENTS

	D	I	R/M
iii) Fraction Rite/Agnus Dei (Lamb of God)			M
iv) Communion Antiphon/Song			M
v) Silent Prayer			M
4) Concluding Rite			R
a) Greeting			M
b) Blessing			M
c) Prayer over the people			M
d) Dismissal			M
Benchmark 7: The learner will display appropriate participation in Mass.	D		
1) Genuflection			R
2) Sign of the Cross	D		
3) Silent prayer before and after Mass	D		
4) Appropriate responses and movements	D		
5) Listening to readings	D		
6) Participating in Communion	D		
a) Reverence in receiving(bow before receiving)			R
b) One hour Communion fast			R
c) Lack of Mortal Sin/In the state of grace			R
7) Use of Holy Water	D		
8) Singing	D		
9) Attention on the Altar	D		
10) Appropriate Dress for Mass	D		
11) Lectoring	D		
12) Altar serving		I	
Benchmark 8: The learner will explain and experience the value of Eucharistic Adoration, Benediction, and other paraliturgical celebrations.	D		
1) Eucharistic Adoration	D		
2) Rosaries	D		
3) Stations of the Cross	D		
4) Benediction / Exposition	D		
5) Novenas	D		
6) Litanies	D		
Benchmark 9: The learner will be familiar with the meaning of the Rite of Christian Initiation of Adults (RCIA) process. CCC1229-1233, 1247-1249		I	
Benchmark 10: The learner will participate in and explain the liturgical cycle, including the seasonal (<i>temporal</i>) and sanctoral cycles. CCC 1163-1173 (see Appendix D for more information)			M
1) Temporal cycle: the drama of Christ's life and our redemption (seasons)			M

LITURGY & SACRAMENTS

	D	I	R/M
a) Advent (1 st season of the liturgical year)			M
i) Preparation for Jesus Preparation for the 3 comings of Christ			M
(1) In hearts			M
(2) At Christmas (historically)			M
(3) At second coming			M
ii) About four weeks: 1 st Sunday to Christmas Eve			M
iii) Purple			M
iv) 3 rd Sunday: Gaudete Sunday (rose)			M
b) Christmas			M
i) About 3 weeks: Christmas Day to Baptism of Jesus			M
ii) White			M
iii) Important Days			M
(1) Christmas (12/25)			M
(2) Holy Family (Sunday after 12/25)			M
(3) Solemnity of Mary, Mother of God (1/1)			M
(4) Epiphany (Sunday after 1/1)			M
(5) Baptism of Jesus (Sunday after 1/6)			M
c) Ordinary Time (first of two sections)			M
i) Green			M
ii) 7-10 weeks: day after Jesus' Baptism to Tuesday before Ash Wednesday			M
iii) Celebration of Jesus' life and growth in our faith			M
d) Lent			M
i) Roughly 40 days: Ash Wednesday to Holy Thursday			M
ii) Purple			M
iii) Important Days			M
(1) Ash Wednesday (<i>mandatory fast and abstinence from meat</i>)			M
(2) 4 th Sunday: Laetare Sunday (rose)			M
(3) Passion/Palm Sunday			M
(4) Monday, Tuesday, Wednesday of Holy Week			M
(5) Sacred Triduum (<i>Easter Triduum</i>)			M
(a) Holy Thursday: Institution of Eucharist and Priesthood			M
(b) Good Friday: No consecration of Eucharist anywhere in world; Passion and Death of our Lord			M
(c) Holy Saturday: Day of Waiting			M
(d) Triduum ends with evening of Easter Sunday: <i>Triduum's climax is Easter Vigil</i>			M
e) Easter Season			M
i) White			M
ii) Easter to Pentecost (50 days)			M
iii) Important days			M
(1) Octave of Easter: Easter + 7 days, each celebrated as Easter, ending with <i>Divine Mercy Sunday</i>			M
(2) Ascension Thursday (40 days): moved to 7 th Sunday of Easter			M

LITURGY & SACRAMENTS

	D	I	R/M
(3) Pentecost: 50 days after Easter			M
iv) Easter Sunday - Celebrate the resurrection of Jesus			R
f) Ordinary time (second of two sections)			M
i) Monday after Pentecost to Saturday after Christ the King Sunday			M
ii) Important Days			M
(1) Trinity Sunday			M
(2) Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi)			M
(3) Christ the King Sunday (<i>last Sunday of the Church Year</i>)			M
Benchmark 11: The learner will identify various types of sacramentals and their uses. (1667-1679)			R
1) Types			R
a) Blessings of persons, meals, objects, and places (including consecrations)			R
b) Ashes: reminder of death and sin on Ash Wednesday			R
c) Medals (esp. Miraculous)			R
d) Crucifixes			R
e) Palms			R
f) Rosaries			R
g) Holy Water			R
h) Relics	D		
i) Scapular	D		
j) Incense (Psalm 141)			R
k) Exorcisms: especially against Satan		I	
2) Sacrilege - disrespect for sacred persons, places, or things			R
3) Sacramental: sacred signs which bear a resemblance to sacraments which...			R
a) Prepare us to receive sacraments			R
b) Make occasions of life holy			R
c) Always include a prayer, often with a specific sign			R

MORALITY

MORALITY

	D	I	R/M
Benchmark 1: The learner will know and model the theological and cardinal (moral) virtues, particularly the virtues of chastity and modesty in dress, speech, and attitude.	D		
1) Virtue	D		
a) Define: A habitual and firm disposition to do good (CCC 1803)			R
b) Grace allows us to lead a more virtuous life			R
c) Virtues help us to a more chaste life		I	
2) Theological virtues, 1 Cor 13:13			R
a) Define			R
i) Faith , CCC 1814			R
ii) Hope , CCC 1817			R
iii) Love (charity) , CCC 1822			R
iv) Golden Rule , CCC 1823			R
b) Practice in thought, word, and deed	D		
3) Cardinal (moral) virtues, Wis 8:7	D		
a) Define, CCC 1805	D		
i) Prudence , CCC 1806	D		
ii) Justice , CCC 1807	D		
iii) Fortitude , CCC 1808	D		
iv) Temperance , CCC 1809	D		
b) Practice in thought, word, and deed	D		
Benchmark 2: The learner will apply the Ten Commandments, Beatitudes, and Precepts of the Church to conscience formation.	D		
1) Review decision making skills	D		
2) Sin/vice, CCC 1849; 1850	D		
a) Define: A deliberate thought, word, deed or omission contrary to the eternal law of God			R
b) Every choice has a consequence – Our conscience tells us to make good choices	D		
c) Kinds of sin	D		
i) Original , CCC 404			R
ii) Actual			R
(1) Venial , CCC 1855			R
(2) Mortal , CCC 1855			R
iii) Commission and Omission	D		
d) Conditions for mortal sin, CCC 1857	D		
i) Grave matter, CCC 1858	D		
ii) Full knowledge, CCC 1859	D		
iii) Complete consent – free will, CCC 1859	D		
iv) Only free persons can make moral choices and be responsible for them	D		
3) Ten Commandments			R
a) Memorize each by number & word			R
b) Explain what is commanded & forbidden by each, CCC 2084-2550 (see Appendix B)			R
c) Examination of Conscience (see Liturgy 4.7)	D		

MORALITY

	D	I	R/M
d) Two Great Commandments of Jesus (Mk. 12:29-31)			R
i) As summary of the two tablets of the 10 Commandments			R
ii) The Law of Love			R
e) Locate in Bible, Ex 20:1-17			R
4) Beatitudes	D		
a) Locate in the Bible (Mt.5:3-12)			R
b) Explain & memorize		I	
c) are the meaning and way to true happiness		I	
5) Precepts of the Church, CCC 2041-2043 (Appendix B)	D		
a) Memorize as in Appendix B	D		
b) Understand obligation of each		I	
c) Relate to Ten Commandments		I	
Benchmark 3: The learner will demonstrate a reverence for the human body as a Temple of the Holy Spirit.	D		
1) Define and demand respect and self-respect	D		
2) Define what it means to be a Temple of the Holy Spirit , 1Cor 6:19-20, CCC 364	D		
a) Body	D		
b) Soul	D		
i) Free Will	D		
ii) Intellect	D		
3) Saints as examples (include but not limited to)	D		
a) St. Maria Goretti	D		
b) St. Agnes	D		
c) St. Dominic Savio	D		
d) St. Lucy	D		
e) St. Aloysius Gonzaga	D		
f) St. Mary Magdalen	D		
g) St. Rose of Lima	D		
h) St. Cecilia	D		
4) Purity, CCC 2521		I	
a) Chastity , CCC 2337, 2532		I	
i) Define		I	
b) Modesty , CCC 2522, 2533		I	
i) Define		I	
ii) Practice in thought, word, and deed		I	
Benchmark 4: The learner will develop an appreciation for family life and Christian friendships founded on respect, reverence, and responsibility.	D		
1) Holy Family as a model	D		
2) Sacrificial Love	D		
a) Demonstrate acts of kindness towards others	D		
b) Recognize the sacrificial love of Jesus and love as He does	D		
3) Developing relationships	D		

MORALITY

	D	I	R/M
a) Always rooted in our relationship with Jesus	D		
b) Self-discipline	D		
c) Self-awareness	D		
d) Respect for others (likes/ dislikes)	D		
Benchmark 5: The learner will put into practice the corporal and spiritual works of mercy by performing acts of stewardship.	D		
1) Practical love and care for God's creation	D		
2) Memorize and relate to stewardship activities	D		
a) Corporal works of mercy, CCC 2447 (see Appendix B)	D		
b) Spiritual works of mercy, CCC 2447 (see Appendix B)	D		
Benchmark 6: The learner will examine and apply the teachings of the Catholic Church to relevant social issues of the day.	D		
1) Respect for human dignity as the most basic principle of Catholic social teaching	D		
2) Life Issues	D		
a) Life is created in God's image - We are children of God			R
b) Life is precious to God			R
3) Internet Safety (See appendix F)	D		
a. Rules and Tools for home	D		
b. Online Predators	D		
c. Dangers of Pornography		I	
d. Levels of Addiction		I	
4) Alcohol/ drugs, CCC 2291		I	
18) Learn about positive alternatives	D		
a) Prayer groups (Daily prayer)	D		
b) Christian radio	D		
c) Deeper relationship with Christ	D		
d) Friends who share your values	D		
e) Christian music/ concerts		I	
f) Christian magazines/ books		I	

Human Sexuality Formation

The formation of a young person in human sexuality can not be reduced to a plumbing manual and passed off as “sex ed” as it may be in other schools.

