

# Catholic Diocese of Wichita Religion Curriculum Guide

## 3<sup>rd</sup> GRADE



Revised: 2013

## **RELIGION CURRICULUM COMMITTEE**

### **CHAIR**

Mlada Hill, St. Joseph Catholic School, Wichita

### **TEACHERS**

Michelle Leddy, St. Joseph Catholic School, Conway Springs - Kindergarten

Mary Jones, Blessed Sacrament Catholic School, Wichita – 1<sup>st</sup> Grade

Deanna Hanson, St. Thomas Aquinas Catholic School, Wichita – 2<sup>nd</sup> Grade

Connie Ronck, St. Elizabeth Ann Seton Catholic School, Wichita – 3<sup>rd</sup> Grade

Cathy Hardesty, St. Patrick Catholic School, Wichita – 4<sup>th</sup> Grade

Majel Breckunitch, St. Mary Catholic School, Newton – 5<sup>th</sup> Grade

Sr. Mary Clare, IHM, St. Peter Catholic School, Schulte – 6<sup>th</sup> Grade

Erin Hays, Holy Spirit Catholic School, Wichita - 7<sup>th</sup> Grade

Greg Goertz, St. Francis of Assisi Catholic School, Wichita – 8<sup>th</sup> Grade

### **ADMINISTRATORS**

Jamie Finkeldei, Catholic School Office, Wichita – Assistant Superintendent

Adam Butler, St. Cecilia Catholic School, Haysville – Administrative Intern

Aimee Dester, Magdalen Catholic School, Wichita – Assistant Principal

Cindy Chrisman, Christ the King Catholic School, Wichita – Principal

Mary Carter, St. Francis Catholic School, Wichita - Principal

## **Scope and Sequence**

Below is a list of the terms and their definitions that will help you plan lessons to meet the expectations of each new skill (per grade) in the Scope and Sequence.

**“I”-Introduce:** To “introduce” a skill a teacher must present material in a manner so that a student becomes acquainted with basic knowledge and principles necessary to enhance these building blocks for later application as understanding increases.

**“D”-Develop:** To “develop” a skill a teacher must have already introduced the material and now directs a stronger focus of the material as understanding increases. A teacher must build upon the basic knowledge, leading each student toward mastery of the particular skill.

**“M”-Master:** To “master” a skill a teacher must have introduced and developed a particular skill so a student can demonstrate proven ability and control at the application and impact levels. This control should include recall, but not only be limited to this basic level of learning.

**“R”-Reinforce:** To “reinforce” a skill a teacher must know that mastery has occurred. A teacher must build upon this mastery level of knowledge to improve application and impact abilities. Additional support and material that increases ability are at the core of reinforcement.

## **Organization**

This grade level document draws just the relevant information from the entire K-8 religion curriculum guide. As a result, there will be places where the numbering and lettering seem out of order. For a complete understanding, please refer to the complete guide

**CREED: DOCTRINE OF FAITH**

**CREED: DOCTRINE OF FAITH**

	D	I	R/M
<b>Benchmark 1:</b> The learner will define the <b>Trinity</b> .	D		
1) Identify God as three Divine Persons (Father, Son, and Holy Spirit) in one Being.			R
2) Attributes of the Trinity	D		
a) Sustainer of everything in existence CCC 301	D		
b) Author of Divine Revelation		I	
3) Source of Salvation as offered by the Father, through the sacrifice of the Son, and the guidance of the Holy Spirit in the sacraments	D		
<b>Benchmark 2:</b> The learner will explain the core beliefs held by Catholics as identified in the Articles of Faith.	D		
1) <b>Doctrine/Dogma:</b> revealed teachings of Christ, proclaimed by the Church, CCC 88		I	
2) God sent His Son to save us			M
3) "I believe in God the Father Almighty, Creator of heaven and earth"	D		
a) God as Creator-Genesis, CCC 279-280; Creation by the Trinity, CCC 291	D		
b) God as Father of all the baptized			R
c) Created Man "in the Image of God," CCC 355	D		
d) Created Man with a body and soul, CCC 362	D		
e) Creation "out of nothing," CCC 296	D		
f) Inherent truth-creation is good, CCC 299	D		
4) "and in Jesus Christ, His only Son, our Lord"	D		
a) Jesus is the Son of God (fully divine, <b>consubstantial</b> with the Father and the Spirit)	D		
b) Jesus is also fully human		I	
5) "who was conceived by the Power of the Holy Spirit," CCC 484( <b>Incarnation</b> ) [Nicene: and by the Holy Spirit was incarnate of the Virgin Mary]		I	
a) Definition: "into the flesh" God became Man, CCC 461-463		I	
6) "Born of the Virgin Mary," CCC 488			R
7) "suffered Under Pontius Pilate, was Crucified, Died, and was Buried"	D		
a) Stress Jesus' obedience to the will of the Father	D		
b) Responsibility for Jesus' Death	D		
i) Humanity, CCC 598	D		
c) Look to the Stations of the Cross (see Appendix A)		I	
10) "from there he will come again to judge the living and the dead," CCC 678		I	
11) "I believe in the Holy Spirit"			R
a) Role of the Holy Spirit in the Church			R
i) Sent by Jesus to his disciples to guide them and the Church	D		
ii) Jesus tells us to pray to the Spirit, who will sustain and guide us until the Second Coming			R
13) "...Communion of Saints..."			M
a) Saints in Heaven (including all souls in Heaven)			M
b) Souls in Purgatory			M
c) Faithful on Earth			M

**CREED: DOCTRINE OF FAITH**

	D	I	R/M
16) "...and the life everlasting."		I	
a) <b>Heaven</b> -perfect life with the Trinity.		I	
i) If we follow Jesus faithfully, heaven will be our final reward			M
b) <b>Purgatory</b> -final purification, CCC 1031		I	
c) <b>Hell</b> -separated from God forever by our own free choice, CCC1033, 1035		I	
<b>Benchmark 3:</b> Define and Apply the Four Marks of the Church CCC 810, 870		I	
1) Be able to list the four marks.			M
2) <b>One</b> -just as the Trinity is one, so is the Church united by the Spirit (Eph 4:3-6, Jn 17:17-23, 1 Cor 12:13)		I	
2) <b>Holy</b> -separated from the world and called to goodness		I	
3) <b>Catholic</b> -universal, everyone is invited (Rom 12:4-5)		I	
4) <b>Apostolic</b> -handing on of apostolic preaching and authority from the apostles to their successors, the bishops, (Mt 16:18, Jn 20-21, Eph 4:11, 1 Tim 3:1,8, 1 Tim 5:17, Tit 1:5), CCC 882-886, 890, 897, 901, 916, 927		I	
a) We are called to participate in the mission of the apostles-students can participate through prayer, sacrifice, and almsgiving		I	
b) Examine the hierarchy of the Church		I	
i) The pope is the leader of the Catholic Church throughout the world		I	
ii) Name the current pope		I	
c) Examine diocese		I	
i) What a bishop does and how he shepherds the diocese		I	
ii) Wichita – Name the current Bishop of Wichita		I	
iii) Kansas City as archdiocese		I	
iv) Dodge City, Salina as sister dioceses		I	
v) Priest is the leader of the church in the Parish			M
d) Discover how popes are elected ( <b>conclave</b> of Cardinals under 80, voting process, black/white smoke, papal name selection)		I	

# **LITURGY & SACRAMENTS**

## LITURGY AND SACRAMENTS

	D	I	R/M
<b>Benchmark 1:</b> The learner will be familiar with the Catholic view of grace. CCC 1987-2029	D		
1) Definition of <b>grace</b>			D
a) God's life within us			R
b) The free and undeserved gift that God gives us to grow in holiness and become more like Him			M
2) Sources of grace	D		
a) Sacraments			M
b) Christ's suffering, death, and resurrection		I	
3) Importance of grace: cannot reach heaven without it			R
<b>Benchmark 2:</b> The learner will define liturgy.	D		
1) Definition of <b>liturgy</b> : participation of the people of God in the work of God	D		
<b>Benchmark 3:</b> The learner will identify the seven sacraments and their elements. CCC 1113-1134 (see <b>Appendix C</b> for chart and biblical references)	D		
1) Students will identify the seven sacraments			R
2) <b>Sacrament</b>	D		
a) Definition: An outward sign instituted by Christ to give grace			M
b) Categories of sacraments	D		
i) Sacraments of Initiation (begin the life of grace in the soul) (Baptism, Confirmation, Eucharist)	D		
ii) Sacraments of Vocation (Holy Orders and Matrimony)	D		
iii) Sacraments of Healing (Reconciliation and Anointing of the Sick)	D		
3) <b>Baptism</b> CCC 1213-1284	D		
a) Definition			M
i) Sacrament that makes us members of God's family			R
ii) Sacrament which removes original sin, makes us Christians, children of God and heirs of heaven			R
b) Essential Action		I	
i) Matter: triple pouring of/immersion in water		I	
ii) Form: "N., I baptize you in the name of the Father and of the Son and of the Holy Spirit."		I	
c) Minister		I	
i) Ordinary: deacon, priest, or bishop		I	
4) <b>Confirmation</b> CCC 1285-1321	D		
a) Definition: sacrament through which we receive the Holy Spirit to make us strong and perfect Christians and soldiers of Jesus Christ			M
b) Essential Action		I	
i) Matter: laying on of hands and chrism		I	
ii) Form: "N., be sealed with the gift of the Holy Spirit"		I	
c) Minister		I	
i) Ordinary: bishop (or priest in context of RCIA)		I	



