



FAITH AT HOME

Making Faith Come Alive for Your Family



Make the faith come alive for your family on Sundays by preparing all week.

This Sunday is Father's Day. Let us pray to our Heavenly Father and to the foster Father of Jesus, St. Joseph, during this week.

- Pray an [Our Father](#) each evening.
- [Livestream Sunday Mass.](#)
- [Watch this video from Fr. Jim Grogan, Pastor of Nativity Church.](#)
- [Three easy ways to celebrate Father's Day \(Loyola Press\).](#)
- ["Four Ways Catholic Fathers can give witness to their children".](#)

Prayer to St. Joseph

St. Joseph, guardian of Jesus and chaste husband of Mary, you passed your life in loving fulfillment of duty. You supported the holy family of Nazareth with the work of your hands. Kindly protect all the fathers who trustingly come to you. Amen.



12th Sunday of Ordinary Time
June 21, 2020

Mass Readings

- Jeremiah 20:10-13
- Psalm 69: 8-10,14, 17, 33-35
- Romans 5:12-15
- Matthew 10:26-33

Discuss: In Matthew's Gospel today, Jesus tells his disciples, "Do not be afraid." **Reflecting on your life, what are your fears?**

The readings of the day can be found on the [United States Catholic Conference of Bishops Website](#)



Tip of the Week

"So do not be afraid; you are worth more than many sparrows" Matthew 10:31

You are worth it! We are worth a great deal in the sight of our loving God.

Human beings are wonderfully and intentionally made. We are so unique, and it is in our uniqueness that every single human person's beauty shines forth, and we can recognize and acknowledge the absolute beauty and gift that is inherent in every human life.

Knowing our value and dignity makes us courageous, to live and share our faith, stand up for injustice, and love one another. *"Our Lord Jesus Christ gave us one command: 'love one another.'" (Most Reverend David M. O'Connell, C.M., Bishop of Trenton)*

- Watch ["What can Catholics do to overcome racism"](#).
- Read ["It should not have happened"](#) by Bishop O'Connell.
- Pray to [St. Katherine Drexel](#), Patron Saint of [social justice](#).
- Watch this video for children, ["Don't Worry"](#).
- Read [5 Ways to Worry Less](#).

Activities for Families

[Summertime Activities for Families](#)

[Global Life Night – Life Teen gathering](#)

[Project YM Live Sundays @ 8 PM](#)

The Diocese of Trenton is here to support you and your family.

Links provided are from trusted Catholic sites. Additional information can be found on our webpage: dioceseoftrenton.org/faith-at-home.