The Catholic philosophy is that as the first educators of their children, parents have the primary obligation for human sexuality formation. The Catholic school assists parents in fulfilling this responsibility not only because a state law requires it but because parents deserve assistance and modern society desperately needs the wisdom and insight the Church can offer.

What distinguishes the Catholic Church’s view of human sexuality?

1. It focuses on the dignity of every human person.
2. In the elementary grades, it focuses on formation in the virtues, especially those of self-respect and respect for others but includes the four moral virtues and the gifts of the Holy Spirit.
3. It requires that information about human sexuality not be separated from its moral context.
4. When teaching the most intimate aspects of human sexuality, it asks first for written parental permission to impart this information to the children.
5. In the middle school grades, it emphasizes an understanding of self, the mutuality of relationships, and the sacredness of sexual powers.
6. In the lower level courses of high school it continues to aid the young person in proper formation for lifelong intimacy with one partner through the healthy formation of relationships, an understanding of the necessary process of moving from friendship to marriage, and points out the pitfalls and detours that society glorifies but experience shows to be destructive and unfruitful.
7. It condemns the objectification of women’s bodies to satisfy lust and it critically distinguishes what modern culture considers natural and inevitable from God’s plan for the use of our sexual gifts.
8. It culminates in an upper level vocations course which prepares students for choosing their life’s vocation and assists them in discerning their next steps after high school.
9. Above all, a Catholic view of human sexuality dignifies the truth and beauty of human sexuality when lived fully and unreservedly in accordance with natural law.

Key Doctrinal Points

1. God created us in his image (i.e. to be like Him).
2. God inscribed into our very nature a need for and a responsibility for mutual love and communion. This is our universal vocation.

3. The complementary union of husband and wife in matrimony with the help of the Holy Spirit should be modeled on the Trinity.
4. The Trinity is a family of persons who give themselves to each other permanently, totally, completely, and sacrificially.
5. The Incarnation demonstrates the infinite value of our humanity dignity. The Son of God became Man, because God loves us so much.
6. In his passion and death, Christ sacrifices His body for His Bride, the church.
7. In his ascension, Christ ascends to heaven in His glorified body. Our destiny is to be with him, in heaven, body and soul, for all eternity.
8. Mary's body housed the living God. In her Assumption, Mary's body was raised to heaven into glory. Mary is a sign and witness to our hope for the resurrection of our bodies for all eternity.
9. At Eucharist, we receive the body of Christ. Our bodies are made to be shared with others for their true good.
10. Formation in virtue is formation in what is true and objectively good, not in what is popular or comfortable. We were made by God to be like Him. Virtue is the habit of doing good, i.e. the habit of becoming like God.

STEWARDSHIP

STEWARSHIP OVERVIEW

Stewardship is a spirituality, a way of living, a step in our personal evangelization. As important as it is to memorize the official diocesan definition, the virtues of a steward, and even the triad of “time, talent, and treasure,” it is far more critical that students see stewardship witnessed daily by their teachers and parents as their way of life and also have the opportunity to practice it in every routine of the day.

Three questions distinguish stewardship from the modern lifestyle espoused and glamorized by current culture. What do I have? Where did it come from? What do I do with it?

Modern culture constantly teaches us that we do not have enough and deserve more. However, stewards believe that they have everything they need and must of what they want.

Modern culture teaches us that whatever we have, we earned with our own two hands; whatever we want, we have a right to; whatever we don’t want, we can dispose of. Stewards believe that everything we have is a gift from God, and the most important things we have – life, love, family, health, children, happiness, eternity, etc. can not be earned or purchased at any price.

Modern culture teaches us that what we have is ours to keep, and that we owe nothing to anyone else because each person should take care of himself. Stewards believe, however, that because everything we have is a gift from God, we have an obligation to care for these gifts, share them generously with others, and be accountable to God for our stewardship of the gifts He has entrusted to us.

So teaching stewardship is not a matter of definition or service hours. It is a countercultural way of life that each of us can choose or not. “To be or not to be?” was Shakespeare’s famous question. For Christian disciples it is the question. Stewardship is the answer.

<u>STEWARSHIP</u>	D	I	R/M
Benchmark 1: The learner will identify the elements of stewardship.	D		
1) Identify the stages of conversion of stewardship			R
a) God calls each of us (Evangelization) to holiness CCC 1533, 1962, 1877			R
b) We agree to be his disciples (discipleship) CCC 618, 1533, 1275			R
i) Disciples must be willing to abandon their possessions, suffer, and possibly even die for Jesus			M
c) We live out discipleship as stewards			R
i) Define stewardship : the grateful response of a Christian disciple who recognizes and receives God’s gifts and shares these gifts in love of God and neighbor	D		
2) Four elements of stewardship	D		
a) Share our gifts generously.			R
b) Receive God’s gifts gratefully.			R
c) Cultivate God’s gifts diligently.			M
3) Characteristics of a steward	D		
a) Prayer	D		
b) Generosity	D		
c) Trust	D		

STEWARDSHIP

	D	I	R/M
d) Patience	D		
e) Gratitude	D		
f) Responsibility	D		
g) Perseverance	D		
4) Four pillars of stewardship			R
a) Hospitality			R
b) Prayer			R
c) Formation			R
d) Service			R
5) Stewardship in the Diocese of Wichita as unique	D		
Benchmark 2: The learner will identify, define, and apply the role of a steward of vocation.			
1) Define <u>steward of vocation</u> : <i>one who responds generously to the call of God</i> ; CCC 1, 358, 1700, 825, 898, 873, 931	D		
2) Be open to God's call	D		
3) Discovering your gifts	D		
4) Understand that our desire for God is written in our heart, because He is our Creator, CCC 27			R
5) Love is the fundamental and innate vocation of every human being, CCC 1604, 2331, 2392	D		
6) Pray for an increase in Religious vocations; for example, Vocation Prayer, 31 Club, and Adopt a Seminarian	D		
7) Gifts and Responsibilities of each vocation	D		
a) Priesthood	D		
b) Consecrated Religious Life	D		
c) Married Life	D		
d) Single Life (state in life vs. vocation)	D		
8) Fulfilling this desire leads to true happiness (vs. false happiness)	D		
9) Learn to pray to discern God's call to each individual		I	
Benchmark 3: The learner will identify, define, and apply the role of a steward of creation.			
1) Define <u>steward of creation</u> : <i>someone who cultivates and cares for God's creation, both living and nonliving</i> , (Gen 2: 15)			R
2) Respect for human life, CCC 1700	D		
a) All people from conception to natural death, CCC 2258-2283			R
b) Aged, CCC 2208	D		
c) One's own body, CCC 1004, 2288	D		
d) Unborn, CCC 2270-2275	D		
3) Protection of the environment, CCC 2415	D		
a) Animals, CCC 2416-2418	D		
b) Conservation	D		

STEWARDSHIP

	D	I	R/M
c) Recycling	D		
Benchmark 4: The learner will identify, define, and apply the role of a steward of the Church.	D		
1) Define <u>steward of the church</u> : <i>someone who works to spread the Catholic faith throughout their community and the world.</i>			R
a) We are all called to be missionaries. We don't have to go to another country to be a missionary. We are called to be an example and bring others to the church wherever we are. (see below)			R
b) Mary is the perfect example of a steward of the Church- total devotion to Christ	D		
3) Role of the parish steward CCC 2226	D		
a) Make and keep a sacrificial pledge to the parish (tithing)	D		
b) Participate in Mass and the sacraments faithfully in the parish	D		
c) Serve in parish ministries		I	

Mission Overview

Decades ago, missionary work was seen to be the task of a small number of zealous Catholics who traveled to distant lands to convert pagans. The rest of the Catholic population participated in this effort with occasional donations.

The Second Vatican Council proclaimed a very different vision of spreading the faith that was the vocation of every baptized person and was to be reiterated at the conclusion of every Sacrifice of the Mass when the faithful are sent from the liturgy to live the faith, to love and serve each other.

In recent times, this missionary call is best understood within the context of evangelization, a term elaborated upon by Pope Paul VI in 1976 in **Evangelii Nuntiandi**. Evangelization is an umbrella term that explains how a person comes to know, love, and live the Catholic faith. It includes the proclamation or reception of the Gospel, the decision to accept God's call to follow Him (discipleship), the decision to live out that faith in service to God and to others (stewardship), and the obligation to witness to that faith and spread it as missionaries.

The understanding of the missionary call also continues to evolve. We have always understood that the Church has a mission to evangelize those who have never heard the gospel. However, in recent years, the term New Evangelization has been coined to stir up the dormant or inactive faith of those who are already members of the Church through Baptism, a group estimated to include more than 20 million people in the United States alone. Clearly, then, to paraphrase recent popes, the work of every Catholic is to be a missionary.

Doctrinal Points

1. The Great Commission of Jesus is "Go, therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you..." (Mt. 28:20)

2. Christ has entrusted His mission to the Church. The Church, in obedience to the command of her founder and because it is demanded by her own essential universality, strives to preach the Gospel to all men” (CCC 849)
3. The Church is the Body of Christ where Christ the Head continues to work His mission. Through Baptism, we became members of Christ’s Body.
4. “Because she believes in the universal (catholic) plan of salvation, the Church must be missionary.” (CCC 851)
5. “All the members of the Church share in this mission, though in various ways.” (CCC 863)
6. “Modern man listens more willingly to witnesses than to teachers, and if he does listen to teachers it is because they are witnesses.” (Evangelii Nuntiandi 41) Pope Paul VI.

