Make the faith come alive for your family on Sundays by preparing all week.

- Bishop O'Connell asks the faithful to pray the Rosary each day. Learn how here.
- The Feast of the Nativity of the Blessed Virgin Mary is 9/8.
- Watch this video about the return to Mass in our Diocese.
- Resources for Grandparent’s Day on Sunday, 9/13—Young people are asked to show grandparents how much they care.

**Tip of the Week**

“Lord, if my brother sins against me, how often should I forgive?” Mt 18:21

Everyone is worthy of forgiveness, no matter what they have done. Jesus tells us to forgive others so that we can let go of that hurt and heal. He doesn’t want us to carry that anger and hurt around as a burden.

It isn’t easy to forgive others, or to forgive ourselves. Sometimes we need to ask forgiveness of others as we may hurt others without even realizing it. This can be difficult, but God does not give us more than we can handle (1 Corinthians 10:13). He has already given us a forgiving heart.

Let’s give it a try:

- Start out small, ask God to help you pray for someone you are angry with every day. Gradually you will grow in how you can pray for that person.
- [What forgiveness looks like-Dynamic Catholic](#).
- [What is Forgiveness?](#) by Fr. Michael Schmidt.
- [Confession-The sacrament of forgiveness-Fr. Chris Dayton](#).
- [The Saints can teach us how to forgive-CatholicExchange](#).
- [The Parable of the Unforgiving Servant-Saddleback Kids](#).

**Mass Readings**

- Sirach 27:30-28:7
- Psalm 103
- Romans 14:7-9
- Matthew 18:21-25

**Discuss:** Jesus asks us to forgive others. Privately reflect on whether there is someone in your life that you need to forgive. How do you think your life would change if you did?

![The readings of the day can be found on the United States Catholic Conference of Bishops Website](#)

**Activities for Families**

**Prayer for the start of a new school year.**

Encouraging parents to be leaders of family prayer.

- [Dear Freshman - Life Teen Blog](#).
- [Global Life Night – Life Teen gathering](#).
- [Project YM Live Sundays @ 8 PM](#).

The Diocese of Trenton is here to support you and your family.

Links provided are from trusted Catholic sites. Additional information can be found on our webpage: [dioceseoftrenton.org/faith-at-home](http://dioceseoftrenton.org/faith-at-home).