



FAITH AT HOME

Making Faith Come Alive for Your Family



As we continue to celebrate the Easter Season and beyond...

- May is the month of our Blessed Mother. Pray a [Hail Mary](#) each day.
- Have you returned to Mass during Easter? If not, consider watching this [Story of Hope](#) to hear the experiences of those around the diocese.
- Your family can make a [spiritual communion](#) when attending a virtual Mass.
- [The Feast of the Ascension](#) will be celebrated on Sunday, May 16th.
- The [Easter season](#) lasts through [Pentecost Sunday](#), May 23rd.
- Pray the [first novena](#) starting on May 14th as the apostles did in the upper room while waiting for the Holy Spirit.
- Learn and [pray the Rosary](#). Celebrate the [Feast of the Visitation of the Blessed Virgin Mary](#) on May 31st.



Making the Faith come alive for:

Check the links below (updated monthly)



Young Adults

Young people between the ages 18 and 39 are part of the young adult community and experience a variety of life stages. [Learn More >](#)



Newly Married

Two people coming together to form something completely new - a brand new family where one didn't exist before. [Learn More >](#)



Families with Young Children

Becoming parents for the first time-- a tremendous blessing but also a tremendous challenge. This is for parents with children who are between 0-5 years old. [Learn More >](#)



Families School-Aged Children

Catholic families with school-aged children (6-12 years old) a diverse group, but all have the same basic goal – to form loving, caring relationships and provide a solid foundation for children so they can reach their full human potential. [Learn More >](#)



Families with Adolescents

Parents of teenagers (13-18 years old) who are dealing with so many pressures to raise purpose-driven, faith-filled kids. [Learn More >](#)



Single/Married Adults

Single adults or those who are married with no kids at home. Many parents have launched children and are entering into the "empty-nest" stage. [Learn More >](#)



Golden Years

Singles or couples in their golden years who've embraced their vocational calling and are now called to adjust to such



MAY 2021 Sunday Mass Readings

To prepare for Mass, read the Gospel before you attend.

Following Mass, **discuss** the question posted below with your family.

May 2nd - Jesus is the vine – we are the branches, connected to Him as our life-source. When do you feel most connected to Jesus in your everyday life? How can you go there more often?

May 9th – Jesus commanded us to love one another. Who is most in need of your love and kindness right now? How can you be more loving to those most in need this week?

May 16th – “Go into the whole world and proclaim the Gospel to every creature.” How can you be a sign of hope for others this week? Can you reach out to a lost friend?

May 23rd – Jesus wants to continue to give us His spirit that gives us peace and joy. We pray “Come, Holy Spirit, come”! When have you experienced the Spirit's guidance and inspiration?

May 30th – Today we hear that the Father, the Son, and the Holy Spirit, are always with us How often do you think about God as Trinity? How do you relate to each member of the Trinity?

The readings of the day can be found on the [United States Catholic Conference of Bishops Website](#)

The Diocese of Trenton is here to support you and your family.

Resources for families can be found on our webpage: dioceseoftrenton.org