PRAYER & SPIRITUALITY

PRAYER & SPIRITUALITY

	D	I	R/M
Benchmark 1: The learner will develop a personal relationship with Jesus Christ and the Church, which is anchored in a vibrant prayer life.	D		
1) Necessity of prayer, CCC 2744, 2562 (praying at all times)	D		
2) Jesus taught us to pray using the Our Father			R
3) What is prayer: Talking and listening with God			R
a) Prayer as God's gift, CCC 2559			R
b) Prayer as a relationship, CCC 2562	D		
c) Prayer as communion with the Trinity, CCC 2565	D		
4) Jesus' teachings on prayer, CCC 2600-2614	D		
a) Faith	D		
b) Persistence	D		
c) As in Jesus' name, through Holy Spirit			M
5) Our model for prayer, as expressed in the Our Father	D		
a) For forgiveness, CCC 2631, 2838-41			R
b) For the sick, CCC 1499, 1510			R
c) For the dead, CCC 958, 1032			M
d) For deliverance from evil, CCC 2850-54	D		
e) For daily bread, CCC 2828-37	D		
f) For the coming of God's Kingdom, CCC 2816	D		
g) For ecumenism, CCC 821	D		
h) Our Father: relationship with God		I	
i) Hallowed be thy name: adoration, praise, thanksgiving		I	
j) Petition to the Holy Spirit, CCC 2671		I	
6) Aids to prayer life	D		
a) Time	D		
b) Silence	D		
c) Posture (see benchmark 4)	D		
d) Environment/ Place	D		
e) Sacramentals/Sacred Images	D		
f) Being around people who are prayerful		I	
7) Stumbling blocks to prayer life, CCC 2729-32	D		
a) Distraction	D		
b) Lack of faith	D		
c) Reciting words without meaning	D		
Benchmark 2: The learner will define and practice different types of prayer.	D		
1) Forms of prayer			M
a) Adoration			R
b) Contrition			R
c) Thanksgiving			R
d) Supplication/Petition			R
2) Expressions of prayer	D		

PRAYER & SPIRITUALITY

	D	I	R/M
a) Formula: Hail Mary, etc.	D		
b) Vocal			R
c) Spontaneous	D		
d) Mental			R
e) Communal			M
f) Meditation: reflecting upon a specific text or image; for example, lectio divina	D		
Benchmark 3: The learner will understand and memorize specific prayers as they relate to Catholic spirituality. (see Appendix J)			
1) Sign of the Cross			R
2) Glory Be			R
3) Angel of God (Prayer to Guardian Angel)			R
4) Grace Before Meals			R
5) Our Father			R
6) Hail Mary			R
7) Grace After Meals			R
8) Act of Contrition			R
9) Morning Offering			R
10) Apostles' Creed			R
11) Hail Holy Queen			R
12) Rosary			R
13) Act of Faith			R
14) Act of Love			R
15) Act of Hope			R
16) Fatima Prayer			R
17) Stations of the Cross			R
18) Memorare			M
19) Queen of Heaven (Regina Coeli)			M
20) Glorious Mysteries			M
21) Joyful Mysteries			M
22) Sorrowful Mysteries			M
23) Luminous Mysteries			M
24) Come, Holy Spirit		I	
25) Angelus (Angel of the Lord)		I	
Benchmark 4: The learner will display appropriate gestures while participating in various forms of liturgy.			
1) Gestures and participation	D		
a) Sign of Peace-express our desire to be at peace with each other. Customary to shake hands, but a bow or nod is sufficient. Should be finished at the beginning of the Lamb of God.			R
b) Folding our hands during Mass or prayer as a sign of respect and adoration. (Vietnamese posture of folding arms)			R

PRAYER & SPIRITUALITY

	D	I	R/M
c) Proper respect and treatment of missalettes, prayer books, and other prayer materials			R
d) Profound genuflection-both knees (pious practice, not liturgical)	D		
e) Genuflection-right knee only			R
f) Sign of the Cross with holy water-reminder of our baptism and a sign of respect (symbolic profession of faith)			R
g) Proper posture while sitting, standing, and kneeling. (Not leaning on the pew in front of you or the seat behind you.)			R
h) Participation in congregation's prayers and responses			R
i) Participation in hymns, refrains, and other singing parts			R
j) Proper reception of Communion in the hand or mouth			R
Benchmark 5: The learner will acknowledge the special honor due to Mary through devotions to her (see Creed and Saints for more)	D		

SCRIPTURE

SCRIPTURE

	D	I	R/M
Benchmark 1: The learner will identify essential elements of the Bible.	D		
1) The Bible as God's revelation of Himself to us			R
2) God is the author of the Bible			R
3) The Bible as Covenant	D		
a) God's faithfulness to man	D		
b) Relevance to today's life	D		
4) Bible as the Inspiration of the Holy Spirit	D		
5) The Bible as a Literary Form	D		
a) The Division of the Bible/Chapter and Verse			R
i) Be able to use the table of contents to locate books in the Bible			M
ii) The Gospels record what Jesus said and did			R
iii) Know whether a book is in the Old Testament or New Testament (memorization not required)	D		
6) The relationship between Old Testament and New Testament	D		
7) Categorize the books of the Old Testament by their literary divisions	D		
a) Torah or Pentateuch	D		
b) Historic books	D		
c) Wisdom books Prophetic books	D		
d) Prophetic books	D		
8) Categorize the books of the New Testament by their literary divisions	D		
a) The four Gospels	D		
i) Definition	D		
ii) The evangelists	D		
b) Acts of the Apostles (early Church history)	D		
c) The Epistles of St. Paul	D		
d) Other Catholic letters	D		
e) Revelation	D		
Benchmark 2: The learner will identify and apply the content of specific books and other important concepts contained in Holy Scripture. (See Appendix H for more detail)	D		
1) Pentateuch	D		
a) Genesis and the Creation, (Gen 1-3)			R
i) The Fall: Original Sin			R
ii) God created all and rested on the seventh day	D		
b) Cain and Abel (Gen 4): offering our best to God, not being jealous	D		
c) Noah and the Flood, (Gen 6)			R
I. Covenant with God	D		
d) Tower of Babel, (Gen 11) (overreaching pride)	D		
f) Abraham and Sarah; covenant (Gen 17): patriarch	D		
h) Jacob/Israel as the father of the 12 Tribes of Israel, (Gen 27-36): patriarch	D		
i) Joseph foreshadowing Christ, (Gen 37-50)	D		

<u>SCRIPTURE</u>	D	I	R/M
j) Moses			M
i) Yahweh as God's revealed name: I am who am (Ex 3)			R
ii) Passover as prefiguring Paschal Mystery (Ex 12)	D		
iii) Hebrews as chosen people/ led by God through Moses, (Ex 2-11)	D		
iv) Exodus of Hebrews going from slavery to freedom, (Ex 14)	D		
v) 10 Commandments (Ex 20-24) (CCC 2055-2074)			R
2) Israelite Settlement	D		
a) Joshua and the Promised Land/ Fall of Jericho, (Jos 1-6)		I	
b) The story of Ruth and parallel to God's faithfulness, (Ru 1-4)	D		
d) Samuel as last judge, who anoints the first king: Saul (1 Sam 10-15)	D		
e) David (1 Sam 17, 2 Sam 24)			R
i) Writer of the Psalms			R
ii) Goliath, (1 Sam 17): God often works through the small and meek; trust; all is possible through God			R
(1) The story of Solomon and the building of the Temple, (1 Kings 1-11)	D		
(2) Elijah, (1 Kings 18): symbolizes the prophets in the Transfiguration		I	
f) The story of Isaiah and Babylonian Captivity		I	
g) Jonah and the Whale: Follow God's will; prefiguring baptism and the paschal mystery	D		
i) The story of Esther saving her people		I	
k) Wisdom Literature: instructions in how to live in relationship with God; how to live a virtuous life	D		
3) Be familiar with or analyze the Synoptic Gospels	D		
a) The Infancy Narratives	D		
i) Annunciation/Incarnation: Lk. 1:26-38; 1 Jn 2:2-3; 2 Jn. 7			R
ii) Birth of John, Lk. 1:5-25, 57-80			R
iii) Visit to Elizabeth, Lk 1:39-45			M
iv) Canticle of Mary (Magnificat), Lk 1: 46-56		I	
v) Dream of St. Joseph, Mt 1: 18-24	D		
vi) Genealogy of Jesus, Mt. 1:1-17	D		
vii) Birth of Jesus, Mt. 1:18-25, Lk 2:1-20			R
viii) Visit of the Shepherds, Lk 2:8-10			R
ix) Presentation in the Temple, Lk 2:21-40			M
x) Magi (Epiphany) and their importance, 2: 1-12			R
xi) Flight into Egypt, Mt 2:13-23			M
xii) Massacre of the Holy Innocents, Mt 2:16-18	D		
xiii) Finding Jesus in the Temple, Lk 2:41-52			R
b) John the Baptist: Mt. 3:1-12, Mk 1:1-8, Lk 3:1-18	D		
c) Baptism of Jesus, Mt 3:13-17, Mk 1:9-11, Lk 3:21-22			M
d) Temptations of Jesus, Mt 4:1-11, Mk. 1:12-13, Lk 4:1-13		I	
e) Inauguration of the Kingdom of Heaven and the call to conversion, Mt 4:12-17, Mk 1:14-15, Lk 4:1-13			R
f) Call of First Disciples, Mt. 4:18-22, Mk 1:16-20, Lk 5:1-11			M

<u>SCRIPTURE</u>	D	I	R/M
g) Call of Matthew the tax collector, Mt. 9:7-13			M
h) The Sermon on the Mount and the Beatitudes, Mt 5-7			R
i) Beatitudes, Mt 5:3-12			R
i) Lord's Prayer, Mt 6:9-15, Lk. 11			R
j) The Greatest Commandment, Mt 22:37, Lk 12: Love God with whole heart, soul, mind, and strength, and love neighbor as yourself			R
k) Peter's primacy: Mt. 16:18	D		
l) Parables (See Appendix H for more detail)	D		
i) Definition of Parable : a short story that presents familiar imagery of Jesus' time to teach a truth about the Kingdom of God			R
ii) Purpose of parables: Mt 13:10-15, Mk 4:10-12, Lk 8:9-10	D		
iii) The Parable of the Mustard Seed, Mt 13:31, Mk 4:30, Lk 13:18	D		
iv) The Pearl of Great Price, Mt 13:45- 46	D		
v) The parable of the Lost Sheep, Lk 15:1-7, Mt. 18:12-14			R
vi) The parable of the Prodigal Son, Lk 15:11-32			R
vii) The Parable of the Good Samaritan, Lk 10:29-37	D		
viii) The Parable of the Sower of the Seeds, Mt 13:1-9, Mk 4:1, Lk 8:4	D		
ix) The Parable of the Talents, Mt 25:14-30	D		
x) The Parable of the Unforgiving Servant, Mt 18: 21-35	D		
xi) The parable of the Persistent Widow, Lk 18: 1-8	D		
xii) The Parable of Lazarus and the Rich Man, Lk 16:19-31	D		
xiii) Parable of Judgment of the Nations; corporal works of mercy, Mt. 25: 31-46 ("Whatever you do...you do unto me")			R
m) Miracles (See Appendix H for more detail)	D		
i) Feeding five thousand as preparation for Holy Eucharist, Mt 14:13, Mk 6:32-44, Lk 9:10-17, Jn 6:1-13			M
ii) See appendix H for other examples of miracles; teach some in each category (healing, provision, resurrection, demons, nature)	D		
iii) Walking on Water Mt 14:22-33, Mk 6:45-52	D		
n) The Transfiguration, Mt17:1-8, Mk 9:2-8, Lk 9:28-36			M
o) The story of Martha and Mary, Lk. 10:38-42	D		
p) Zacchaeus, (Lk 19:1)	D		
q) Christ's passion, death, and resurrection (i.e. Paschal Mystery), Mt. 26- 28; Mk 14- 16; Lk 22-24, Jn 18-20			R
r) The appearance on the road to Emmaus, Lk 24:13-35	D		
s) The Ascension of Jesus, Mk 16:19-20; Acts 1:6-12			M
4) Be familiar with or analyze the New Testament Gospel stories of John	D		
b) The Wedding Feast of Cana (first public miracle) and the purpose of signs, 2:1-12)			M
d) The Bread of Life Discourse, 6:22-70	D		
e) The Good Shepherd, 10:11			R
f) The raising of Lazarus, 11:1-44		I	
g) The Washing of the Disciples' Feet, 13:4-15			M

