

GOODNESS

FRUIT OF THE SPIRIT (6 OF 12)

Goodness is holiness put into practice and results from knowing God. Once you have this knowledge, goodness is supernaturally produced in you and bears Fruit if our free will leads us to God's path.

NEW AMERICAN BIBLE REFERENCES

[Romans 15:14](#) shares, "I myself am convinced about you, my brothers, that you yourselves are full of goodness, filled with all knowledge, and able to admonish one another."

We are guided by [Luke 6:27-28](#) to do good to those who hate us: "But to you who hear I say, love your enemies, do good to *those who hate you*, bless those who curse you, pray for those who mistreat you," as well as by [Galatians 6:9-10](#) to do good to those of the *household faith*: "Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. So then, while we have the opportunity, let us do good to all, but especially to those who belong to the family of the faith."

[1 Peter 1:22-2:1-3](#) gives us clear instruction on the importance of goodness: "Since you have purified yourselves by obedience to the truth for sincere mutual love, love one another intensely from a [pure] heart. You have been born anew, not from perishable but from imperishable seed, through the living and abiding word of God, for: "All flesh is like grass, and all its glory like the flower of the field; the grass withers, and the flower wilts; but the word of the Lord remains forever. Rid yourselves of all malice and all deceit, insincerity, envy, and all slander; like newborn infants, long for pure spiritual milk so that through it you may grow into salvation, for you have tasted that the Lord is good."

[Psalms 23:6](#) offers, "Indeed, goodness and mercy will pursue me all the days of my life; I will dwell in the house of the LORD for endless days."

[Psalms 52:5-7](#) warns those who do not offer goodness to their fellow man: "You love evil more than good, lying rather than saying what is right. You love all the words that create confusion, you deceitful tongue. God, too, will strike you down forever, he will lay hold of you and pluck you from your tent, up-root you from the land of the living."

It is the goodness of God that leads men to repentance. That's why we need to be good to ALL people. Our witness won't have any power unless we are kind with ONLY those who are kind to us. We are called to be bright lights in a dark world, and we must not pick and choose when to shine that light...

See page 2 for Catechism of the Catholic Church references.

<http://cmvic.net/goodness-fruit>

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CATECHISM OF THE CATHOLIC CHURCH (CCC) REFERENCES

There are 62 references to GOODNESS in the CCC. Please click [HERE](#) to review them (available on line only).

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