

“When the Counselor comes, the Spirit of Truth, the Holy Spirit will bear witness to me.”

WHERE DO YOU FIND HELP AND SUPPORT WHEN YOU MOST NEED IT ???

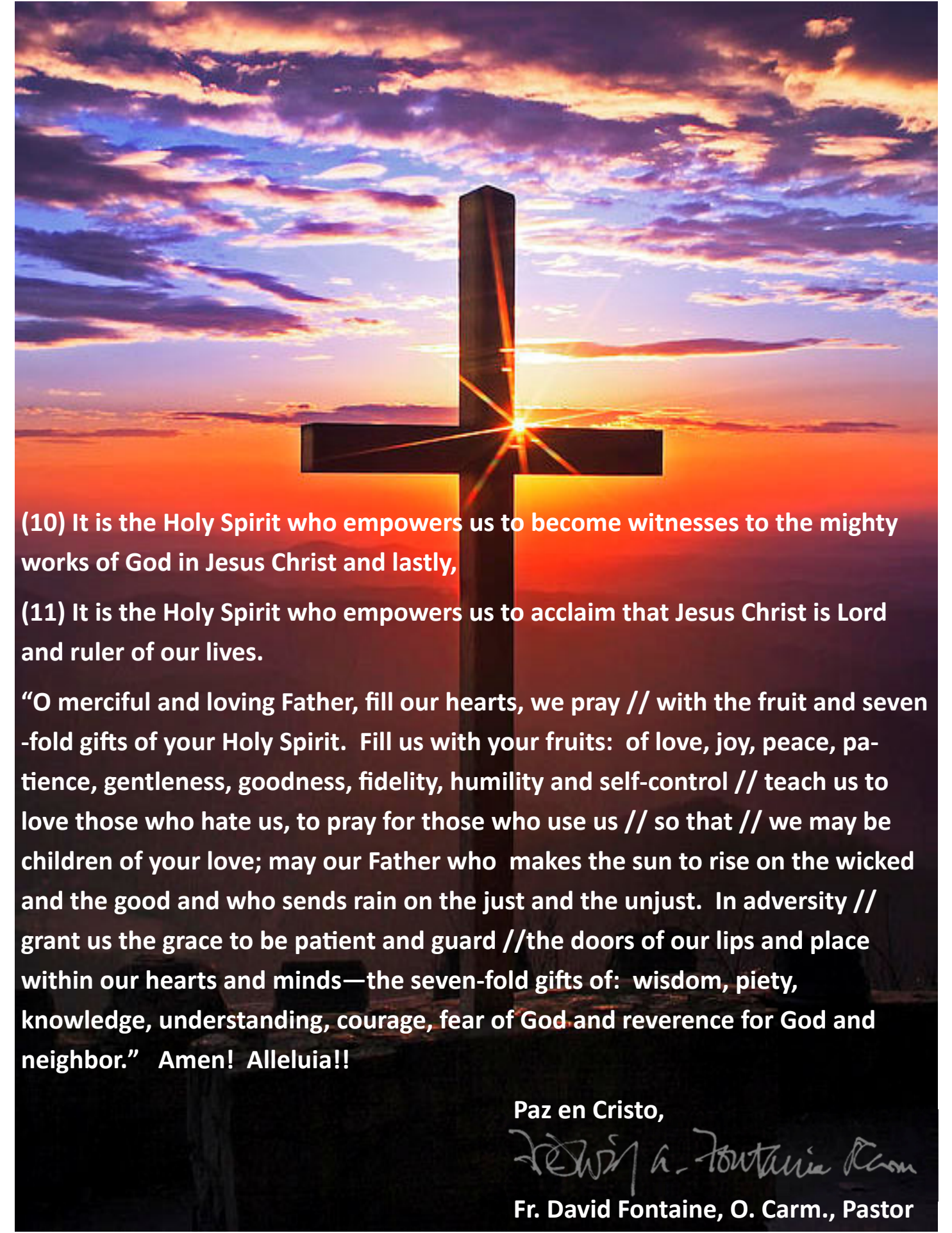
Jesus offers His disciples the best and truest friends; for it is the Holy Spirit, our advocate, our counselor, our paraclete and helper in times of need. A counselor is a legal term for the person who defends

someone against an adversary and who guides that person during the ordeal of trial. Therefore, the Holy Spirit is our advocate and our helper who guides and strengthens us and brings us safely through the challenges and adversities when we must face them in this life.

As Jesus approaches the “hour” when He was to be glorified—through His death on the cross and His resurrection—He revealed more fully to His disciples the third person of the Trinity and His role as the Holy Spirit:

- (1) It is the Holy Spirit who is inseparably one with the Father and the Son.
- (2) It is the Holy Spirit who gives life, the very life of God.
- (3) It is the Holy Spirit who makes faith come alive in our minds and hearts and who makes us receptive to God’s word.
- (4) It is the Holy Spirit who makes it possible for us to know God personally.
- (5) It is the Holy Spirit who gives us experiential knowledge of God as our Father.
- (6) It is the Holy Spirit who reveals in our hearts that the Father indeed sent His only begotten Son into the world to redeem it.
- (7) It is the Holy Spirit who aids us with the seven-fold gifts of knowledge, wisdom, understanding, piety, courage, reverence and fear of God // which is the beginning of wisdom.
- (8) It is the Holy Spirit who produces the fruit that will last in us in order for us to be faithful in the Christian life: the fruits of goodness, joy, faith, love, hope, chastity, fidelity, peace, humility, perseverance, self-control, gentleness and patience.
- (9) It is the Holy Spirit who enables us to see with the “eyes-of-faith” what the Father and the Son are doing in our lives.



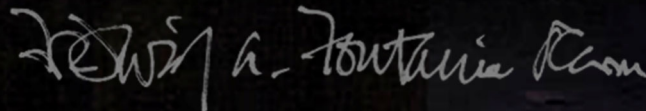


(10) It is the Holy Spirit who empowers us to become witnesses to the mighty works of God in Jesus Christ and lastly,

(11) It is the Holy Spirit who empowers us to acclaim that Jesus Christ is Lord and ruler of our lives.

“O merciful and loving Father, fill our hearts, we pray // with the fruit and seven-fold gifts of your Holy Spirit. Fill us with your fruits: of love, joy, peace, patience, gentleness, goodness, fidelity, humility and self-control // teach us to love those who hate us, to pray for those who use us // so that // we may be children of your love; may our Father who makes the sun to rise on the wicked and the good and who sends rain on the just and the unjust. In adversity // grant us the grace to be patient and guard //the doors of our lips and place within our hearts and minds—the seven-fold gifts of: wisdom, piety, knowledge, understanding, courage, fear of God and reverence for God and neighbor.” Amen! Alleluia!!

Paz en Cristo,



Fr. David Fontaine, O. Carm., Pastor