<u>SCRIPTURE</u>	D	I	R/M
h) Judas' Betrayal, 13:21-30			M
i) The Last Supper Discourses, 14-17	D		
i) The Vine and the Branches, 15:1	D		
ii) New Commandment of Love "Love one another as I have loved you" Jn 15:12			M
j) The appearance to Mary Magdalen, 20:11-18		I	
k) The appearance to Thomas, 20:24-29		I	
l) The appearance to Peter, 21:15-19		I	
5) Introduce the Acts of the Apostles: the Church continues the mission of Christ	D		
a) The apostles before Pentecost, Jn. 20:19	D		
b) Replacing Judas, Acts 1:15	D		
c) Pentecost, 2:1-13	D		
6) Key Christological Passages from Pauline and Catholic Epistles and the Book of Revelation	D		
b) Fall of the Angels, Rev 12:9	D		
Benchmark 5: The learner will apply specific terms connected with Sacred Scripture.	D		
1) Disciple: learner			R
2) Sacred Scripture	D		
3) Sacred Tradition	D		
4) The Magisterium - Authority to interpret	D		
5) Apostle		I	
Benchmark 10: The learner will demonstrate reverence toward Holy Scripture.	D		
1) Importance of Holy Scripture reverence	D		
2) Examples of how to demonstrate this reverence	D		
Benchmark 11: The learner will be familiar with the geographical locations of the main biblical events.	D		
1) Holy Land: cities of Hebron, Jerusalem, Bethlehem	D		
2) Galilee	D		
3) Sea of Galilee	D		
4) Nazareth	D		
5) Jordan River	D		
6) Dead Sea	D		
7) Jerusalem	D		
8) Bethlehem	D		

Saints

SAINTS

	D	I	R/M
Benchmark 1: The student will study angels.	D		
1) Define angel			R
2) Kinds of angels	D		
a) Archangels (9/29)			R
b) Guardian (10/2)			R
c) Cherubim			M
d) Seraphim			M
Benchmark 2: The student will study and analyze the life, virtues, and contributions of Mary and the saints.	D		
1) Contributions of Mary (the greatest saint)	D		
2) Define saint			R
3) Patron saints	D		
4) Parish patron saints	D		
5) Types of Saints	D		
a) Apostles (combined with Evangelists)	D		
b) Martyrs	D		
c) Evangelists	D		
d) Confessors			
Benchmark 3: The student will outline the canonization process of saints.	D		
1) Servant of God	D		
2) Venerable	D		
3) Blessed (Beatification)	D		
4) Saint (Canonization)	D		
Benchmark 4: The student will apply lessons to be learned from Mary and the saints.	D		
Benchmark 5: The student will study the life and contributions of specific saints appropriate to their grade level.	D		
*For the following saints, students should know:			
• Time period			
• Major achievements			
• Patronage			
1) Marian Feasts	D		
a) Holy Days of Obligation dedicated to Mary	D		
i) Mary, Mother of God, 1/1			M
ii) Immaculate Conception, 12/8 (Patroness of United States)			R
iii) Assumption, 8/15			R
b) Apparitions	D		
i) Our Lady of Guadalupe, 12/12 (Patroness of Americas)	D		
ii) Our Lady of Lourdes, 2/11	D		

SAINTS	D	I	R/M
iii) Our Lady of Fatima, 5/13	D		
iv) Our Lady of Mount Carmel, 7/16	D		
c) Other Marian celebrations	D		
i) Annunciation, 3/25			R
ii) Visitation to St. Elizabeth, 5/31			R
iii) Immaculate Heart of Mary, day after Sacred Heart	D		
iv) Queenship of Mary, 8/22		I	
2) Other Solemnities and Feasts	D		
a) Joseph, Husband of Mary, 3/19			R
a) John the Baptist, 6/24 and 8/29			R
c) All Saints, 11/1	D		
d) Apostolic Times	D		
i) Peter & Paul, the Apostles, 6/29	D		
ii) Joachim & Anne, 7/26	D		
iii) Holy Innocents, 12/28	D		
iv) Stephen, 12/26	D		
v) Mary Magdalen, 7/22	D		
vi) Thomas the Apostle, 7/3	D		
vii) John the Apostle and Evangelist, 12/27	D		
viii) Mark, 4/25	D		
ix) Philip & James, the Apostles, 5/3	D		
x) Matthias, 5/14	D		
xi) James, 7/25	D		
xii) Bartholomew, the Apostle, 8/24	D		
xiii) Matthew, the Apostle, 9/21	D		
xiv) Luke, 10/18	D		
xv) Simon & Jude, the Apostles, 10/28	D		
xvi) Andrew, the Apostle, 11/30	D		
f) American Saints (<i>see appendix G for list</i>)	D		
i) Juan Diego, 12/9	D		
ii) Katharine Drexel, 3/3 (gave away fortune, devoted to ministering to Native and African Americans)			R
iii) Kateri Tekakwitha, 7/14, canonized in 2012, most recent American saint			M
iv) Elizabeth Ann Seton, 1/4	D		
v) John Neumann, 1/5	D		
vi) Rose Philippine Duchesne, 11/18	D		
vii) Damien of Molokai, 5/10		I	
viii) Bl. Junipero Serra, 7/1		I	
ix) Isaac Jogues & Comp., 10/19		I	
x) Miguel Pro, 11/23		I	
xi) Servant of God, Emil Kapaun		I	
g) Other Major Saints			
i) Nicholas, 12/6	D		

SAINTS

	D	I	R/M
ii) Blaise, 2/3	D		
iii) Patrick, 3/17	D		
iv) Francis of Assisi, 10/4	D		
v) Clare of Assisi, 8/11	D		
vi) John Bosco, 1/31	D		
vii) Isidore the Farmer, 5/15	D		
viii) Joan of Arc, 5/30	D		
ix) Tarcisius, 8/15	D		
x) Peter Claver, 9/9	D		
xi) Vincent de Paul, 9/27	D		
xii) Faustina, 10/5 (Divine Mercy)	D		
xiii) Margaret Mary Alacoque, 10/17 (Sacred Heart)	D		
xxi) Blessed John Paul II	D		
xxii) Blessed Mother Teresa of Calcutta (service in India: seeing Christ in all, especially the poor, the dying, the unloved)	D		

Glossary

These definitions are intended for teacher reference. Please simplify to make age appropriate.

Absolution - The words of forgiveness the priest prays over the penitent in the sacrament of Reconciliation.

Actual Grace – Temporary supernatural intervention given to perform a specific good act, thought, or deed.

Actual Sin - Any thought, word, deed, or omission contrary to God's eternal law. All actual sins are classified on the basis of this division, where sinful thoughts are essentially desires, the words may either be spoken or otherwise articulated, the deeds involve some external manifestation, and omissions are failures to do what should have been done by a person in a given set of circumstances.

Advent - The liturgical season of four weeks devoted to preparation for the coming of Christ at Christmas (CCC 524).

Alb - A white linen garment, reaching from the neck to the ankles with tight-fitting sleeves and held in at the waist by a cincture (girdle), worn by the ministers at Mass. It is sometimes ornamented near the hem with embroidery or other colored material, known as 'apparels'. The alb was taken to symbolize purity, and it was customary for the celebrant to say 'Make me white...' while putting it on.

Ambo - The ambo is a special stand or place from where the Scriptures are read at Mass. (Also called lectern or podium)

Amice - A linen cloth, square or oblong in shape, with strings attached. It may be worn around the neck by the priest when celebrating the Eucharist, or by other ministers who wear the alb.

Angel - A spiritual, personal, and immortal creature, with intelligence and free will, who glorifies God without ceasing and who serves God as a messenger of his saving plan (CCC 329-331).

Angelus - A Catholic devotional practice performed in the early morning, at noon, and in the evening, usually, in places where the custom is generally observed, during the ringing of a bell. It consists of three verses with their responses, each followed by a Hail Mary, and it concludes with a prayer.

Anointing - Anointing is the signing of a person with holy oil. Anointing is used in the sacraments of Baptism and Confirmation, and in other sacraments and rites of the Church.

Annulment - Official declaration by the Church that, for lawful reasons, a marriage was invalid and consequently null and void, i.e. a marriage never sacramentally took place.

Annunciation - The visit of the angel Gabriel to the Virgin Mary to inform her that she was to be the mother of the Savior. After giving her consent to God's word, Mary became the mother of Jesus by the power of The Holy Spirit.

Anointing of the Sick - One of the seven sacraments administered by a priest to a baptized person in danger of death because of illness or old age, though prayer and the anointing of the body with the oil of the sick. The proper effects of the sacrament include a special grace of healing and comfort to the Christian who is suffering infirmities of serious illness or old age, the forgiving of the person's sins, and the possibility of physical healing (CCC 1499, 1520, 1523, 1526-32).

Apologetics - The theological discipline that deals with the reasons for believing God and accepting the faith presented by the Christian Church; a defense of Catholicism by the use of logic, Scripture, and Church teaching.

Apostle - A term meaning one who is sent as Jesus was sent by the Father, and as He sent His chosen disciples to preach the Gospel to the whole world (CCC 857).

Apostles Creed - A statement of Christian faith developed from the baptismal creed or “symbol” of the ancient Church of Rome, the see of St. Peter, first of the Apostles. The Apostles’ Creed is considered to be a faithful summary of the faith of the Apostles. See prayers.

Apostolic - One of the four attributes of the Church mentioned in the Nicene Creed. Refers to the Catholic faith as having been received through the apostles; apostolic succession from Peter to the current pope.

