



FAITH AT HOME

Making Faith Come Alive for Your Family



Make the faith come alive for your family on Sundays by preparing all week.



- Pray an [Our Father](#) each evening.
- [Livestream Sunday Mass](#). Make a [spiritual communion](#).
- Watch this [video](#) about the return to Mass in our Diocese.
- Check your parish bulletin for the return of the Sacrament of Confession. Watch what one Parish is doing [here](#).
- [Bishop O'Connell asks the faithful to pray the Rosary each day](#). [Learn how here](#).

Hail Mary, full of Grace, the Lord is with thee. Blessed are you among women and blessed is the fruit of thy womb Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen



22nd Sunday of Ordinary Time
Aug. 30, 2020

Mass Readings

- Jeremiah 20:7-9
- Psalm 63
- Romans 12:1-2
- Matthew 16:21-27

Discuss Peter loved Jesus and did not want to accept His suffering. Love comes with suffering; when we love others, we suffer. **Recall a time when you suffered because of love (for your children, parents, spouse, friends, yourself)? Let's talk about it.**

The readings of the day can be found on the [United States Catholic Conference of Bishops Website](#)



Tip of the Week

"Whoever wishes to come after me must deny himself, take up his cross and follow me." Mt. 16:24

Do we choose to pick up our crosses (our suffering/sacrifices) and follow Him? The [virtue of love](#) will lead us to sacrifice and suffering.

Jesus suffered on the cross on Good Friday. His suffering is a sign of His love for all of us which brings us to the Resurrection that we encounter at the celebration of the Mass. Suffering is a part of life; it is not something to run away from, but rather embrace as Jesus did. Jesus promises that He will help us carry all our crosses.

Bring your suffering to prayer through a conversation with God:

- The suffering of parents deciding on their children's return to school.
- The suffering of watching your child being bullied.
- The suffering of a loss of a loved one.

Check out these [quotes from Saints about suffering](#).

Watch this short [video on Pain & Suffering](#) from EWTN.

Activities for Families

[10 August Activities for Families](#)

[Top 25 Saints under 25](#)

[Things to talk to God about – Life Teen blog](#)

[Global Life Night – Life Teen gathering](#)

[Project YM Live Sundays @ 8 PM](#)

The Diocese of Trenton is here to support you and your family.

Links provided are from trusted Catholic sites. Additional information can be found on our webpage: dioceseoftrenton.org/faith-at-home.



Diocese of Trenton

www.dioceseoftrenton.org