**LITURGY AND SACRAMENTS**

	D	I	R/M
<b>5) Eucharist</b> CCC 1322-1419	D		
a) Definition: Sacrament which contains the body and blood, soul and divinity of our Lord Jesus Christ under the appearance of bread and wine			M
b) Essential Action (essential rite)			R
i) Matter: wheat bread and grape wine			R
ii) Form: the Eucharistic prayer, specifically: "This is my Body" and "This is my Blood."			R
c) Disposition necessary to receive: baptized person in a state of grace; one hour of fast; proper preparation	D		
d) Eucharist derives from a Greek word meaning "thanksgiving"			M
e) Minister		I	
i) Consecration		I	
(1) Ordinary: bishop or priest		I	
ii) Communion		I	
(1) Ordinary: bishop, priest, or deacon		I	
<b>6) Reconciliation, CCC 1420-1498</b>	D		
a) Definition: sacrament by which sins committed after Baptism are forgiven			M
b) Essential Action			M
i) Matter: outward confession and contrition			M
ii) Form: "I absolve you from your sins, in the name of the Father and of the Son and of the Holy Spirit."			M
c) Disposition necessary to receive: contrition, confession, performance of penance	D		
d) Purpose of the sacrament:	D		
i) Because we keep sinning; sin hurts both God and other people; confession heals our relationship with God; penance helps heal relationship with others			M
ii) Obtain pardon and be reconciled with God and the Church (our community)		I	
e) Minister: bishop or priest		I	
<b>7) Anointing of the Sick</b> CCC 1499-1535	D		
a) Definition: sacrament which, through anointing and prayer of the priest, gives health and strength to the soul and sometimes to the body, when there is a danger of death or serious illness			M
b) Essential Action		I	
i) Matter: laying on of hands and anointing with Oil of the Sick		I	
ii) Form: "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit. Amen. May the Lord who frees you from sin save you and raise you up. Amen"		I	
c) Minister: bishop or priest		I	
<b>8) Matrimony</b> CCC 11601-1666	D		
a) Definition: sacrament which unites a Christian man and Christian woman in marriage			M
b) Essential Action (essential Rite)		I	

## LITURGY AND SACRAMENTS

	D	I	R/M
i) Matter: mutual and free consent of a man and a woman		I	
ii) Form: approved formula of vows		I	
c) Minister: man and woman being joined in Matrimony		I	
9) <b>Holy Orders</b> CCC 1536-1600	D		
a) Definition: sacrament administered by a bishop through which men receive the power and grace to perform their sacred duties as ordained ministers			M
b) Essential Action (essential Rite)		I	
i) Matter: laying on of hands for all three; anointing with Chrism (hands of priest, head of bishop)		I	
ii) Form: silent invocation of Holy Spirit and separate consecration prayer for each order		I	
c) Minister: bishop		I	
<b>Benchmark 4:</b> The learner will demonstrate an understanding of the ritual, symbolism, and effects of each sacrament.	D		
1) Ritual and symbolism of Baptism	D		
a) Sign of cross: claims person for Christ	D		
b) Pouring of water and words: dying and rising to new life with Christ through water	D		
c) Putting on of white garment: putting on Christ	D		
d) Receiving candle: receiving Christ, the light of the world	D		
e) Anointing with oil of catechumens	D		
f) Confessing the faith of the church: done by parents and godparents if child cannot	D		
g) Anointing with sacred chrism	D		
2) Effects of Baptism	D		
5) Ritual and symbolism of Eucharist:	D		
a) As Thanksgiving: we offer thanks for Jesus and all we have received			R
b) As Memorial: we remember the Last Supper and the Paschal Mystery	D		
c) <b>Transubstantiation:</b> Jesus is truly present			R
7) Ritual and symbolism of Reconciliation	D		
a) use story of the Forgiving Father and the Prodigal Son			M
b) Necessity of <b>Examination of Conscience</b>			M
c) Ritual			R
i) <b>Confession</b>			R
ii) Imposition and acceptance of <b>penance</b> (performance necessary)			R
iii) Act of <b>Contrition</b>			R
iv) <b>Absolution</b> CCC 1449			R
8) Effects of Reconciliation	D		
a) Reconciliation with God	D		
b) Reconciliation with the Church	D		

## LITURGY AND SACRAMENTS

	D	I	R/M
<b>Benchmark 5:</b> The learner will examine the historical development of the Mass from its inception at the Last Supper to the present day.	D		
5) Revised English Translation of the Mass in English implemented in Advent, 2011	D		
a) Students should be able to provide correct responses.	D		
b) Why? To move our translation closer to the Latin original		I	
<b>Benchmark 6:</b> The learner will identify and be able to list the main parts of the Mass as it is celebrated today.	D		
1) Introductory Rites	D		
a) Entrance Antiphon/Song	D		
b) Veneration of the altar	D		
c) Greeting	D		
d) Penitential Rite/Confiteor	D		
e) Kyrie	D		
f) Gloria	D		
g) Collect (Opening Prayer)	D		
2) Liturgy of the Word			M
a) 1 <sup>st</sup> Reading: Testament/Revelation/Acts of the Apostles reading	D		
b) Responsorial Psalm	D		
c) Second Reading from Epistles	D		
d) Gospel Acclamation	D		
e) Gospel	D		
f) Homily	D		
g) Profession of Faith/ Creed	D		
h) Prayers of the Faithful	D		
3) Liturgy of the Eucharist			M
a) Offertory	D		
b) Prayer over the Gifts	D		
c) Eucharistic Prayer	D		
v) <b>Consecration</b> is when bread and wine become Body and Blood of Christ			M
d) Communion Rite	D		
i) Lord's Prayer	D		
ii) Rite of Peace	D		
iii) Fraction Rite/Agnus Dei (Lamb of God)	D		
iv) Communion Antiphon/Song	D		
v) Silent Prayer	D		
4) Concluding Rite	D		
a) Greeting	D		
b) Blessing	D		
c) Prayer over the people	D		
d) Dismissal	D		

## LITURGY AND SACRAMENTS

	D	I	R/M
<b>Benchmark 7:</b> The learner will display appropriate participation in Mass.	D		
1) Genuflection			M
2) Sign of the Cross	D		
3) Silent prayer before and after Mass	D		
4) Appropriate responses and movements	D		
5) Listening to readings	D		
6) Participating in Communion	D		
a) Reverence in receiving(bow before receiving)			M
b) One hour Communion fast			M
c) Lack of Mortal Sin/In the state of grace			M
7) Use of Holy Water	D		
8) Singing	D		
9) Attention on the Altar	D		
10) Appropriate Dress for Mass	D		
11) Lectoring	D		
12) Altar serving			
<b>Benchmark 8:</b> The learner will explain and experience the value of Eucharistic Adoration, Benediction, and other paraliturgical celebrations.	D		
1) Eucharistic Adoration	D		
2) Rosaries	D		
3) Stations of the Cross	D		
4) <b>Benediction</b> / Exposition	D		
5) Novenas	D		
6) Litanies	D		
7) Liturgy of the Hours			
<b>Benchmark 10:</b> The learner will participate in and explain the liturgical cycle, including the seasonal ( <i>temporal</i> ) and sanctoral cycles. CCC 1163-1173 (see Appendix D for more information)	D		
1) Temporal cycle: the drama of Christ's life and our redemption (seasons)	D		
a) Advent (1 <sup>st</sup> season of the liturgical year)	D		
i) Preparation for Jesus Preparation for the 3comings of Christ	D		
(1) In hearts	D		
(2) At Christmas (historically)	D		
(3) At second coming		I	
ii) About four weeks: 1 <sup>st</sup> Sunday to Christmas Eve	D		
iii) Purple	D		
iv) 3 <sup>rd</sup> Sunday: Gaudete Sunday (rose)	D		
b) Christmas	D		
i) About 3 weeks: Christmas Day to Baptism of Jesus	D		
ii) White	D		
iii) Important Days	D		

## LITURGY AND SACRAMENTS

	D	I	R/M
(1) Christmas (12/25)	D		
(2) Holy Family (Sunday after 12/25)			M
(3) Solemnity of Mary, Mother of God (1/1)	D		
(4) Epiphany (Sunday after 1/1)	D		
(5) Baptism of Jesus (Sunday after 1/6)	D		
c) Ordinary Time (first of two sections)	D		
i) Green	D		
ii) 7-10 weeks: day after Jesus' Baptism to Tuesday before Ash Wednesday		I	
iii) Celebration of Jesus' life and growth in our faith		I	
d) Lent	D		
i) Roughly 40 days: Ash Wednesday to Holy Thursday	D		
ii) Purple	D		
iii) Important Days	D		
(1) Ash Wednesday ( <i>mandatory fast and abstinence from meat</i> )	D		
(2) 4 <sup>th</sup> Sunday: Laetare Sunday (rose)	D		
(3) Passion/Palm Sunday	D		
(4) Monday, Tuesday, Wednesday of Holy Week	D		
(5) Sacred Triduum ( <i>Easter Triduum</i> )	D		
(a) Holy Thursday: Institution of Eucharist and Priesthood	D		
(b) Good Friday: No consecration of Eucharist anywhere in world; Passion and Death of our Lord	D		
(c) Holy Saturday: Day of Waiting	D		
(d) Easter Sunday - Celebrate the resurrection of Jesus			M
(e) Triduum ends with evening of Easter Sunday: <i>Triduum's climax is Easter Vigil</i>	D		
e) Easter Season	D		
i) White	D		
ii) Easter to Pentecost (50 days)	D		
iii) Important days	D		
(1) Octave of Easter: Easter + 7 days, each celebrated as Easter, ending with <i>Divine Mercy Sunday</i>	D		
(2) Ascension Thursday (40 days): moved to 7 <sup>th</sup> Sunday of Easter	D		
(3) Pentecost: 50 days after Easter	D		
f) Ordinary time (second of two sections)		I	
i) Monday after Pentecost to Saturday after Christ the King Sunday		I	
ii) Important Days		I	
(1) Trinity Sunday		I	
(2) Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi)		I	
(3) Christ the King Sunday ( <i>last Sunday of the Church Year</i> )		I	