Archangels - A chief or ruling angel. The term occurs twice in the New Testament (Jude 5:9; I Thessalonians 4:16) and has two Catholic meanings. In its wider sense an archangel is any angel of higher rank. More strictly, though, archangels are those angelic spirits who belong to the eighth of nine choirs of angels. As distinct from guardian angels, archangels are messengers of God to men. Three archangels are specifically mentioned in the Bible: Tobit 12:6, 15; John 5:1-4; Luke 1:26-38; Revelation 12:7-9.

Articles of Faith - Those revealed truths which have a specific and proper identity, yet are broad enough to include other revealed truths so as to form a unified body of Christian doctrine.

Ascension - The entry of Jesus’ humanity into divine glory in God’s heavenly domain, forty days after his resurrection (CCC 659, 665); one of the Glorious Mysteries of the Rosary.

Attributes - Characteristics that are associated with a saint or other figure that help identify them or the manner of their martyrdom.

Baptism - The first of the seven sacraments, and the “door” which gives access to the other sacraments. Baptism is the first and chief sacrament of forgiveness of sins, because it unites us with Christ, who died for our sins and rose for our justification. The rite of baptism consists in immersing the candidate in water, or pouring water on the head, while pronouncing the invocation of the Most Holy Trinity: the Father, the Son, and the Holy Spirit (CCC 977, 1213, 1275, 1278).

Beatitudes - The teachings of Jesus in the Sermon on the Mount on the meaning and way to true happiness (Mt 5. 3-12; Lk 6. 20-26) (CCC 1716).

Benediction of the Blessed Sacrament - A Eucharistic devotion in the Catholic Church of the Latin Rite that takes place in the context of adoration. In its traditional form, a priest, vested in surplice, stole, and cope, places on the altar the consecrated Host in the monstrance, and then incenses it. Benediction occurs when the priest lifts the monstrance containing the Host and blesses the congregation.

Bible - Sacred Scripture; the books that contain the truth of God’s revelation and were composed by human authors inspired by the Holy Spirit. The Old Testament and the New Testament are the two main parts of the Bible (CCC 105).

Bishop – One who has received the fullness of the Sacrament of the Holy Orders, which makes him a member of the Episcopal college and a successor of the Apostles. He is the shepherd of a particular church entrusted to him and the head of a diocese. (CCC 1557; cf. 861, 886)

Blessed Sacrament - The Blessed Sacrament is a name given to the Eucharist, especially the consecrated elements reserved in the tabernacle for adoration or for the sick (CCC 1330).

Cardinal (moral) virtues - Four pivotal human virtues that will govern our acts, order our passions, and guide our conduct in accordance with reason and faith (CCC 1805, 1834). See appendix A.

Cassock - The long garment (usually black) worn by the clergy.

Catechesis - An education of children, young people, and adults in the faith of the Church through the teaching of Christian doctrine in a unified and systematic way to make them disciples of Jesus Christ (CCC 5, 426-427).

Catholic - One of the four marks of the Church, taken from the Nicene Creed. The Church is catholic or universal both because she possesses the fullness of Christ's presence and the means of salvation, and because she has been sent out by Christ on a mission to the entire human race (CCC 750, 830).

Censer - A vessel suspended by chains used for burning incense at solemn Mass, Vespers, Benediction, processions, and other important services of the Church. It is now commonly called the thurible.

Chalice – The consecrated cup, made of precious materials, used to hold the Blood of Jesus during the Mass.

Charity (love) - The theological virtue by which we love God above all things for his own sake, and our neighbor as ourselves for the love of God (CCC 1822) (See Appendix A).

Chastity - The moral virtue which, under the cardinal virtue of temperance, provides for the proper living of one's sexuality in the context of his or her vocation (CCC 1832, 2337). It is also a Fruit of the Holy Spirit (see Appendix A).

Chasuble - The colored outermost garment worn by bishops and priests in celebrating the Eucharist. Its color depends upon the liturgical season or specific memorial, feast, or solemnity celebrated that day.

Cherubim - One of the choirs of angels.

Ciborium - A vessel made of precious materials used to contain the Blessed Sacrament during Mass or during reposition in the tabernacle.

Cincture (girdle) - One of six liturgical vestments, it is a cord or band of cloth worn at the waist over the alb by priests, bishops, or altar servers.

Coadjutor – A bishop who assists a diocesan bishop in the rule of his diocese and in the exercise of the Episcopal power of orders. The coadjutor bishop must also be appointed the vicar general.

Community - A group of people who share something important together; another name for a religious order.

Conciliarism - The theory that councils, not the pope, hold supreme authority in the Church.

Concupiscence – Human appetites or desires which remain disordered due to the temporal consequences of original sin, which remain even after Baptism, and which produce an inclination to sin. (CCC 1264, 1426, 2515)

Confession - An essential element of the Sacrament of Reconciliation, which consists in telling one's sins to the priest. By extension, the word confession is used to refer to the Sacrament of Reconciliation itself (CCC 1455).

Confessor - A priest qualified to hear the confessions of the faithful and grant sacramental absolution. A confessor is also empowered to grant certain dispensations and to absolve from censures, according to the provisions of ecclesiastical law.

Confirmandi - All the candidates preparing to receive the sacrament of Confirmation.

Confirmation – Sacrament which completes the Sacrament of Baptism with a special outpouring of the gifts of the Holy Spirit, which seal or “confirm” the baptized in union with Christ and equip them for active participation in the worship and apostolic life of the Church (CCC 1285).

Consecration – The dedication of a object, place, or person to divine service by prayer or blessing. The consecration at Mass is that part of the Eucharistic Prayer during which the Lord's words of institution of the Eucharist at the Last Supper are recited by the priestly minister, transforming the bread and wine into Christ's body (CCC 1352, 1353).

Consubstantial-having the same substance, or in all essentials the same

Contrition - Sorrow of the soul and hatred for sin with resolution not to commit the sin again. Contrition is necessary for the reception of Reconciliation (CCC 1451).

Cope - A semicircular cloak worn at certain liturgical functions, such as Eucharistic processions, adoration, and Matrimony outside of a Mass, by a priest or bishop when the chasuble is not used.

Corporal - A square white linen cloth, now usually somewhat smaller than the breadth of an altar, upon which the Sacred Host and Chalice are placed during the celebration of Mass.

Council – When all the bishops of the world meet together under the authority of the Pope to consider matters affecting the whole Church.

Covenant - A solemn, binding agreement between human beings or between God and a human being involving mutual commitments or guarantees (CCC 56, 62, 66).

Creed - A brief summary statement or profession of Christian faith (CCC 187).

Cruets – Two small vessels containing the wine and water required for the Holy Sacrifice of the Mass.

Crusades – Medieval military expeditions organized by the Church for the liberation of the Holy Land and the defense of Christianity.

Deacon – A third degree of the hierarchy of the Sacrament of Holy Orders, after bishop and priest. The deacon is ordained not to priesthood but for ministry and service. Deacons are ordained to assist the bishop and priests in the celebration of the divine mysteries, above all the Eucharist, in the distribution of Holy Communion, in assisting at and blessing marriages, in the proclamation of the Gospel and preaching, in presiding over funerals, and in dedicating themselves to the various ministries of charity. While the Churches of the East have always had a functioning order of deacons, in the West the permanent diaconate was reestablished by the Second Vatican council (CCC 1569, 1571)

Diocese - A “particular church”, a community of the faithful in communion of faith and sacraments whose bishop has been ordained in apostolic succession. A diocese is usually a determined geographic area; sometimes it may be constituted a group of people of the same rite or language (CCC 833).

Disciple - (from Latin ‘to discern’) Learner; follower of Jesus Christ

Divine Office - The group of psalms, hymns, prayers, biblical and spiritual reading formulated by the Church for chant or recitation at stated times every day. Also called Liturgy of the Hours.

Divine Revelation - The self-disclosure of God and the communication of the truth about His nature and will.

Divorce - The claim that the indissoluble marriage bond validly entered into between a man and a woman is broken. A civil dissolution of the marriage contract (divorce) may be morally permissible in some cases but does not free persons from a valid marriage before God; remarriage would not be morally licit (CCC 2382).

Doctrine/Dogma - The revealed teachings of Christ which are proclaimed by the fullest extent of the exercise of the authority of the Church’s Magisterium. The faithful are obliged to believe the truths or dogmas contained in Divine Revelation and defined by the Magisterium (CCC 88).

Ecumenical Council - A gathering of all the bishops of the world, in the exercise of their collegial authority over the universal Church. An ecumenical council is usually called by the successor of St. Peter, the Pope, or at least confirmed or accepted by him (CCC 884).

Ecumenism - Promotion of the restoration of unity among all Christians, the unity which is a gift of Christ and to which the Church is called by the Holy Spirit. For the Catholic Church, the Decree on Ecumenism of the Second Vatican Council provides a charter for ecumenical efforts (CCC 816,820-22).

Encyclical - A pastoral letter written by the Pope and sent to the whole Church and even to the whole world, to express Church teaching on some important matter (CCC 892).

Epiclesis – The part of a sacrament which calls down the Holy Spirit. An epiclesis is found in every

Epistles – Books of the New Testament; usually official communications of instruction or correction sent to a church or a group of churches, written by an Apostle or sent under his authority.

Eremitical – Life of a hermit; a man or woman who practices extreme solitude.

Eucharist - The sacrament of thanksgiving to God which constitutes the principal Christian liturgical celebration of and communion in the paschal mystery of Christ. The liturgical action called the Eucharist is also traditionally known as the Holy Sacrifice of the Mass. The Sunday celebration of the Eucharist is at the heart of the Church’s life (CCC 2177).

Eucharistic Discourse - The Bread of Life Discourse as found in John 6: 22-71.

Eucharistic Prayer - The central part of the Mass, also known as the Canon of the Mass or “anaphora,” which contains the prayers of thanksgiving and consecration (CCC 1352).

Evangelist – One who works actively to spread the Christian faith; specifically, the authors of the four canonical Gospels: Matthew, Mark, Luke, and John (CCC 125, 120).

Evangelization - The proclamation of Christ and his Gospel by word and the testimony of life, in fulfillment of Christ’s command (CCC 905).

Examination of Conscience - Prayerful self-reflection on our words and deeds in the light of the Gospel to determine how we may have sinned against God. The reception of the Sacrament of Penance ought to be prepared for by such an examination of conscience (CCC 1454). See Appendix C.

