



FAITH AT HOME

Making Faith Come Alive for Your Family



Make the faith come alive for your family on Sundays by preparing all week.

- The month of May is dedicated to Mary, the Mother of God. Pray a **Hail Mary** or decade of the Rosary (10 Hail Mary's) each evening.
- [Livestream Sunday Mass](#).
- Watch this reflection on the Ascension of the Lord [from Fr. Rene Pulgarin](#) from Our Lady of Fatima Parish, Keyport.
- Read: [Pancake Church-What a new Sunday morning ritual means to my family](#). (Busted Halo).
- Watch: [Jesus' Ascension children's video](#) (Saddleback Kids).

Hail Mary, full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.



The Ascension of the Lord

May 24, 2020

Mass Readings

- Acts 1:1-11
- Psalm 47:2-3,6-7,8-9
- Ephesians 1:17-23
- Matthew 28: 16-20

Discuss: In today's gospel, Jesus' disciples saw Him and worshiped, but they doubted. During the uncertain times we are experiencing, it is natural to have doubts. **How are you dealing with doubt in your life?**

The readings of the day can be found on the [United States Catholic Conference of Bishops Website](#)



Tip of the Week

Jesus says "I am with you always, until the end of the age." Matthew 28:20

Saint Teresa of Calcutta, known as Mother Teresa, had doubts in her life, or as Pope Emeritus Benedict XVI called it "the silence of God." He said, "Even Mother Teresa, with all her charity and force of faith, suffered from the silence of God." However, she continued her practice of prayer and service, and Pope Francis canonized her to sainthood.

To have periods of doubt is normal. Doubts will come and go, but it is what we do during that time that is essential. **Are we letting doubt keep us worried, or are we overcoming it as Mother Teresa did by continuing the vocation we are called to (parent, teacher, spouse, etc.)?**

Let's remember that we can draw strength from Jesus' promise 'I will be with you always'.

Watch [this video on Mother Teresa \(Christian Kids\)](#).

Watch [Mother Teresa film](#) on [Formed.org \(free access\)](#).

Read this article on [Doubting God's Love](#) (Catholic365.com).

Check out [Pope Francis](#) as he encourages married couples.

Activities for Families

[Preschool English / Spanish](#)

[Grades K-1 English / Spanish](#)

[Grades 2-3 Spanish](#)

[Grades 4-6 English / Spanish](#)

[Grades 7-9 English / Spanish](#)

Gospel Weeklies provided by Pflaum

[Teens- Project YM Live Sundays @ 8 PM](#)

[Global Life Night – Life Teen gathering](#)

The Diocese of Trenton is here to support you and your family.

Links provided are from trusted Catholic sites. Additional information can be found on our webpage: dioceseoftrenton.org/faith-at-home.



Diocese of Trenton

www.dioceseoftrenton.org