**LITURGY AND SACRAMENTS**

	D	I	R/M
<b>Benchmark 11:</b> The learner will identify various types of <b>sacramentals</b> and their uses. (1667-1679)	D		
1) Types	D		
a) Blessings of persons, meals, objects, and places (including consecrations)	D		
b) Ashes: reminder of death and sin on Ash Wednesday	D		
c) Medals (esp. Miraculous)	D		
d) Crucifixes	D		
e) Palms	D		
f) Rosaries	D		
g) Holy Water	D		
h) Relics	D		
i) Scapular	D		
j) Incense (Psalm 141)		I	
2) Sacrilege - disrespect for sacred persons, places, or things	D		
3) Definition: sacred signs which bear a resemblance to sacraments which...		I	
a) Prepare us to receive sacraments		I	
b) Make occasions of life holy		I	
c) Always include a prayer, often with a specific sign		I	

# **MORALITY**

## MORALITY

	D	I	R/M
<b>Benchmark 1:</b> The learner will know and model the theological and cardinal (moral) virtues, particularly the virtues of chastity and modesty in dress, speech, and attitude.	D		
<b>1) Virtue</b>	D		
a) Define: A habitual and firm disposition to do good CCC 1803			M
b) Grace allows us to lead a more virtuous life	D		
<b>2) Theological virtues, 1 Cor 13:13</b>	D		
a) Define	D		
i) <b>Faith</b> , CCC 1814	D		
ii) <b>Hope</b> , CCC 1817	D		
iii) <b>Love (charity)</b> , CCC 1822	D		
iv) <b>Golden Rule</b> , CCC 1823			R
b) Practice in thought, word, and deed	D		
<b>3) Cardinal (moral) virtues, Wis 8:7</b>	D		
a) Define, CCC 1805	D		
i) <b>Prudence</b> , CCC 1806		I	
ii) <b>Justice</b> , CCC 1807		I	
iii) <b>Fortitude</b> , CCC 1808		I	
iv) <b>Temperance</b> , CCC 1809		I	
b) Practice in thought, word, and deed	D		
<b>Benchmark 2:</b> The learner will apply the Ten Commandments, Beatitudes, and Precepts of the Church to conscience formation.	D		
1) Review decision making skills	D		
<b>2) Sin/vice, CCC 1849; 1850</b>	D		
a) Define: A deliberate thought, word, deed or omission contrary to the eternal law of God.			R
b) Every choice has a consequence – Our Conscience tells us to make good choices			M
c) Kinds of sin	D		
i) Original, CCC 404			M
ii) Actual			M
(1) <b>Venial</b> , CCC 1855 – Does not destroy the divine life in the soul, as does moral sin, though it diminishes and wounds it.			R
(2) <b>Mortal</b> , CCC 1855 – a grave violation of God’s law			R
iii) Commission and Omission	D		
d) Conditions for mortal sin, CCC 1857	D		
i) Grave matter, CCC 1858	D		
ii) Full knowledge, CCC 1859	D		
iii) Complete consent – free will, CCC 1859	D		
iv) Only free persons can make moral choices and be responsible for them	D		
<b>3) Ten Commandments</b>	D		
a) Memorize each by number & word	D		
b) Explain what is commanded & forbidden by each, CCC 2084-2550 (see Appendix B)	D		



**MORALITY**

	D	I	R/M
c) Examination of Conscience (see Liturgy 4.7)	D		
d) Two Great Commandments of Jesus (Mk. 12:29-31)	D		
i) As summary of the two tablets of the 10 Commandments	D		
ii) The Law of Love	D		
e) Locate in Bible, Ex 20:1-17		I	
<b>Benchmark 3:</b> The learner will demonstrate a reverence for the human body as a Temple of the Holy Spirit.	D		
1) Define and demand respect and self-respect	D		
<b>Benchmark 4:</b> The learner will develop an appreciation for family life and Christian friendships founded on respect, reverence, and responsibility.	D		
1) Holy Family as a model	D		
2) Sacrificial Love	D		
a) Demonstrate acts of kindness towards others	D		
b) Recognize the sacrificial love of Jesus and love as He does	D		
3) Developing relationships	D		
a) Always rooted in our relationship with Jesus	D		
b) Self-discipline	D		
c) Self-awareness	D		
d) Respect for others (likes/ dislikes)	D		
<b>Benchmark 5:</b> The learner will put into practice the corporal and spiritual works of mercy by performing acts of stewardship.	D		
1) Practical love and care for God's creation	D		
<b>Benchmark 6:</b> The learner will examine and apply the teachings of the Catholic Church to relevant social issues of the day.	D		
1) Respect for human dignity as the most basic principle of Catholic social teaching	D		
2) Life Issues	D		
a) Life is created in God's image – We are children of God			R
b) Life is precious to God			M
3) Internet Safety (Refer to Appendix F)		I	
a) Rules and Tools for home (Refer to Appendix F)		I	
18) Learn about positive alternatives	D		
a) Prayer groups (Daily prayer)	D		
b) Christian radio	D		
c) Deeper relationship with Christ	D		
d) Friends who share your values	D		

# **STEWARDSHIP**

## STEWARSHIP OVERVIEW

Stewardship is a spirituality, a way of living, a step in our personal evangelization. As important as it is to memorize the official diocesan definition, the virtues of a steward, and even the triad of “time, talent, and treasure,” it is far more critical that students see stewardship witnessed daily by their teachers and parents as their way of life and also have the opportunity to practice it in every routine of the day.

Three questions distinguish stewardship from the modern lifestyle espoused and glamorized by current culture. What do I have? Where did it come from? What do I do with it?

Modern culture constantly teaches us that we do not have enough and deserve more. However, stewards believe that they have everything they need and must of what they want.

Modern culture teaches us that whatever we have, we earned with our own two hands; whatever we want, we have a right to; whatever we don’t want, we can dispose of. Stewards believe that everything we have is a gift from God, and the most important things we have – life, love, family, health, children, happiness, eternity, etc. can not be earned or purchased at any price.

Modern culture teaches us that what we have is ours to keep, and that we owe nothing to anyone else because each person should take care of himself. Stewards believe, however, that because everything we have is a gift from God, we have an obligation to care for these gifts, share them generously with others, and be accountable to God for our stewardship of the gifts He has entrusted to us.

So teaching stewardship is not a matter of definition or service hours. It is a countercultural way of life that each of us can choose or not. “To be or not to be?” was Shakespeare’s famous question. For Christian disciples it is the question. Stewardship is the answer.

<u>STEWARSHIP</u>	D	I	R/M
<b>Benchmark 1:</b> The learner will identify the elements of stewardship.	D		
1) Identify the stages of conversion of stewardship			M
a) God calls each of us ( <b>Evangelization</b> ) to holiness CCC 1533, 1962, 1877			M
b) We agree to be his <b>disciples</b> (discipleship) CCC 618, 1533, 1275			R
c) We live out discipleship as stewards			R
i) Define <b>stewardship</b> : the grateful response of a Christian disciple who recognizes and receives God’s gifts and shares these gifts in love of God and neighbor	D		
2) Four elements of stewardship	D		
a) Share our gifts generously.			R
b) Receive God’s gifts gratefully.			R
c) Cultivate God’s gifts diligently.		I	
3) Characteristics of a steward	D		
a) Prayer	D		
b) Generosity	D		
c) Trust	D		
d) Patience	D		
e) Gratitude	D		

## STEWARDSHIP

	D	I	R/M
f) Responsibility		I	
4) Four pillars of stewardship	D		
a) Hospitality	D		
b) Prayer	D		
c) Formation	D		
d) Service	D		
5) Stewardship in the Diocese of Wichita as unique	D		
<b>Benchmark 2:</b> The learner will identify, define, and apply the role of a steward of vocation.	D		
1) Define <u>steward of vocation</u> : <i>one who responds generously to the call of God</i> ; CCC 1, 358, 1700, 825, 898, 873, 931	D		
2) Be open to God's call	D		
3) Discovering your gifts	D		
4) Understand that our desire for God is written in our heart, because He is our Creator, CCC 27	D		
5) Love is the fundamental and innate vocation of every human being, CCC 1604, 2331, 2392	D		
6) Pray for an increase in Religious vocations; for example, Vocation Prayer, 31 Club, and Adopt a Seminarian	D		
7) Gifts and Responsibilities of each vocation		I	
a) Priesthood		I	
b) Consecrated Religious Life		I	
c) Married Life		I	
d) Single Life (state in life vs. vocation)		I	
<b>Benchmark 3:</b> The learner will identify, define, and apply the role of a steward of creation.	D		
1) Define <u>steward of creation</u> : <i>someone who cultivates and cares for God's creation, both living and nonliving, (Gen 2: 15)</i>			R
2) Respect for human life, CCC 1700	D		
a) All people from conception to natural death, CCC 2258-2283	D		
b) Aged, CCC 2208	D		
c) One's own body, CCC 1004, 2288	D		
3) Protection of the environment, CCC 2415	D		
a) Animals, CCC 2416-2418	D		
b) Conservation	D		
c) Recycling	D		
<b>Benchmark 4:</b> The learner will identify, define, and apply the role of a steward of the Church.	D		
1) Define <u>steward of the church</u> : <i>someone who works to spread the Catholic faith throughout their community and the world.</i>	D		

<b><u>STEWARDSHIP</u></b>	D	I	R/M
a) We are all called to be missionaries. We don't have to go to another country to be a missionary. We are called to be an example and bring others to the church wherever we are. (see below)	D		
a) Mary is the perfect example of a steward of the Church- total devotion to Christ	D		
3) Role of the parish steward CCC 2226	D		
a) Make and keep a sacrificial pledge to the parish (tithing)	D		
b) Participate in Mass and the sacraments faithfully in the parish	D		

### **Mission**

Decades ago, missionary work was seen to be the task of a small number of zealous Catholics who traveled to distant lands to convert pagans. The rest of the Catholic population participated in this effort with occasional donations.

The Second Vatican Council proclaimed a very different vision of spreading the faith that was the vocation of every baptized person and was to be reiterated at the conclusion of every Sacrifice of the Mass when the faithful are sent from the liturgy to live the faith, to love and serve each other.