Excommunication - A severe ecclesiastical penalty, resulting from grave crimes against the Catholic religion, imposed by ecclesiastical authority or incurred as a direct result of the commission of an offense. Excommunication excludes the offender from taking part in the Eucharist or other sacraments and from the exercise of any ecclesiastical office, ministry, or function (CCC 1463).

Faith – Faith is both a theological virtue given by God as grace, and an obligation which flows from the first commandment of God. In faith, a believer gives personal adherence to God and freely assents to the whole truth that God has revealed (CCC 26, 142, 150, 1814, 2087).

Finger bowl and towel - Used by any person who handles the Eucharist to remove any particles from the hands.

Fornication - Sexual intercourse between an unmarried man and an unmarried woman. Fornication is a serious violation of the sixth commandment of God (CCC 2353).

Free will – “The power, rooted in reason and will...to perform deliberate actions on one’s own responsibility” (CCC 1731).

General Judgment - Second coming of Christ in glory, marking the completion of salvation history, when God’s plan will be revealed. The world as we know it will end, and the eternal destiny of every person will be known.

Golden Rule - A (modern) name for the precept in the Sermon on the Mount: Do unto others what you would have them do to you. (Mt. 7:12) (Lk. 6:31)

Gospel – The “good news” of God’s mercy and love revealed in the life, death, and resurrection of Christ. The four Gospels are the books written by the evangelists Matthew, Mark, Luke, and John which have for their central object Jesus Christ, God’s incarnate Son: his life, teachings, Passion and glorification, and his Church’s beginnings under the Spirit’s guidance (CCC 124, 514).

Grace – The free and undeserved gift that God gives us to grow in holiness and become more like Him. As sanctifying grace, God shares his divine life and friendship with us in a habitual gift, a stable and supernatural disposition that enables the soul to live with God, to act by his love. As actual grace, God gives us the help to conform our lives to his will. Sacramental grace and special graces are gifts of the Holy Spirit to help us live out our Christian vocation (CCC 1996, 2000).

Guardian Angel - Angels assigned to protect and intercede for each person (CCC 336).

Hanukkah - The feast of the Dedication of the Temple, from the Greek *enkainia* meaning renewal or inauguration. The origin of the feast is given in 1 Mac. 4: 36-59.

Heaven - Eternal life with God; communion of life and love with the Trinity and all the blessed. Heaven is the state of supreme and definite happiness, the goal of the deepest longings of humanity (CCC 1023).

Hell - The state of definitive self exclusion from the presence of God, reserved for those who refuse by their own free choice to believe and be converted from sin, even to the end of their lives (CCC 1033).

Heresy - The obstinate denial after Baptism of a truth which must be believed with divine and Catholic faith (CCC 2089).

Holy – From the Greek *hagia*, set apart: One of the four marks of the Church in the Nicene Creed; to be set apart for God, separate from the world.

Holy Communion – Receiving the Body and Blood of Jesus in the Eucharist.

Holy Orders - The Sacrament by which the mission entrusted by Christ to his Apostles continues to be exercised in the Church through the laying on of hands. This sacrament has three distinct degrees of “orders”: deacon, priest, and bishop. All three confer a permanent, sacramental character (CCC 1536).

Homily - Preaching by an ordained minister to explain the Scriptures proclaimed in the liturgy and to exhort the people to accept them as the Word of God (CCC 132, 1100, 1349).

Hope - The theological virtue by which we desire and expect from God both eternal life and the grace we need to attain it (CCC 1817).

Host – The bread consecrated in the sacrament of the Eucharist.

Hypostatic Union - The union of the divine and human natures in the one divine person of the Son of God, Jesus Christ (CCC 252, 468).

Immaculate Conception - The dogma proclaimed in Christian Tradition and defined in 1854, that from the first moment of her conception, Mary by the singular grace of God and by virtue of the merits of Jesus Christ was preserved from original sin (CCC 491).

Incarnation - The fact that the Son of God assumed human nature and became man in order to accomplish our salvation in that same human nature. Jesus Christ, the Son of God, the second Person of the Trinity, is both true God and true man, not part God and part man (CCC 461, 464).

Inerrancy - The attribute of the books of Scripture whereby they faithfully and without error teach that truth which God, for the sake of our salvation, wished to have confided through the Sacred Scriptures (CCC 107).

Infallibility - The gift of the Holy Spirit to the Church whereby the pastors of the Church, the pope and bishops in union with him, cannot definitively proclaim a heretical or incorrect doctrine of faith or morals for the belief of the faithful (CCC 92).

Inspiration – The working of the Holy Spirit, specifically in those men responsible for the Old Testament and New Testament.

Intellect – The “thinking” aspect of humans, disembodied souls, and angels. The spiritual power of cognition, knowing reality in a nonmaterial way; the faculty of thinking in a way essentially higher than with the senses and the imagination.

Justice - The cardinal moral virtue which consists in the constant and firm will to give their due to God and to neighbor (CCC 1807). See Appendix A.

Justification – The gracious action of God which frees us from sin and communicates “the righteousness of God through faith in Jesus Christ” (Rom. 3:22); justification is not only the remission of sins, but also the sanctification and renewal of the interior man (CCC 1987-1989).

King James - Name generally used in the U.S. for the Authorized Version of the Bible. The Authorized Version was published under the authority of King James in 1611. While literally beautiful, it is not accepted as a historically correct translation of the Bible by Scripture scholars.

Kyrie/Kyrios - Greek for Lord.

Last Supper - The last meal, a Passover supper, which Jesus ate with his disciples the night before he died. (CCC 610-11, 1329, 1340).

Lay Investiture - The appointing of clergy by lay people; not allowed in the Catholic Church.

Lectionary - The official, liturgical book from which the reader proclaims the Scripture readings used in the Liturgy of the Word (CCC 1154).

Lector - The lector is the person who reads the first and second readings at Mass. Another name for lector is reader.

Lent - The liturgical season of forty days which begins with Ash Wednesday and ends with the celebration of the Paschal mystery (Easter Triduum). Lent is the primary penitential season of the Church’s liturgical year, reflecting the forty days Jesus spent in the desert in fasting and prayer and the forty years the Israelites wandered in the desert before entering the Promised Land (CCC 540, 1095, 1438).

Liturgy of the Eucharist - The Liturgy of the Eucharist is the second main part of the Mass. In the Liturgy of the Eucharist we remember and share in Jesus’ life, death, and resurrection through the consecration of bread and wine, whereby they become the Body and Blood of Jesus, and their distribution in communion.

Liturgy of the Word - The Liturgy of the Word is the first main part of the Mass. In the Liturgy of the Word God speaks to us through the readings from the Bible.

Love - The theological virtue by which we choose God above all things for his own sake, and our neighbor as ourselves for the love of God (CCC 1822). See **Charity**.

Magisterium - The living, teaching office of the Church, whose task it is to give as authentic interpretation of the word of God, whether in its written form (Sacred Scripture), or in the form of Tradition. The Magisterium ensures the Church's fidelity to the teaching of the Apostles in matters of faith and morals (CCC 85, 890, 2033).

Marks of the Church - The four attributes of the Church mentioned in the Nicene - Constantinopolitan creed: "We believe in one, holy, catholic, and apostolic Church." (CCC 811) See Appendix G.

Martyr - A witness to the truth of the faith. A martyr is willing to endure sacrifice and even death to be faithful to Christ. Also, those who die for the faith before having received Baptism may also be considered martyrs. (CCC 1258, 2473)

Mass - The Eucharist or principal sacramental celebration of the Church, established by Jesus at the Last Supper, in which the mystery of our salvation through participation in the sacrificial death and glorious resurrection of Christ is renewed and accomplished. It is called "Mass" (from Latin: missa) because of the "mission" or "sending" with which the liturgical celebration concludes (CCC 1332, 1088, 1382, 2192).

Matrimony (Marriage) - Sacrament consisting of a covenant or partnership of life between a baptized man and baptized woman, which is ordered to the well-being of the spouses and to the procreation and upbringing of children. (CCC 1601).

Messiah - A Hebrew word meaning "anointed" (CCC 436).

Modesty - A virtue which encourages purity and chastity, in one's words, actions, dress, and sex (CCC 2521-2522).

Monastery - A place where religious dwell in seclusion.

Monasticism - The way of life, characterized by asceticism and self-denial, followed by religious who live more or less secluded from the world, according to a fixed rule and under vows, in order to praise God through contemplation and apostolic charity.

Monstrance - The sacred vessel which contains the consecrated Host when exposed in adoration or carried in procession.

Mortal Sin - A grave violation of the law of God that destroys the divine life in the soul of the sinner (sanctifying grace), constituting a turn away from God. For a sin to be mortal, three conditions must be present: grave matter, full knowledge of the evil of the act, and full consent of the will (CCC 1855, 1857).

Mystical Body - The Church is both visible and spiritual, a hierarchical society and the Mystical Body of Christ. She is one, yet formed of two components, human and divine. That is her mystery, which only faith can accept. (CCC 779)

Natural Law - (Ex. instinctively distinguishing right from wrong) The natural law expresses the original moral sense which enables man to discern by reason the good and evil, the truth and the lie; a body of moral principals that can be discovered through nature and do not require divine revelation to understand (CCC1954)

New Testament - The New Testament is the second part of the Bible. It fulfills the Old Testament and tells us about Jesus and the early Church (CCC 124, 128).

Nicene Creed - The profession of faith, common to the churches of East and West, which came from the first two ecumenical councils. (CCC 195-196).

Novena - Nine days of public or private prayer for some special occasion or intention. Its origin goes back to the nine days Mary and the disciples spent together in prayer between Ascension and Pentecost. Over the centuries, many novenas have been highly indulged by the Church.

Old Testament - The Old Testament is the first part of the Bible. It tells the story of God's covenant with the Israelites. (CCC 120-121)

One - A mark of the Church; just as the Trinity is one, so is the Church united, by the Spirit (Eph 4:3-6, Jn 17:17-23, 1 Cor 12:13)

Oral tradition - Talking, singing, and telling stories about God and all God does for us and handing them down from generation to generation. (CCC126)

Ordo - One of several ritual books, published by the Holy See, for the administration of the sacraments or other liturgical offices.

Orthodoxy - Right teaching; Schism of 1054 over these issues including authority of pope, led to creation of Orthodox church.

Pall - (1) The small linen cloth with which the chalice is covered at the Eucharist, stiffened in its modern form by a piece of cardboard. (2) A white cloth which is spread over the coffin at funerals.

Papacy - The supreme jurisdiction and ministry of the Pope as shepherd of the whole Church (CCC 882).

Parables - A characteristic feature of the teaching of Jesus. Parables are simple images or comparisons which confront the hearer or reader with a radical choice about his invitation to enter the Kingdom of God (CCC 546).

