Make the faith come alive for your family on Sundays by preparing all week.

This Sunday is Father’s Day. Let us pray to our Heavenly Father and to the foster Father of Jesus, St. Joseph, during this week.

- Pray an Our Father each evening.
- Livestream Sunday Mass.
- Watch this video from Fr. Jim Grogan, Pastor of Nativity Church.
- Three easy ways to celebrate Father’s Day (Loyola Press).
- “Four Ways Catholic Fathers can give witness to their children”.

Prayer to St. Joseph
St. Joseph, guardian of Jesus and chaste husband of Mary, you passed your life in loving fulfillment of duty. You supported the holy family of Nazareth with the work of your hands. Kindly protect all the fathers who trustingly come to you. Amen.

Tip of the Week
“So do not be afraid; you are worth more than many sparrows” Matthew 10:31

You are worth it! We are worth a great deal in the sight of our loving God.

Human beings are wonderfully and intentionally made. We are so unique, and it is in our uniqueness that every single human person’s beauty shines forth, and we can recognize and acknowledge the absolute beauty and gift that is inherent in every human life.

Knowing our value and dignity makes us courageous, to live and share our faith, stand up for injustice, and love one another. “Our Lord Jesus Christ gave us one command: ‘love one another.’” (Most Reverend David M. O’Connell, C.M., Bishop of Trenton)

- Watch “What can Catholics do to overcome racism”.
- Read “It should not have happened” by Bishop O’Connell.
- Pray to St. Katherine Drexel, Patron Saint of social justice.
- Watch this video for children, “Don’t Worry”.
- Read 5 Ways to Worry Less.

Activities for Families

Summertime Activities for Families

Global Life Night – Life Teen gathering

Project YM Live Sundays @ 8 PM

The readings of the day can be found on the United States Catholic Conference of Bishops Website.

The Diocese of Trenton is here to support you and your family. Links provided are from trusted Catholic sites. Additional information can be found on our webpage: dioceseoftrenton.org/faith-at-home.