In recent times, this missionary call is best understood within the context of evangelization, a term elaborated upon by Pope Paul VI in 1976 in **Evangelii Nuntiandi**. Evangelization is an umbrella term that explains how a person comes to know, love, and live the Catholic faith. It includes the proclamation or reception of the Gospel, the decision to accept God's call to follow Him (discipleship), the decision to live out that faith in service to God and to others (stewardship), and the obligation to witness to that faith and spread it as missionaries.

The understanding of the missionary call also continues to evolve. We have always understood that the Church has a mission to evangelize those who have never heard the gospel. However, in recent years, the term New Evangelization has been coined to stir up the dormant or inactive faith of those who are already members of the Church through Baptism, a group estimated to include more than 20 million people in the United States alone. Clearly, then, to paraphrase recent popes, the work of every Catholic is to be a missionary.

### **Doctrinal Points**

1. The Great Commission of Jesus is "Go, therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you..." (Mt. 28:20)
2. Christ has entrusted His mission to the Church. The Church, in obedience to the command of her founder and because it is demanded by her own essential universality, strives to preach the Gospel to all men" (CCC 849)
3. The Church is the Body of Christ where Christ the Head continues to work His mission. Through Baptism, we became members of Christ's Body.

4. “Because she believes in the universal (catholic) plan of salvation, the Church must be missionary.” (CCC 851)
5. “All the members of the Church share in this mission, though in various ways.” (CCC 863)
6. “Modern man listens more willingly to witnesses than to teachers, and if he does listen to teachers it is because they are witnesses.” (Evangelii Nuntiandi 41) Pope Paul VI.

# **PRAYER & SPIRITUALITY**

**PRAYER & SPIRITUALITY**

	D	I	R/M
<b>Benchmark 1:</b> The learner will develop a personal relationship with Jesus Christ and the Church, which is anchored in a vibrant prayer life.	D		
1) Necessity of prayer, CCC 2744, 2562 (praying at all times)	D		
2) Jesus taught us to pray using the Our Father			R
3) What is prayer: Talking and listening with God			R
a) Prayer as God's gift, CCC 2559			R
b) Prayer as a relationship, CCC 2562		I	
c) Prayer as communion with the Trinity, CCC 2565		I	
4) Jesus' teachings on prayer, CCC 2600-2614	D		
a) Faith	D		
b) Persistence	D		
5) Our model for prayer, as expressed in the Our Father	D		
a) For forgiveness, CCC 2631, 2838-41			R
b) For the sick, CCC 1499, 1510			R
c) For the dead, CCC 958, 1032	D		
d) For deliverance from evil, CCC 2850-54	D		
e) For daily bread, CCC 2828-37	D		
f) For the coming of God's Kingdom, CCC 2816		I	
g) For ecumenism, CCC 821		I	
6) Aids to prayer life	D		
a) Time	D		
b) Silence	D		
c) Posture (see benchmark 4)	D		
d) Environment/ Place	D		
e) Sacramentals/Sacred Images	D		
7) Stumbling blocks to prayer life, CCC 2729-32	D		
a) Distraction	D		
b) Lack of faith	D		
c) Reciting words without meaning	D		
<b>Benchmark 2:</b> The learner will define and practice different types of prayer.	D		
1) Forms of prayer	D		
a) Adoration	D		
b) Contrition	D		
c) Thanksgiving	D		
d) Supplication/Petition	D		
2) Expressions of prayer	D		
a) Formula: Hail Mary, etc.	D		
b) Vocal	D		
c) Spontaneous	D		
d) Mental	D		
e) Communal	D		



**PRAYER & SPIRITUALITY**

	D	I	R/M
f) Meditation: reflecting upon a specific text or image; for example, lectio divina	D		
<b>Benchmark 3:</b> The learner will understand and memorize specific prayers as they relate to Catholic spirituality. (see Appendix J)	D		
1) Sign of the Cross			R
2) Glory Be			R
3) Angel of God (Prayer to Guardian Angel)			R
4) Grace Before Meals			R
5) Our Father			R
6) Hail Mary			R
7) Grace After Meals			R
8) Act of Contrition			R
9) Morning Offering			R
10) Apostles' Creed			M
11) Hail Holy Queen			M
12) Rosary			M
16) Fatima Prayer		I	
17) Stations of the Cross		I	
18) Memorare		I	
<b>Benchmark 4:</b> The learner will display appropriate gestures while participating in various forms of liturgy.	D		
1) Gestures and participation	D		
a) Sign of Peace-express our desire to be at peace with each other. Customary to shake hands, but a bow or nod is sufficient. Should be finished at the beginning of the Lamb of God.			R
b) Folding our hands during Mass or prayer as a sign of respect and adoration. (Vietnamese posture of folding arms)			R
c) Proper respect and treatment of missalettes, prayer books, and other prayer materials			R
d) Profound genuflection-both knees (pious practice, not liturgical)	D		
e) Genuflection-right knee only			R
f) Sign of the Cross with holy water-reminder of our baptism and a sign of respect (symbolic profession of faith)			R
g) Proper posture while sitting, standing, and kneeling. (Not leaning on the pew in front of you or the seat behind you.)			R
h) Participation in congregation's prayers and responses			R
i) Participation in hymns, refrains, and other singing parts			M
j) Proper reception of Communion in the hand or mouth			R
<b>Benchmark 5:</b> The learner will acknowledge the special honor due to Mary through devotions to her (see Creed and Saints for more)	D		

# SCRIPTURE

## SCRIPTURE

	D	I	R/M
<b>Benchmark 1: The learner will identify essential elements of the Bible.</b>	D		
1) The Bible as God's <b>revelation</b> of Himself to us	D		
2) God is the author of the Bible			R
3) The Bible as <b>Covenant</b>	D		
a) God's faithfulness to man	D		
4) Bible as the <b>Inspiration</b> of the Holy Spirit		I	
5) The Bible as a Literary Form	D		
a) The Division of the Bible/Chapter and Verse		I	
i) Be able to use the table of contents to locate books in the Bible		I	
ii) The <b>Gospels</b> record what Jesus said and did			M
ii) Know whether a book is in the Old Testament or New Testament (memorization not required)		I	
<b>Benchmark 2: The learner will identify and apply the content of specific books and other important concepts contained in Holy Scripture.</b> (See Appendix H for more detail)	D		
1) Pentateuch	D		
a) Genesis and the Creation, (Gen 1-3)			M
i) The Fall: Original Sin			R
ii) God created all and rested on the seventh day			R
b) Cain and Abel (Gen 4): offering our best to God, not being jealous	D		
c) Noah and the Flood, (Gen 6)			M
i) Covenant with God	D		
j) Moses	D		
i) Yahweh as God's revealed name: I am who am (Ex 3)	D		
ii) Passover as prefiguring Paschal Mystery (Ex 12)		I	
iii) 10 Commandments (Ex 20-24) (CCC 2055-2074)	D		
2) Israelite Settlement	D		
e) David (1 Sam 17, 2 Sam 24)	D		
i) Writer of the Psalms	D		
ii) Goliath, (1 Sam 17): God often works through the small and meek; trust; all is possible through God	D		
g) Jonah and the Whale: Follow God's will; prefiguring baptism and the paschal mystery	D		
k) Wisdom Literature: instructions in how to live in relationship with God; how to live a virtuous life	D		
3) Be familiar with or analyze the Synoptic Gospels	D		
a) The Infancy Narratives	D		
i) Annunciation/Incarnation: Lk. 1:26-38; 1 Jn 2:2-3; 2 Jn. 7	D		
ii) Birth of John, Lk. 1:5-25, 57-80	D		
iii) Visit to Elizabeth, Lk 1:39-45	D		
v) Dream of St. Joseph, Mt 1: 18-24		I	
vi) Genealogy of Jesus, Mt. 1:1-17		I	

<b>SCRIPTURE</b>	D	I	R/M
vii) Birth of Jesus, Mt. 1:18-25, Lk 2:1-20			R
viii) Visit of the Shepherds, Lk 2:8-10			R
ix) Presentation in the Temple, Lk 2:21-40		I	
x) Magi (Epiphany) and their importance, 2: 1-12			R
xi) Flight into Egypt, Mt 2:13-23		I	
xii) Massacre of the Holy Innocents, Mt 2:16-18		I	
xiii) Finding Jesus in the Temple, Lk 2:41-52		I	
b) John the Baptist: Mt. 3:1-12, Mk 1:1-8, Lk 3:1-18	D		
c) Baptism of Jesus, Mt 3:13-17, Mk 1:9-11, Lk 3:21-22	D		
e) Inauguration of the Kingdom of Heaven and the call to conversion, Mt 4:12-17, Mk 1:14-15, Lk 4:1-13		I	
f) Call of First Disciples, Mt. 4:18-22, Mk 1:16-20, Lk 5:1-11	D		
g) Call of Matthew the tax collector, Mt. 9:7-13	D		
h) The Sermon on the Mount and the Beatitudes, Mt 5-7	D		
i) Beatitudes, Mt 5:3-12	D		
i) Lord's Prayer, Mt 6:9-15, Lk. 11			R
j) The Greatest Commandment, Mt 22:37, Lk 12: Love God with whole heart, soul, mind, and strength, and love neighbor as yourself			R
l) Parables (See Appendix H for more detail)	D		
i) Definition of <b>Parable</b> : a short story that presents familiar imagery of Jesus' time to teach a truth about the Kingdom of God		I	
ii) Purpose of parables: Mt 13:10-15, Mk 4:10-12, Lk 8:9-10	D		
iii) The Parable of the Mustard Seed, Mt 13:31, Mk 4:30, Lk 13:18	D		
iv) The Pearl of Great Price, Mt 13:45- 46	D		
v) The parable of the Lost Sheep, Lk 15:1-7, Mt. 18:12-14			R
vi) The parable of the Prodigal Son, Lk 15:11-32			R
vii) The Parable of the Good Samaritan, Lk 10:29-37	D		
viii) The Parable of the Sower of the Seeds, Mt 13:1-9, Mk 4:1, Lk 8:4	D		
ix) The Parable of the Talents, Mt 25:14-30		I	
x) The Parable of the Unforgiving Servant, Mt 18: 21-35		I	
xi) The parable of the Persistent Widow, Lk 18: 1-8		I	
xii) The Parable of Lazarus and the Rich Man, Lk 16:19-31		I	
xiii) Parable of Judgment of the Nations; corporal works of mercy, Mt. 25: 31-46 ("Whatever you do...you do unto me")		I	
m) Miracles (See Appendix H for more detail)	D		
i) Feeding five thousand, Mt 14:13, Mk 6:32-44, Lk 9:10-17, Jn 6:1-13	D		
ii) See appendix for other examples of miracles; teach some in each category (healing, provision, resurrection, demons, nature)	D		
iii) Walking on Water Mt 14:22-33, Mk 6:45-52	D		
n) The Transfiguration, Mt17:1-8, Mk 9:2-8, Lk 9:28-36		I	
o) The story of Martha and Mary, Lk. 10:38-42		I	
p) Zacchaeus, (Lk 19:1)	D		