Paraclete - A name for the Holy Spirit. The term was used by Jesus in the New Testament to indicate the promised gift of the Spirit as another consoler and advocate, who would continue His own mission among the disciples (CCC 692).

Parousia - The glorious return and appearance of our Lord and Savior Jesus Christ as judge of the living and the dead, at the end of time; the second coming of Christ, when history and all creation will achieve their fulfillment (CCC 1001).

Paschal Sacrifice - Christ's work of redemption accomplished principally by His Passion, death, Resurrection, and glorious Ascension, whereby "dying He destroyed our death, rising He restored our life" (CCC 1067). The paschal mystery is celebrated and made present in the liturgy of the Church, and its saving effects are communicated through the sacraments (CCC 2076) especially the Eucharist, which renews the paschal sacrifice of Christ as the sacrifice offered by the Church (CCC 571, CCC 1362-1372).

Passover - A celebration of the deliverance from slavery in Egypt and the beginning of Israel as God's people (CCC 1334-1340).

Paten - The dish, usually gold or silver, on which the bread is placed in the celebration of the Eucharist.

Penance - Interior penance: a conversion of heart toward God and away from sin, which implies the intention to change one's life because of hope in divine mercy (CCC 1431). External acts of penance include fasting, prayer, and almsgiving (CCC 1434). The observance of certain penitential practices is obliged by the fourth precept of the Church (CCC 2043).

Pentateuch – Greek word, meaning “five scrolls”, given to the first five books of the Old Testament. (CCC 702).

Pentecost - The outpouring of the Spirit gave birth to the Church and the manifestation of the Christian community living and proclaiming the Gospel (CCC 726, 731, 1076). One of the Glorious Mysteries of the Rosary.

Pharisees – A party within Judaism in New Testament times composed mostly of laymen, in contrast to the sacerdotal Sadducees; calling themselves haberim, “comrades,” they were organized into societies called haburoth, “brotherhoods,” that were pledged to maintain strict ritual in accordance with the Torah and to keep separate from anyone who would not take similar vows

Prayers of the Faithful - The last part of the Liturgy of the Word. During this prayer we pray for ourselves and for people everywhere. Sometimes called the General Intercessions.

Precepts of the Church - Positive laws (sometimes called commandments) made by Church authorities to guarantee for the faithful the indispensable minimum in prayer and moral effort, for the sake of their growth in love of God and neighbor (CCC 2041). See Appendix B.

Primacy - First in rank. Applied to the Pope as Bishop of Rome, it is a primacy of jurisdiction, which means the possession of full and supreme teaching, legislative and sacerdotal powers in the Catholic Church (CCC 882).

Processional Cross - The cross that leads processions. (ex. Funerals, Mass. etc.).

Prodigal - The fault of being wasteful, or recklessly extravagant or spendthrift.

Prophet - One sent by God to form the people of the Old Covenant in the hope of salvation (CCC 702).

Prophetic Books - The longest of the four parts of the Old Testament: Torah, Prophetic, Historical, and Wisdom Writings (CCC 64, 120, 522, 2581).

Prudence - The cardinal virtue which disposes a person to discern the good and choose the correct means to accomplish it. (CCC 1806) See Appendix A

Psalms – A collection of prayers in the form of hymns or poetry (CCC 2585).

Purgative– Stage in spiritual development involving detachment from material world.

Purgatory - A state of final purification after death and before entrance into heaven for those who died in God's friendship, but were only imperfectly purified; a final cleansing of human imperfection before one is able to enter the joy of heaven (CCC 1031, 1472).

Pyx - A small, flat, gold or silver box used to carry the Blessed Sacrament to the sick.

Reconciliation – The Sacrament in which, through God’s mercy and forgiveness, the sinner is reconciled with God and also with the Church, Christ’s Body, which is wounded by sin (CCC 1422, 1442-1445, 1468).

Renaissance – Rebirth in arts, education, and all areas of life. The complex era of transition between Medieval and modern times.

Respect - To feel or show consideration for yourself or someone else.

Revelation – God’s communication of himself, by which he makes known the mystery of His divine plan, a gift of self-communication which is realized by deeds and words over time, and most fully by sending us His divine son, Jesus Christ (CCC 50). See Divine revelation.

Reverence - The gift of the Holy Spirit that enables us to show honor and respect to God, people, and all creation.

Sacrament – An efficacious sign of grace, instituted by Christ and entrusted to the Church by which divine life is dispensed to us through the work of the Holy Spirit (CCC 131, 774).

Sacramentals - Sacred signs which bear a certain resemblance to the sacraments, and by means of which spiritual effects are signified and obtained through the prayers of the Church (CCC 1667).

Sacred Tradition –Beliefs held by the Catholic Church not necessarily found in Sacred Scripture but handed down by work, custom, example, and oral teaching (CCC 78).

Sacrificial lamb - A symbol of Christ as the innocent lamb sacrificed for our salvation.

Sacrificial love - Total, self-giving love; agape.

Sacrilege – Profanation of or irreverence toward persons, places, and things which are sacred, i.e., dedicated to God, sacrilege against the sacraments, especially the Eucharist, is a particularly grave offense against the first commandment.

Sacristan - A minister who is charged with the care of the sacristy, the church, and their contents.

Saint - The “holy one” who leads a life in union with God through the grace of Christ and receives the reward of eternal life. The Church is called the communion of saints, of the holy ones (CCC 823, 946, 828).

Salvation - The forgiveness of sins and restoration of friendship with God, which can be done by God alone (CCC 169).

Sanctification – A second work of grace, distinct from justification, bringing deliverance from sinfulness, or inbred sin.

Sanctity - Personal holiness.

Schism - Refusal of submission to the Supreme Pontiff, or of communion with the members of the Church subject to him (CCC 2089).

Sin - Sin is a deliberate thought, word, deed, or omission contrary to the eternal law of God (CCC 1849, 1853, 1854).

Sinai Covenant - Agreement between God and man on Mount Sinai where the Israelites received The Law, including The Ten Commandments.

Stewardship—the grateful response of a Christian disciple who recognizes and receives God’s gifts and shares these gifts in love of God and neighbor

Stole - A liturgical vestment consisting of a long strip of colored material, worn by a priest or deacon in the exercise of his ministerial duties.

Synoptic Gospels - The name used to indicate the first three Gospels: Matthew, Mark, and Luke because they share much of the same source materials . From Greek, meaning "seeing together".

Tabernacle - A special place in a Church where the Blessed Sacrament is reserved (CCC 1183, 1379).

Temperance - The cardinal moral virtue that moderates the attraction of pleasure and provides balance in the use of created good. It ensures the mastery of the will over instinct and keeps natural desires within proper limits (CCC 1809). See Appendix A.

Temple of the Holy Spirit – Another name for the human body because it contains an immortal soul, filled with grace, which is the indwelling of the Holy Spirit. (CCC 583, 797 2580).

Theological Virtues – Infused gifts given by God and centered on Him (faith, hope, and charity) (CCC 1813). See Appendix A.

Theotokos - A Greek term meaning God-bearer, or Mother of God, a central title for the Virgin Mary.

Torah – Another name for the Pentateuch; the body of Jewish teaching that includes both sacred writings and oral tradition.

Transcendence and Immanence, God’s – Transcendence is a condition attributed to God as beyond the limitations characterizing that which is created and as beyond comprehension by any created mind; Immanence refers to a God that permanently fills the universe.

Transfiguration – The mysterious event in which Jesus, seen speaking with Moses and Elijah on the mountain, was transformed in appearance – in the sight of Peter, James, and John – as a moment of disclosure of His divine glory (CCC 554). One of the Luminous Mysteries of the Rosary.

Transubstantiation - The term used to designate the unique change of the Eucharistic bread and wine into the Body and Blood of Christ. “Transubstantiation” indicates that through the consecration of the bread and the wine there occurs the change of the (CCC 1376).

Trinity - The mystery of one God in three persons: Father, Son, and Holy Spirit (CCC 232, 237, 249, 253-256).

Trope - Musical addition to the Alleluia that is specific to the feast of the day.

Venial Sin - Sin which does not destroy the divine life in the soul, as does mortal sin, though it diminishes and wounds it (CCC 1855). Venial sin is the failure to observe necessary moderation, in lesser matters of the moral law, or in grave matters acting without full knowledge or complete consent (CCC 1862).

Vestibule - A semi-sacred space in a church where the faithful move from the outside world to the presence of Jesus in the tabernacle.

Vestments - The vestments are special clothes the priest, deacon, or bishop wears to celebrate Mass and other sacraments.

Vice - A habit acquired by repeated sin in violation of the proper norms of human morality. The vices are often linked with the seven capital sins. Repentance for sin and confession may restore grace to a soul, but the removal of the ingrained disposition to sin or vice requires much effort and self-denial, until the contrary virtue is acquired (CCC 1866).

Virtue - A habitual and firm disposition to do good. The moral virtues are acquired through human effort aided by God's grace; the theological virtues are gifts of God. (CCC 1803)

Virtues - Angels who compose the second choir of the second or intermediate order of angels. They are the ones whom God employs for the performance of stupendous works or extraordinary miracles.

Vocation - The calling or destiny we have in this life and hereafter (CCC 1, 358, 1700, 825, 898, 873, 931).

Works of Mercy, Corporal and Spiritual- charitable actions by which we come to the aid of our neighbor in his spiritual and bodily needs (CCC 2447). See Appendix D.

Yahweh - The name of God revealed to Moses from the burning bush (CCC 205).

Appendices

Appendix A: Prayers

Prayers

For purposes of unity throughout the diocese the following versions of prayers are recommended; *however, acceptable variations may be used at the discretion of the pastor.*

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Lord's Prayer "Our Father"

Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come. Thy will be done on Earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses as we forgive those who trespass against us,
and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners,
now, and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and ever shall be, world without end. Amen.

Angel of God "Prayer to Guardian Angel"

Angel of God, my guardian dear, to whom God's love entrusts me here;
ever this day be at my side, to light and guard, to rule and guide. Amen.

Grace Before Meals

Bless us, O Lord, and these thy gifts, which we are about to receive from Thy bounty.
Through Christ our Lord. Amen.

Grace After Meals

We give Thee thanks, Almighty God, for all thy **benefits**, which we have received from Thy bounty.
Through Christ our Lord. Amen.

