



# FAITH AT HOME

## Making Faith Come Alive for Your Family



### Prepare for Mass and grow in the faith by...



- [Praying for our country on Independence Day, July 4<sup>th</sup>](#)
- Celebrating [World Day for Grandparents on July 25<sup>th</sup>](#), the feast day of Jesus' Grandparents, St. Ann & St. Joachim. [Pray for your Grandparents, both living and deceased.](#)
- Returning to in person Mass at your home parish. [Read here for the latest guidelines.](#) [How to return to Mass after you haven't been in a while.](#)
- Praying an [Our Father](#) together with your family each day.



### Making the Faith come alive for:

Check the links below (updated monthly)



#### Young Adults

Young people between the ages 18 and 39 are part of the young adult community and experience a variety of life stages. [Learn More >](#)



#### Newly Married

Two people coming together to form something completely new - a brand new family where one didn't exist before. [Learn More >](#)



#### Families with Young Children

Becoming parents for the first time-- a tremendous blessing but also a tremendous challenge. This is for parents with children who are between 0-5 years old. [Learn More >](#)



#### Families School-Aged Children

Catholic families with school-aged children (6-12 years old) a diverse group, but all have the same basic goal: to form loving, caring relationships and provide a solid foundation for children so they can reach their full human potential. [Learn More >](#)



#### Families with Adolescents

Parents of teenagers (13-18 years old) who are dealing with so many pressures to raise purpose-driven, faith-filled kids. [Learn More >](#)



#### Single/Married Adults

Single adults or those who are married with no kids at home. Many parents have launched children and are entering into the "empty-nest" stage. [Learn More >](#)



#### Golden Years

Singles or couples in their golden years who've embraced their vocational calling and are now called to adjust to such changes as retirement, financial challenges, health issues, losing independence, and end-of-life issues. [Learn More >](#)

### JULY 2021 Sunday Mass Readings



To prepare for Mass, read the Gospel before you attend. Following Mass, discuss the question posted below with your family.

[July 4<sup>th</sup>](#) - When have you struggled to speak the truth among your friends? What makes this difficult? What are the consequences?

[July 11<sup>th</sup>](#) - Jesus instructs the disciples to only bring the bare necessities with them on their mission. If Jesus calls you to let go of the "non-essentials" and follow Him, would you do it? Are all our "essentials" actually essential?

[July 18<sup>th</sup>](#) - Why is rest (physical and spiritual) important, and how do you make sure you get enough of it in your own life? How do you keep Sunday as a day of rest?

[July 25<sup>th</sup>](#) - In the Gospel, a boy had five barley loaves and two fish, and Jesus multiplied them to feed thousands of people. What can you give to Jesus that He can multiply for others? Who are the people in your life that have been generous to you?

The readings of the day can be found on the [United States Catholic Conference of Bishops Website](#)

The Diocese of Trenton is here to support you and your family.

Links provided are from trusted Catholic sites. Additional information can be found on our webpage: [dioceseoftrenton.org/faith-at-home](http://dioceseoftrenton.org/faith-at-home).