<b>SCRIPTURE</b>	D	I	R/M
q) Christ's passion, death, and resurrection (i.e. Paschal Mystery), Mt. 26- 28; Mk 14-6; Lk 22-24, Jn 18-20			M
r) The appearance on the road to Emmaus, Lk 24:13-35	D		
s) The Ascension of Jesus, Mk 16:19-20; Acts 1:6-12	D		
4) Be familiar with or analyze the New Testament Gospel stories of John	D		
b) The Wedding Feast of Cana (first public miracle) and the purpose of signs, 2:1-12)		I	
d) The Bread of Life Discourse, 6:22-70	D		
e) The Good Shepherd, 10:11			R
g) The Washing of the Disciples' Feet, 13:4-15		I	
h) Judas' Betrayal, 13:21-30		I	
i) The Last Supper Discourses, 14-17	D		
i) The Vine and the Branches, 15:1	D		
ii) New Commandment of Love "Love one another as I have loved you" Jn 15:12	D		
<b>Benchmark 5:</b> The learner will apply specific terms connected with Sacred Scripture.	D		
1) <b>Disciple:</b> learner	D		
<b>Benchmark 10:</b> The learner will demonstrate reverence toward Holy Scripture.	D		
1) Importance of Holy Scripture reverence	D		
2) Examples of how to demonstrate this reverence	D		
<b>Benchmark 11:</b> The learner will be familiar with the geographical locations of the main biblical events.		I	
1) Holy Land: cities of Hebron, Jerusalem, Bethlehem		I	
2) Galilee		I	
3) Sea of Galilee		I	
4) Nazareth		I	
5) Jordan River		I	
6) Dead Sea		I	
7) Jerusalem		I	
8) Bethlehem		I	

# **SAINTS**

## SAINTS

	D	I	R/M
<b>Benchmark 1:</b> The student will study angels.	D		
1) Define <b>angel</b>			R
2) Kinds of angels	D		
a) <b>Archangels</b> (9/29)			R
b) <b>Guardian</b> (10/2)			R
<b>Benchmark 2:</b> The student will study and analyze the life, virtues, and contributions of Mary and the saints.	D		
1) Contributions of Mary (the greatest saint)	D		
2) Define <b>saint</b> – a person who leads a holy life in union with God and receives the reward of eternal life in heaven			M
3) Patron saints	D		
4) Parish patron saints	D		
5) Types of Saints	D		
a) Apostles (combined with Evangelists)	D		
b) Martyrs		I	
c) Evangelists		I	
<b>Benchmark 4:</b> The student will apply lessons to be learned from Mary and the saints.	D		
<b>Benchmark 5:</b> The student will study the life and contributions of specific saints appropriate to their grade level.	D		
*For the following saints, students should know:			
• Time period			
• Major achievements			
• Patronage			
1) Marian Feasts	D		
a) Holy Days of Obligation dedicated to Mary	D		
i) Mary, Mother of God, 1/1	D		
ii) Immaculate Conception, 12/8 (Patroness of United States)		I	
iii) Assumption, 8/15		I	
b) Apparitions	D		
i) Our Lady of Guadalupe, 12/12 (Patroness of Americas)	D		
ii) Our Lady of Lourdes, 2/11			
iii) Our Lady of Fatima, 5/13		I	
c) Other Marian celebrations	D		
i) Annunciation, 3/25			M
ii) Visitation to St. Elizabeth, 5/31	D		
iii) Immaculate Heart of Mary, day after Sacred Heart		I	
2) Other Solemnities and Feasts	D		

**SAINTS**

	D	I	R/M
a) Joseph, Husband of Mary, 3/19			M
b) John the Baptist, 6/24 and 8/29	D		
c) All Saints, 11/1	D		
d) Apostolic Times	D		
i) Peter & Paul, the Apostles, 6/29	D		
ii) Peter, the first Pope			M
iii) Joachim & Anne, 7/26	D		
iv) Holy Innocents, 12/28	D		
v) Stephen, 12/26		I	
vi) Mary Magdalen, 7/22		I	
f) American Saints <i>see appendix G for list</i>	D		
i) Juan Diego, 12/9	D		
ii) Katharine Drexel, 3/3 (gave away fortune, devoted to ministering to Native and African Americans)			M
iii) Kateri Tekakwitha, 7/14		I	
g) Other Major Saints	D		
i) Nicholas, 12/6	D		
ii) Blaise, 2/3	D		
iii) Patrick, 3/17	D		
iv) Francis of Assisi, 10/4	D		
v) Clare of Assisi, 8/11		I	
xxi) Blessed John Paul II	D		
xxii) Blessed Mother Teresa of Calcutta (service in India: seeing Christ in all, especially the poor, the dying, the unloved)	D		



# **Glossary**

**These definitions are intended for teacher reference. Please simplify to make age appropriate.**

**Absolution** - The words of forgiveness the priest prays over the penitent in the sacrament of Reconciliation.

**Actual Grace** – Temporary supernatural intervention given to perform a specific good act, thought, or deed.

**Actual Sin** - Any thought, word, deed, or omission contrary to God’s eternal law. All actual sins are classified on the basis of this division, where sinful thoughts are essentially desires, the words may either be spoken or otherwise articulated, the deeds involve some external manifestation, and omissions are failures to do what should have been done by a person in a given set of circumstances.

**Advent** - The liturgical season of four weeks devoted to preparation for the coming of Christ at Christmas (CCC 524).

**Alb** - A white linen garment, reaching from the neck to the ankles with tight-fitting sleeves and held in at the waist by a cincture (girdle), worn by the ministers at Mass. It is sometimes ornamented near the hem with embroidery or other colored material, known as ‘apparels’. The alb was taken to symbolize purity, and it was customary for the celebrant to say ‘Make me white...’ while putting it on.

**Ambo** - The ambo is a special stand or place from where the Scriptures are read at Mass. (Also called lectern or podium)

**Amice** - A linen cloth, square or oblong in shape, with strings attached. It may be worn around the neck by the priest when celebrating the Eucharist, or by other ministers who wear the alb.

**Angel** - A spiritual, personal, and immortal creature, with intelligence and free will, who glorifies God without ceasing and who serves God as a messenger of his saving plan (CCC 329-331).

**Anointing** - Anointing is the signing of a person with holy oil. Anointing is used in the sacraments of Baptism and Confirmation, and in other sacraments and rites of the Church.

**Annunciation** - The visit of the angel Gabriel to the Virgin Mary to inform her that she was to be the mother of the Savior. After giving her consent to God’s word, Mary became the mother of Jesus by the power of The Holy Spirit.

**Anointing of the Sick** - One of the seven sacraments administered by a priest to a baptized person in danger of death because of illness or old age, through prayer and the anointing of the body with the oil of the sick. The proper effects of the sacrament include a special grace of healing and comfort to the Christian who is suffering infirmities of serious illness or old age, the forgiving of the person’s sins, and the possibility of physical healing (CCC 1499, 1520, 1523, 1526-32).

**Apologetics** - The theological discipline that deals with the reasons for believing God and accepting the faith presented by the Christian Church; a defense of Catholicism by the use of logic, Scripture, and Church teaching.

**Apostle** - A term meaning one who is sent as Jesus was sent by the Father, and as He sent His chosen disciples to preach the Gospel to the whole world (CCC 857).

**Apostles Creed** - A statement of Christian faith developed from the baptismal creed or “symbol” of the ancient Church of Rome, the see of St. Peter, first of the Apostles. The Apostles’ Creed is considered to be a faithful summary of the faith of the Apostles. See prayers.

**Apostolic** - One of the four attributes of the Church mentioned in the Nicene Creed. Refers to the Catholic faith as having been received through the apostles; apostolic succession from Peter to the current pope.

**Archangels** - A chief or ruling angel. The term occurs twice in the New Testament (Jude 5:9; I Thessalonians 4:16) and has two Catholic meanings. In its wider sense an archangel is any angel of higher rank. More strictly, though, archangels are those angelic spirits who belong to the eighth of nine choirs of angels. As distinct from guardian angels, archangels are messengers of God to men. Three archangels are specifically mentioned in the Bible: Tobit 12:6, 15; John 5:1-4; Luke 1:26-38; Revelation 12:7-9.

**Ascension** - The entry of Jesus’ humanity into divine glory in God’s heavenly domain, forty days after his resurrection (CCC 659, 665); one of the Glorious Mysteries of the Rosary.

**Baptism** - The first of the seven sacraments, and the “door” which gives access to the other sacraments. Baptism is the first and chief sacrament of forgiveness of sins, because it unites us with Christ, who died for our sins and rose for our justification. The rite of baptism consists in immersing the candidate in water, or pouring water on the head, while pronouncing the invocation of the Most Holy Trinity: the Father, the Son, and the Holy Spirit (CCC 977, 1213, 1275, 1278).