Act of Contrition from Rite of Penance, par. 45

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong,
and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In his name, my God, have mercy. Amen.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,
born of the Father before all ages. God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father; through him all things were made.
For us men and for our salvation he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on
the third day in accordance with the Scriptures.
He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Apostles' Creed

I believe in God, the Father almighty, creator of Heaven and Earth
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit and born of the Virgin Mary,
suffered under Pontius Pilate, was crucified, died, and was buried;
He descended into hell;
On the third day he rose again from the dead;,
he ascended into heaven and is seated at the right hand of God the Father Almighty;
from there he will come again to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.

Act of Faith

O my God, I firmly believe that You are one God in three divine Persons,
Father, Son, and Holy Spirit;
I believe that your divine son became man, died for our sins,
and that He will come again to judge the living and the dead.
I believe these and all the truths which the holy Catholic Church teaches,
because You have revealed them, Who can neither deceive nor be deceived.

Act of Hope

O my God, relying on Your infinite mercy and promises,
I hope to obtain pardon of my sins, the help of Your grace, and life everlasting,
through the merits of Jesus Christ, my Lord and Redeemer.

Act of Love

O my God, I love You above all things with my whole heart and soul,
because You are all good and worthy of all my love.
I love my neighbor as myself for love of You.
I forgive all who have injured me, and ask pardon of all whom I have injured.

Morning Offering

O Jesus, through the Immaculate Heart of Mary,
I offer You my prayers, works, joys, and sufferings of this day,
in union with the Holy Sacrifice of the Mass throughout the world.
I offer them for all the intentions of Your Sacred Heart:
the salvation of souls, the reparation for sin, the reunion of all Christians.
I offer them for the intentions of our Bishops, and all Apostles of Prayer, and in particular for those
recommended by our Holy Father this month. Amen.

Memorare

Remember, O most gracious Virgin Mary, that never was it known,
that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided.
Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother.
To thee do I come, before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, **hail** our life, our sweetness, and our hope.
To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and
weeping in this valley of tears. Turn then, O most gracious advocate, thine eyes of mercy toward us; and
after this our exile, show unto us the blessed fruit of thy womb, Jesus.

Regina Caeli **“Queen of Heaven”**

V. Queen of heaven, rejoice! Alleluia.
R. For He whom you did merit to bear. Alleluia.
V. Has risen, as he said. Alleluia.
R. Pray for us to God. Alleluia.
V. Rejoice and be glad, O Virgin Mary. Alleluia.
R. For the Lord is truly risen. Alleluia.
V. Let us pray:

All: O God, who gave joy to the world through the resurrection of Your Son our Lord Jesus Christ, grant, we beseech you, that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life, through the same Christ our Lord. Amen.

Angelus **“Angel of the Lord”**

V. The angel of the Lord declared unto Mary.
R. And she conceived of the Holy Spirit. Hail Mary...
V. Behold the handmaid of the Lord.
R. Be it done unto me according to thy word. Hail Mary...
V. (genuflect) And the Word was made flesh.
R. And dwelt among us. Hail Mary...
V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ. Let us pray.

All: Pour forth we beseech **Thee**, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection, through the same Christ our Lord. Amen.

Come Holy Spirit

V. Come, Holy Spirit. Fill the hearts of **you**r faithful.
R. And kindle in them the fire of Your love.
V. Send forth Your spirit and they shall be created.
R. And You shall renew the face of the earth. Amen.

Rosary

1. Sign of the Cross
2. Apostles' Creed
3. Our Father
4. Three Hail Marys
5. Glory Be
6. For each decade: announce the mystery, Our Father, 10 Hail Marys, Glory Be, and Fatima Prayer.
7. After the Rosary: Hail Holy Queen and Prayer after Rosary

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell. Lead all souls into heaven, especially those who have most need of Thy mercy. Amen.

Prayer after Rosary

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

Rosary Mysteries

Joyful Mysteries (Mondays and Saturdays; Sundays during Christmas)

1. Annunciation
2. Visitation
3. Nativity (Birth) of Jesus
4. Presentation of Jesus in the Temple
5. Finding of Jesus in the Temple

Luminous Mysteries (Thursdays)

1. Baptism of Our Lord
2. Wedding at Cana
3. Proclamation of the Kingdom and forgiveness of sins
4. Transfiguration
5. Institution of the Eucharist

Sorrowful Mysteries (Tuesdays and Fridays; Sundays during Lent)

1. Agony in the Garden
2. Scourging at the Pillar
3. Crowning with Thorns
4. Carrying of the Cross
5. Crucifixion and Death of Jesus

Glorious Mysteries (Wednesdays and **Sundays**)

1. Resurrection of Jesus
2. Ascension of Jesus into Heaven
3. Descent of the Holy Spirit upon the Apostles and Mary
4. Assumption of Mary into Heaven
5. Crowning of Mary as Queen of Heaven and Earth

Stations of the Cross: Meditations on the Suffering and Death of Jesus

1. Jesus is condemned to carry the cross.
2. Jesus accepts the cross.
3. Jesus falls the first time.
4. Jesus meets his sorrowful Mother.
5. Simon of Cyrene helps Jesus carry the cross.
6. Veronica wipes the face of Jesus.
7. Jesus falls the second time.
8. Jesus meets and speaks to the women of Jerusalem.
9. Jesus falls the third time.
10. Jesus is stripped of his garments.
11. Jesus is nailed to the cross.
12. Jesus dies on the cross.
13. Jesus is taken down from the cross.
14. Jesus is placed in the tomb.

Appendix B: Useful Lists

Theological Virtues

Faith, Hope, Charity

Cardinal Virtues

Prudence: right judgment

Justice: giving someone their due

Temperance: moderation, self-control

Fortitude: courage to do the Christ-like action in difficult situations

Gifts of the Holy Spirit (CCC1831)

Wisdom

Knowledge

Understanding

Piety

Counsel

Fear of the Lord

Fortitude

The Seven Capital (Deadly) Sins

Pride: a vice and sin against humility; undue self esteem or self love

Lust: a vice and sin against chastity; inordinate desire for sexual pleasure outside of marriage and contrary to its purpose (CCC 2352)

Avarice (Greed): a vice and sin against temperance; inordinate attachment to getting and keeping of material possessions

Gluttony: a vice and sin against temperance; immoderate eating or drinking

Envy: a vice and sin against charity; sadness caused by another's blessings or good fortune

Sloth (Acedia): a vice and sin against prudence; physical and/or spiritual laziness, apathetic towards living a life of grace

Wrath: a vice and sin against charity; anger or desire for revenge because of a hurt done

Fruits of the Holy Spirit (CCC1832)

Charity

Joy

Peace

Patience

Kindness

Goodness

Generosity

Gentleness

Faithfulness

Modesty

Self-control

Chastity

Symbols of the Holy Spirit (CCC 694-701)

Water: Baptism, sign of new birth

Cloud and Light: the cloud reveals the living and saving God while veiling the transcendence of his glory

Hand: laying on of hands as a sign of the outpouring of the Holy Spirit in the sacraments

Anointing: Confirmation, anointing with holy oil (chrism)

Seal: Baptism, Confirmation, Holy Orders, the indelible "character" of these three sacraments

Finger: the finger of the Father's right hand

Fire: Pentecost, the transforming energy of the Holy Spirit

Dove: Noah; after Jesus' baptism

Symbols of the Church

Vine and Branches (Jn 15: 1-17)

Leaven (Mt 13:33, Lk 13:21)

Temple (Jn 2: 19-22) (CCC 756)

Body of Christ (1 Cor 12:20-27, Rom 12: 4-5) (CCC 779, 789, 805)

Bride of Christ (CCC 796, 808)

Sheepfold (Jn 10:1-18 (Good Sheperd), Lk 15:11-32) (CCC 754)

The Commandments of the Church

The Ten Commandments

1. I am the Lord your God, you shall not have strange gods before me.
theological virtues; avoid idolatry, agnosticism, atheism, superstition, indifference to or forgetfulness of God
2. You shall not take the name of the Lord your God in vain.
show reverence in speech about God; avoid cursing, blasphemy, perjury, false oath
3. Remember to keep holy the Lord's Day.
always attend Mass every Sunday and Holy day of Obligation; set aside time for prayer, renewal and works of mercy, especially on Sunday
4. Honor your father and your mother.
obey those who have authority: parents, teachers, civil authorities; fulfill responsibilities deriving from human relationships
5. You shall not kill.
promote care and respect for all forms of human life, including care for one's health; avoid the evils of murder, euthanasia, suicide, abortion (include reference to embryonic stem cell destruction), fighting with or hurting others, unnecessary recourse to capital punishment, unnecessary recourse to war, gluttony in food or drink, recreational use of addictive drugs
6. You shall not commit adultery.
chastity in marriage as part of God's plan; avoid fornication, adultery, masturbation, artificial contraception, reproductive procedures which violate God's law (artificial insemination, in vitro fertilization, cloning)
7. You shall not steal.
people have a basic right to private property and just treatment; avoid any kind of theft, fraud, vandalism or actions which are unjust and harmful to others
8. You shall not bear false witness against your neighbor.
the importance of truth; avoid dishonesty, lying, cheating, perjury
9. You shall not covet your neighbor's wife.
practice modesty; resist lust, avoid the evil of pornography
10. You shall not covet your neighbor's goods.
practice simplicity of life and trust in God; avoid envy and greed

The Great Commandments (Mt. 22:37-39)

1. You shall love the Lord your God with all your heart, with all your soul, and with all your mind.
2. You shall love your neighbor as yourself.

Precepts of the Church (CCC 2041-2043)

1. You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor.
2. You shall confess your sins at least once a year.
3. You shall receive the sacrament of the Eucharist at least during the Easter season.
4. You shall observe the days of fasting and abstinence established by the Church.
5. You shall help to provide for the needs of the Church.

Holy Days of Obligation

The Resurrection of Jesus Christ	every Sunday
Solemnity of Mary, the Mother of God	January 1
Ascension	7 th Sunday of Easter (Diocese of Wichita)
The Assumption of Mary	August 15
All Saints' Day	November 1
Immaculate Conception	December 8
Christmas Day	December 25

Corporal Works of Mercy

- Feed the hungry.
- Give drink to the thirsty.
- Clothe the naked.
- Visit the imprisoned.
- Shelter the homeless.
- Visit the sick.
- Bury the dead.

Spiritual Works of Mercy

- Admonish the sinner.
- Instruct the ignorant.
- Counsel the doubtful.
- Comfort the sorrowful.
- Bear wrongs patiently.
- Forgive all injuries.
- Pray for the living and the dead.

Appendix C: Sacraments

**Sacraments Chart and Biblical References for
all the Sacraments**