**Beatitudes** - The teachings of Jesus in the Sermon on the Mount on the meaning and way to true happiness (Mt 5. 3-12; Lk 6. 20-26) (CCC 1716).

**Bible** - Sacred Scripture; the books that contain the truth of God’s revelation and were composed by human authors inspired by the Holy Spirit. The Old Testament and the New Testament are the two main parts of the Bible (CCC 105).

**Bishop** - One who has received the fullness of the Sacrament of the Holy Orders, which makes him a member of the Episcopal college and a successor of the Apostles. He is the shepherd of a particular church entrusted to him and the head of a diocese. (CCC 1557; cf. 861, 886)

**Blessed Sacrament** - The Blessed Sacrament is a name given to the Eucharist, especially the consecrated elements reserved in the tabernacle for adoration or for the sick (CCC 1330).

**Cardinal (moral) virtues** - Four pivotal human virtues that will govern our acts, order our passions, and guide our conduct in accordance with reason and faith (CCC 1805, 1834). See appendix A.

**Cassock** - The long garment (usually black) worn by the clergy.

**Catechesis** - An education of children, young people, and adults in the faith of the Church through the teaching of Christian doctrine in a unified and systematic way to make them disciples of Jesus Christ (CCC 5, 426-427).

**Catholic** - One of the four marks of the Church, taken from the Nicene Creed. The Church is catholic or universal both because she possesses the fullness of Christ’s presence and the means of salvation, and because she has been sent out by Christ on a mission to the entire human race (CCC 750, 830).

**Chalice** – The consecrated cup, made of precious materials, used to hold the Blood of Jesus during the Mass.

**Charity (love)** - The theological virtue by which we love God above all things for his own sake, and our neighbor as ourselves for the love of God (CCC 1822) (See Appendix A).

**Chastity** - The moral virtue which, under the cardinal virtue of temperance, provides for the proper living of one's sexuality in the context of his or her vocation (CCC 1832, 2337). It is also a Fruit of the Holy Spirit (see Appendix A).

**Chasuble** - The colored outermost garment worn by bishops and priests in celebrating the Eucharist. Its color depends upon the liturgical season or specific memorial, feast, or solemnity celebrated that day.

**Cherubim** - One of the choirs of angels.

**Ciborium** - A vessel made of precious materials used to contain the Blessed Sacrament during Mass or during reposition in the tabernacle.

**Cincture (girdle)** - One of six liturgical vestments, it is a cord or band of cloth worn at the waist over the alb by priests, bishops, or altar servers.

**Confession** - An essential element of the Sacrament of Reconciliation, which consists in telling one's sins to the priest. By extension, the word confession is used to refer to the Sacrament of Reconciliation itself (CCC 1455).

**Confessor** - A priest qualified to hear the confessions of the faithful and grant sacramental absolution. A confessor is also empowered to grant certain dispensations and to absolve from censures, according to the provisions of ecclesiastical law.

**Confirmation** – Sacrament which completes the Sacrament of Baptism with a special outpouring of the gifts of the Holy Spirit, which seal or “confirm” the baptized in union with Christ and equip them for active participation in the worship and apostolic life of the Church (CCC 1285).

**Consecration** – The dedication of a object, place, or person to divine service by prayer or blessing. The consecration at Mass is that part of the Eucharistic Prayer during which the Lord's words of institution of the Eucharist at the Last Supper are recited by the priestly minister, transforming the bread and wine into Christ's body (CCC 1352, 1353).

**Contrition** - Sorrow of the soul and hatred for sin with resolution not to commit the sin again. Contrition is necessary for the reception of Reconciliation (CCC 1451).

**Corporal** - A square white linen cloth, now usually somewhat smaller than the breadth of an altar, upon which the Sacred Host and Chalice are placed during the celebration of Mass.

**Covenant** - A solemn, binding agreement between human beings or between God and a human being involving mutual commitments or guarantees (CCC 56, 62, 66).

**Creed** - A brief summary statement or profession of Christian faith (CCC 187).

**Cruets** – Two small vessels containing the wine and water required for the Holy Sacrifice of the Mass.

**Diocese** - A “particular church”, a community of the faithful in communion of faith and sacraments whose bishop has been ordained in apostolic succession. A diocese is usually a determined geographic area; sometimes it may be constituted a group of people of the same rite or language (CCC 833).

**Disciple** - (from Latin ‘to discern’) Learner; follower of Jesus Christ

**Eucharist** - The sacrament of thanksgiving to God which constitutes the principal Christian liturgical celebration of and communion in the paschal mystery of Christ. The liturgical action called the Eucharist is also traditionally known as the Holy Sacrifice of the Mass. The Sunday celebration of the Eucharist is at the heart of the Church’s life (CCC 2177).

**Eucharistic Prayer** - The central part of the Mass, also known as the Canon of the Mass or “anaphora,” which contains the prayers of thanksgiving and consecration (CCC 1352).

**Euthanasia** - An action or an omission which, of itself or by intention, causes the death of a

**Examination of Conscience** - Prayerful self-reflection on our words and deeds in the light of the Gospel to determine how we may have sinned against God. The reception of the Sacrament of Penance ought to be prepared for by such an examination of conscience (CCC 1454). See Appendix C.

**Faith** – Faith is both a theological virtue given by God as grace, and an obligation which flows from the first commandment of God. In faith, a believer gives personal adherence to God and freely assents to the whole truth that God has revealed (CCC 26, 142, 150, 1814, 2087).

**Finger bowl and towel** - Used by any person who handles the Eucharist to remove any particles from the hands.

**Fortitude** - One of the four cardinal moral virtues which ensures firmness in difficulties and constancy in doing the good. Fortitude is also one of the seven gifts of the Holy Spirit (CCC 1808). See Appendix A..

**Free will** – “The power, rooted in reason and will...to perform deliberate actions on one’s own responsibility” (CCC 1731).

**Golden Rule** - A (modern) name for the precept in the Sermon on the Mount: Do unto others what you would have them do to you. (Mt. 7:12) ( Lk. 6:31)

**Gospel** – The “good news” of God’s mercy and love revealed in the life, death, and resurrection of Christ. The four Gospels are the books written by the evangelists Matthew, Mark, Luke, and John which have for their central object Jesus Christ, God’s incarnate Son: his life, teachings, Passion and glorification, and his Church’s beginnings under the Spirit’s guidance (CCC 124, 514).

**Grace** – The free and undeserved gift that God gives us to grow in holiness and become more like Him. As sanctifying grace, God shares his divine life and friendship with us in a habitual gift, a stable and supernatural disposition that enables the soul to live with God, to act by his love. As actual grace, God gives us the help to conform our lives to his will. Sacramental grace and special graces are gifts of the Holy Spirit to help us live out our Christian vocation (CCC 1996, 2000).

**Guardian Angel** - Angels assigned to protect and intercede for each person (CCC 336).

**Heaven** - Eternal life with God; communion of life and love with the Trinity and all the blessed. Heaven is the state of supreme and definite happiness, the goal of the deepest longings of humanity (CCC 1023).

**Hell** - The state of definitive self exclusion from the presence of God, reserved for those who refuse by their own free choice to believe and be converted from sin, even to the end of their lives (CCC 1033).

**Holy** – From the Greek *hagia*, set apart: One of the four marks of the Church in the Nicene Creed; to be set apart for God, separate from the world.

**Holy Communion** – Receiving the Body and Blood of Jesus in the Eucharist.

**Holy Orders** - The Sacrament by which the mission entrusted by Christ to his Apostles continues to be exercised in the Church through the laying on of hands. This sacrament has three distinct degrees of “orders”: deacon, priest, and bishop. All three confer a permanent, sacramental character (CCC 1536).

**Homily** - Preaching by an ordained minister to explain the Scriptures proclaimed in the liturgy and to exhort the people to accept them as the Word of God (CCC 132, 1100, 1349).

**Hope** - The theological virtue by which we desire and expect from God both eternal life and the grace we need to attain it (CCC 1817).

**Host** – The bread consecrated in the sacrament of the Eucharist.

**Immaculate Conception** - The dogma proclaimed in Christian Tradition and defined in 1854, that from the first moment of her conception, Mary by the singular grace of God and by virtue of the merits of Jesus Christ was preserved from original sin (CCC 491).

**Incarnation** - The fact that the Son of God assumed human nature and became man in order to accomplish our salvation in that same human nature. Jesus Christ, the Son of God, the second Person of the Trinity, is both true God and true man, not part God and part man (CCC 461, 464).

**Inspiration** – The working of the Holy Spirit, specifically in those men responsible for the Old Testament and New Testament.

**Justice** - The cardinal moral virtue which consists in the constant and firm will to give their due to God and to neighbor (CCC 1807). See Appendix A.

**Kyrie/Kyrios** - Greek for Lord.

**Last Supper** - The last meal, a Passover supper, which Jesus ate with his disciples the night before he died. (CCC 610-11, 1329, 1340).

**Lectionary** - The official, liturgical book from which the reader proclaims the Scripture readings used in the Liturgy of the Word (CCC 1154).

**Lector** - The lector is the person who reads the first and second readings at Mass. Another name for lector is reader.

**Lent** - The liturgical season of forty days which begins with Ash Wednesday and ends with the celebration of the Paschal mystery (Easter Triduum). Lent is the primary penitential season of the Church's liturgical year, reflecting the forty days Jesus spent in the desert in fasting and prayer and the forty years the Israelites wandered in the desert before entering the Promised Land (CCC 540, 1095, 1438).

**Liturgy of the Eucharist** - The Liturgy of the Eucharist is the second main part of the Mass. In the Liturgy of the Eucharist we remember and share in Jesus' life, death, and resurrection through the consecration of bread and wine, whereby they become the Body and Blood of Jesus, and their distribution in communion.

**Liturgy of the Word** - The Liturgy of the Word is the first main part of the Mass. In the Liturgy of the Word God speaks to us through the readings from the Bible.

**Love** - The theological virtue by which we choose God above all things for his own sake, and our neighbor as ourselves for the love of God (CCC 1822). See **Charity**.

**Marks of the Church** - The four attributes of the Church mentioned in the Nicene - Constantinopolitan creed: "We believe in one, holy, catholic, and apostolic Church." (CCC 811) See Appendix G.

**Martyr** - A witness to the truth of the faith. A martyr is willing to endure sacrifice and even death to be faithful to Christ. Also, those who die for the faith before having received Baptism may also be considered martyrs. (CCC 1258, 2473)

**Mass** - The Eucharist or principal sacramental celebration of the Church, established by Jesus at the Last Supper, in which the mystery of our salvation through participation in the sacrificial death and glorious resurrection of Christ is renewed and accomplished. It is called "Mass" (from Latin: missa) because of the "mission" or "sending" with which the liturgical celebration concludes (CCC 1332, 1088, 1382, 2192).

**Matrimony (Marriage)** - Sacrament consisting of a covenant or partnership of life between a baptized man and baptized woman, which is ordered to the well-being of the spouses and to the procreation and upbringing of children. (CCC 1601).

**Messiah** - A Hebrew word meaning "anointed" (CCC 436).

**Modesty** - A virtue which encourages purity and chastity, in one's words, actions, dress, and sex (CCC 2521-2522).

**Monstrance** - The sacred vessel which contains the consecrated Host when exposed in adoration or carried in procession.

**Mortal Sin** - A grave violation of the law of God that destroys the divine life in the soul of the sinner (sanctifying grace), constituting a turn away from God. For a sin to be mortal, three conditions must be present: grave matter, full knowledge of the evil of the act, and full consent of the will (CCC 1855, 1857).

**New Testament** - The New Testament is the second part of the Bible. It fulfills the Old Testament and tells us about Jesus and the early Church (CCC 124, 128).

**Nicene Creed** - The profession of faith, common to the churches of East and West, which came from the first two ecumenical councils. (CCC 195-196).

**Old Testament** - The Old Testament is the first part of the Bible. It tells the story of God's covenant with the Israelites. (CCC 120-121)

**One** - A mark of the Church; just as the Trinity is one, so is the Church united, by the Spirit (Eph 4:3-6, Jn 17:17-23, 1 Cor 12:13)

**Pall** - (1) The small linen cloth with which the chalice is covered at the Eucharist, stiffened in its modern form by a piece of cardboard. (2) A white cloth which is spread over the coffin at funerals.

**Parables** - A characteristic feature of the teaching of Jesus. Parables are simple images or comparisons which confront the hearer or reader with a radical choice about his invitation to enter the Kingdom of God (CCC 546).

**Paraclete** - A name for the Holy Spirit. The term was used by Jesus in the New Testament to indicate the promised gift of the Spirit as another consoler and advocate, who would continue His own mission among the disciples (CCC 692).

**Paschal Sacrifice** - Christ's work of redemption accomplished principally by His Passion, death, Resurrection, and glorious Ascension, whereby "dying He destroyed our death, rising He restored our life" (CCC 1067). The paschal mystery is celebrated and made present in the liturgy of the Church, and its saving effects are communicated through the sacraments (CCC 2076) especially the Eucharist, which renews the paschal sacrifice of Christ as the sacrifice offered by the Church (CCC 571, CCC 1362-1372).

**Penance** - Interior penance: a conversion of heart toward God and away from sin, which implies the intention to change one's life because of hope in divine mercy (CCC 1431). External acts of penance include fasting, prayer, and almsgiving (CCC 1434). The observance of certain penitential practices is obliged by the fourth precept of the Church (CCC 2043).

**Pentateuch** - Greek word, meaning "five scrolls", given to the first five books of the Old Testament. (CCC 702).

**Pentecost** - The outpouring of the Spirit gave birth to the Church and the manifestation of the Christian community living and proclaiming the Gospel (CCC 726, 731, 1076). One of the Glorious Mysteries of the Rosary.

**Prayers of the Faithful** - The last part of the Liturgy of the Word. During this prayer we pray for ourselves and for people everywhere. Sometimes called the General Intercessions.

**Precepts of the Church** - Positive laws (sometimes called commandments) made by Church authorities to guarantee for the faithful the indispensable minimum in prayer and moral effort, for the sake of their growth in love of God and neighbor (CCC 2041). See Appendix B.

**Prodigal** - The fault of being wasteful, or recklessly extravagant or spendthrift.

**Prophet** - One sent by God to form the people of the Old Covenant in the hope of salvation (CCC 702).

**Psalms** - A collection of prayers in the form of hymns or poetry (CCC 2585).



**Purgatory** - A state of final purification after death and before entrance into heaven for those who died in God's friendship, but were only imperfectly purified; a final cleansing of human imperfection before one is able to enter the joy of heaven (CCC 1031, 1472).

**Pyx** - A small, flat, gold or silver box used to carry the Blessed Sacrament to the sick.

**Reconciliation** – The Sacrament in which, through God's mercy and forgiveness, the sinner is reconciled with God and also with the Church, Christ's Body, which is wounded by sin (CCC 1422, 1442-1445, 1468).

**Revelation** – God's communication of himself, by which he makes known the mystery of His divine plan, a gift of self-communication which is realized by deeds and words over time, and most fully by sending us His divine son, Jesus Christ (CCC 50). See Divine revelation.

**Reverence** - The gift of the Holy Spirit that enables us to show honor and respect to God, people, and all creation.

**Ribbed vault** – Architectural style in which ribs that support thin stone panels that make up the roof.

**Sacrament** – An efficacious sign of grace, instituted by Christ and entrusted to the Church by which divine life is dispensed to us through the work of the Holy Spirit (CCC 131, 774).

**Sacramentals** - Sacred signs which bear a certain resemblance to the sacraments, and by means of which spiritual effects are signified and obtained through the prayers of the Church (CCC 1667).

**Saint** - The "holy one" who leads a life in union with God through the grace of Christ and receives the reward of eternal life. The Church is called the communion of saints, of the holy ones (CCC 823, 946, 828).

**Sin** - Sin is a deliberate thought, word, deed, or omission contrary to the eternal law of God (CCC 1849, 1853, 1854).

**Stewardship**—the grateful response of a Christian disciple who recognizes and receives God's gifts and shares these gifts in love of God and neighbor

**Stole** - A liturgical vestment consisting of a long strip of colored material, worn by a priest or deacon in the exercise of his ministerial duties.

**Temperance** - The cardinal moral virtue that moderates the attraction of pleasure and provides balance in the use of created good. It ensures the mastery of the will over instinct and keeps natural desires within proper limits (CCC 1809). See Appendix A.

**Temple of the Holy Spirit** – Another name for the human body because it contains an immortal soul, filled with grace, which is the indwelling of the Holy Spirit. (CCC 583, 797 2580).

**Theological Virtues** – Infused gifts given by God and centered on Him (faith, hope, and charity) (CCC 1813). See Appendix A.

**Transubstantiation** - The term used to designate the unique change of the Eucharistic bread and wine into the Body and Blood of Christ. "Transubstantiation" indicates that through the consecration of the

bread and the wine there occurs the change of the entire substance of the bread into the substance of the Body of Christ, and of the entire substance of the wine into the blood of Christ- even though the appearances or “species” of bread and wine remain (CCC 1376).

**Trinity** - The mystery of one God in three persons: Father, Son, and Holy Spirit (CCC 232, 237, 249, 253-256).

**Venial Sin** - Sin which does not destroy the divine life in the soul, as does mortal sin, though it diminishes and wounds it (CCC 1855). Venial sin is the failure to observe necessary moderation, in lesser matters of the moral law, or in grave matters acting without full knowledge or complete consent (CCC 1862).

**Vestibule** - A semi-sacred space in a church where the faithful move from the outside world to the presence of Jesus in the tabernacle.

**Vestments** - The vestments are special clothes the priest, deacon, or bishop wears to celebrate Mass and other sacraments.

**Vice** - A habit acquired by repeated sin in violation of the proper norms of human morality. The vices are often linked with the seven capital sins. Repentance for sin and confession may restore grace to a soul, but the removal of the ingrained disposition to sin or vice requires much effort and self-denial, until the contrary virtue is acquired (CCC 1866).

**Virtue** - A habitual and firm disposition to do good. The moral virtues are acquired through human effort aided by God’s grace; the theological virtues are gifts of God. (CCC 1803)

**Vocation** - The calling or destiny we have in this life and hereafter (CCC 1, 358, 1700, 825, 898, 873, 931).

**Works of Mercy, Corporal and Spiritual**- charitable actions by which we come to the aid of our neighbor in his spiritual and bodily needs (CCC 2447). See Appendix D.

**Yahweh** - The name of God revealed to Moses from the burning bush (CCC 205).

# Appendices

# **Appendix A: Prayers**

**Prayers**

For purposes of unity throughout the diocese the following versions of prayers are recommended; *however, acceptable variations may be used at the discretion of the pastor.*

**Sign of the Cross**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

**The Lord's Prayer "Our Father"**

Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come. Thy will be done on Earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses as we forgive those who trespass against us,  
and lead us not into temptation, but deliver us from evil. Amen.

**Hail Mary**

Hail Mary, full of grace, the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God, pray for us sinners,  
now, and at the hour of our death. Amen.

**Glory Be**

Glory be to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and ever shall be, world without end. Amen.

**Angel of God "Prayer to Guardian Angel"**

Angel of God, my guardian dear, to whom God's love entrusts me here;  
ever this day be at my side, to light and guard, to rule and guide. Amen.

**Grace Before Meals**

Bless us, O Lord, and these thy gifts, which we are about to receive from Thy bounty.  
Through Christ our Lord. Amen.

**Grace After Meals**

We give Thee thanks, Almighty God, for all thy **benefits**, which we have received from Thy bounty.  
Through Christ our Lord. Amen.

**Act of Contrition from Rite of Penance, par. 45**

My God,  
I am sorry for my sins with all my heart.  
In choosing to do wrong,  
and failing to do good,  
I have sinned against you  
whom I should love above all things.  
I firmly intend, with your help,  
to do penance,  
to sin no more,  
and to avoid whatever leads me to sin.  
Our Savior Jesus Christ  
suffered and died for us.  
In his name, my God, have mercy. Amen.

**Nicene Creed**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,  
born of the Father before all ages. God from God, Light from Light,  
true God from true God, begotten, not made,  
consubstantial with the Father; through him all things were made.  
For us men and for our salvation he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on  
the third day in accordance with the Scriptures.  
He ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

**Apostles' Creed**

I believe in God, the Father almighty, creator of Heaven and Earth  
and in Jesus Christ, His only Son, our Lord.  
who was conceived by the Holy Spirit and born of the Virgin Mary,  
suffered under Pontius Pilate, was crucified, died, and was buried;  
He descended into hell;  
On the third day he rose again from the dead;,  
he ascended into heaven and is seated at the right hand of God the Father Almighty;  
from there he will come again to judge the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins,  
the resurrection of the body, and the life everlasting. Amen.

**Morning Offering**

O Jesus, through the Immaculate Heart of Mary,  
I offer You my prayers, works, joys, and sufferings of this day,  
in union with the Holy Sacrifice of the Mass throughout the world.  
I offer them for all the intentions of Your Sacred Heart:  
the salvation of souls, the reparation for sin, the reunion of all Christians.  
I offer them for the intentions of our Bishops, and all Apostles of Prayer, and in particular for those  
recommended by our Holy Father this month. Amen.

**Memorare**

Remember, O most gracious Virgin Mary, that never was it known,  
that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided.  
Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother.  
To thee do I come, before thee I stand, sinful and sorrowful.  
O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

**Hail Holy Queen**

Hail, Holy Queen, Mother of Mercy, **hail** our life, our sweetness, and our hope.  
To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and  
weeping in this valley of tears. Turn then, O most gracious advocate, thine eyes of mercy toward us; and  
after this our exile, show unto us the blessed fruit of thy womb, Jesus.  
O clement, O loving, O sweet virgin Mary.

**Rosary**

1. Sign of the Cross
2. Apostles' Creed
3. Our Father
4. Three Hail Marys
5. Glory Be
6. For each decade: announce the mystery, Our Father, 10 Hail Marys, Glory Be, and Fatima Prayer.
7. After the Rosary: Hail Holy Queen and Prayer after Rosary

**Fatima Prayer**

O my Jesus, forgive us our sins, save us from the fires of hell. Lead all souls into heaven, especially those  
who have most need of Thy mercy. Amen.

**Prayer after Rosary**

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us  
the rewards of eternal life, grant, we beseech Thee, that by meditating upon these mysteries of the Most  
Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they  
promise, through the same Christ Our Lord. Amen.

**Rosary Mysteries**

**Joyful Mysteries** (Mondays and Saturdays; Sundays during Christmas)

1. Annunciation
2. Visitation
3. Nativity (Birth) of Jesus
4. Presentation of Jesus in the Temple
5. Finding of Jesus in the Temple

**Luminous Mysteries** (Thursdays)

1. Baptism of Our Lord
2. Wedding at Cana
3. Proclamation of the Kingdom and forgiveness of sins
4. Transfiguration
5. Institution of the Eucharist

**Sorrowful Mysteries** (Tuesdays and Fridays; Sundays during Lent)

1. Agony in the Garden
2. Scourging at the Pillar
3. Crowning with Thorns
4. Carrying of the Cross
5. Crucifixion and Death of Jesus

**Glorious Mysteries** (Wednesdays and **Sundays**)

1. Resurrection of Jesus
2. Ascension of Jesus into Heaven
3. Descent of the Holy Spirit upon the Apostles and Mary
4. Assumption of Mary into Heaven
5. Crowning of Mary as Queen of Heaven and Earth

**Stations of the Cross:** Meditations on the Suffering and Death of Jesus

1. Jesus is condemned to carry the cross.
2. Jesus accepts the cross.
3. Jesus falls the first time.
4. Jesus meets his sorrowful Mother.
5. Simon of Cyrene helps Jesus carry the cross.
6. Veronica wipes the face of Jesus.
7. Jesus falls the second time.
8. Jesus meets and speaks to the women of Jerusalem.
9. Jesus falls the third time.
10. Jesus is stripped of his garments.
11. Jesus is nailed to the cross.
12. Jesus dies on the cross.
13. Jesus is taken down from the cross.
14. Jesus is placed in the tomb.



# **Appendix B: Useful Lists**

**Theological Virtues**

Faith, Hope, Charity

**Cardinal Virtues**

*Prudence:* right judgment

*Justice:* giving someone their due

*Temperance:* moderation, self-control

*Fortitude:* courage to do the Christ-like action in difficult situations

**Gifts of the Holy Spirit (CCC1831)**

Wisdom	Knowledge
Understanding	Piety
Counsel	Fear of the Lord
Fortitude	

**The Seven Capital (Deadly) Sins**

*Pride:* a vice and sin against humility; undue self esteem or self love

*Lust:* a vice and sin against chastity; inordinate desire for sexual pleasure outside of marriage and contrary to its purpose (CCC 2352)

*Avarice (Greed):* a vice and sin against temperance; inordinate attachment to getting and keeping of material possessions

*Gluttony:* a vice and sin against temperance; immoderate eating or drinking

*Envy:* a vice and sin against charity; sadness caused by another's blessings or good fortune

*Sloth (Acedia):* a vice and sin against prudence; physical and/or spiritual laziness, apathetic towards living a life of grace

*Wrath:* a vice and sin against charity; anger or desire for revenge because of a hurt done

**Fruits of the Holy Spirit (CCC1832)**

Charity	Joy
Peace	Patience
Kindness	Goodness
Generosity	Gentleness
Faithfulness	Modesty
Self-control	Chastity

**Symbols of the Holy Spirit (CCC 694-701)**

*Water:* Baptism, sign of new birth

*Cloud and Light:* the cloud reveals the living and saving God while veiling the transcendence of his glory

*Hand:* laying on of hands as a sign of the outpouring of the Holy Spirit in the sacraments

*Anointing:* Confirmation, anointing with holy oil (chrism)

*Seal:* Baptism, Confirmation, Holy Orders, the indelible "character" of these three sacraments

*Finger:* the finger of the Father's right hand

*Fire:* Pentecost, the transforming energy of the Holy Spirit

*Dove:* Noah; after Jesus' baptism

### **Symbols of the Church**

Vine and Branches (Jn 15: 1-17)

Leaven (Mt 13:33, Lk 13:21)

Temple (Jn 2: 19-22) (CCC 756)

Body of Christ (1 Cor 12:20-27, Rom 12: 4-5) (CCC 779, 789, 805)

Bride of Christ (CCC 796, 808)

Sheepfold (Jn 10:1-18 (Good Sheperd), Lk 15:11-32) (CCC 754)

### **The Commandments of the Church**

#### *The Ten Commandments*

1. I am the Lord your God, you shall not have strange gods before me.  
*theological virtues; avoid idolatry, agnosticism, atheism, superstition, indifference to or forgetfulness of God*
2. You shall not take the name of the Lord your God in vain.  
*show reverence in speech about God; avoid cursing, blasphemy, perjury, false oath*
3. Remember to keep holy the Lord's Day.  
*always attend Mass every Sunday and Holy day of Obligation; set aside time for prayer, renewal and works of mercy, especially on Sunday*
4. Honor your father and your mother.  
*obey those who have authority: parents, teachers, civil authorities; fulfill responsibilities deriving from human relationships*
5. You shall not kill.  
*promote care and respect for all forms of human life, including care for one's health; avoid the evils of murder, euthanasia, suicide, abortion (include reference to embryonic stem cell destruction), fighting with or hurting others, unnecessary recourse to capital punishment, unnecessary recourse to war, gluttony in food or drink, recreational use of addictive drugs*
6. You shall not commit adultery.  
*chastity in marriage as part of God's plan; avoid fornication, adultery, masturbation, artificial contraception, reproductive procedures which violate God's law (artificial insemination, in vitro fertilization, cloning)*
7. You shall not steal.  
*people have a basic right to private property and just treatment; avoid any kind of theft, fraud, vandalism or actions which are unjust and harmful to others*
8. You shall not bear false witness against your neighbor.  
*the importance of truth; avoid dishonesty, lying, cheating, perjury*
9. You shall not covet your neighbor's wife.  
*practice modesty; resist lust, avoid the evil of pornography*
10. You shall not covet your neighbor's goods.  
*practice simplicity of life and trust in God; avoid envy and greed*

#### *The Great Commandments (Mt. 22:37-39)*

1. You shall love the Lord your God with all your heart, with all your soul, and with all your mind.
2. You shall love your neighbor as yourself.

**Precepts of the Church (CCC 2041-2043)**

1. You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor.
2. You shall confess your sins at least once a year.
3. You shall receive the sacrament of the Eucharist at least during the Easter season.
4. You shall observe the days of fasting and abstinence established by the Church.
5. You shall help to provide for the needs of the Church.

**Holy Days of Obligation**

The Resurrection of Jesus Christ	every Sunday
Solemnity of Mary, the Mother of God	January 1
Ascension	7 <sup>th</sup> Sunday of Easter (Diocese of Wichita)
The Assumption of Mary	August 15
All Saints' Day	November 1
Immaculate Conception	December 8
Christmas Day	December 25

**Corporal Works of Mercy**

- Feed the hungry.
- Give drink to the thirsty.
- Clothe the naked.
- Visit the imprisoned.
- Shelter the homeless.
- Visit the sick.
- Bury the dead.

**Spiritual Works of Mercy**

- Admonish the sinner.
- Instruct the ignorant.
- Counsel the doubtful.
- Comfort the sorrowful.
- Bear wrongs patiently.
- Forgive all injuries.
- Pray for the living and the dead.

# **Appendix C: Sacraments**

**Sacraments Chart and Biblical References for  
all the Sacraments**